



# Tabligh Newsletter

FOR NASIRAT AND STUDENT LAJNA

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“YOU SHOULD DEVELOP CONFIDENCE. AN AHMADI SHOULD BE CONFIDENT, BECAUSE IF WE LACK CONFIDENCE, WE WILL NOT HAVE PROPER EXPOSURE OR INTERACTION WITH OTHERS, AND THEN HOW WILL TABLIGH BE CARRIED OUT?... DURING YOUR PRAYERS, ASK ALLAH THE ALMIGHTY TO REMOVE THIS WEAKNESS FROM WITHIN YOU AND ENABLE YOU TO SPEAK TO PEOPLE WITH CONFIDENCE.”

Hazrat Mirza Masroor Ahmad, Khalifatul Masih V (aba)

11 January 2026



## Tabligh Guidance from Hazrat Khalifatul Masih (V) (aba)



“Try to learn more about your religion: what is Islam, what are the teachings of Islam, what is the practice and Sunnah of the Holy Prophet (saw), and why we Ahmadis claim that we are Ahmadi Muslims. The claim alone is not enough until and unless we practise the true teachings of Islam.

If we are portraying good behaviour and conveying the true message of Islam to the people, and practise what we say, then people will obviously ask you why you are different from other Muslims, and they will try to learn more about Islam. In this way, you will open more doors of preaching.

People are ignorant about Islam... So, tell the people that the Islam practiced by these people [extremists] is not the true teaching. The true teachings [of Islam] are of peace, love, harmony, and to respect each other. That is what we pray, practise, and what we convey. So, it is a big challenge. This is why I say that you should try to spread the true message of Islam through pamphlets and through your own behaviour”.

# My Tabligh Experience

SAJEELA BUTT  
MAJLIS: RICHMOND PARK



On March 5, 2026, I had the honour of participating in a series of events that served as a powerful reminder of our shared humanity. This included an invite to an Iftaar that brought together a diverse tapestry of individuals to break their fast. I was deeply humbled to be asked to recite the Qasidah. As I began the recitation, a unique stillness settled over the room. Even for those who did not speak the language, the fascination was visible. To ensure the message reached every heart, I provided the English translation, allowing the meanings to be fully understood.

This moment provided a beautiful opening to introduce the Jama'at. I was able to share our core values of "Love for All, Hatred for None" and offer a brief insight into the true essence of Ramadan. Beyond the physical act of fasting, I explained that Ramadan is a period of self-reflection, spiritual rejuvenation, and heightened empathy for those less fortunate.

We also arranged a hijab stall allowing guests to learn about the significance of the hijab as a symbol of modesty and identity. Seeing people engage with curiosity and respect was a testament to the power of open dialogue.

Earlier that day, I visited a local food bank, an experience that provided an insight into the monumental effort required to sustain a community's most vulnerable members. We often drop off donations and walk away, but witnessing the logistics of compassion was eye-opening. What struck me most was the intentionality behind the work. This wasn't just about handing out boxes of food; it was about restoring dignity. In every bag packed, there was a message: You are not forgotten. You are loved. The experience reminded me that while we cannot solve the world's problems overnight, we can alleviate the immediate suffering of our neighbour through consistent, humble action.

Looking back on the events of that day, I am filled with gratitude. To be given a platform to share my faith and its traditions, and to be shown the raw, beautiful reality of community service and humanity, is a rare blessing. These experiences have reinforced my belief that when we lead with love and open our hearts to the service of others, we create a world that is not only more knowledgeable but infinitely more compassionate.

## My Tabligh Experience

SANA DAR  
MAJLIS: MALDON MANOR

Alhamdulillah, I had the blessed opportunity to organise and help host an AMWSA Tabligh event that was held for International Women's Day 2026.

The occasion brought together students of all beliefs from the London School of Economics and SOAS University of London. The event involved thoughtful planning and collaboration, with activities such as journalling and journal decorating that created a calm and reflective space focused on welfare and wellbeing. It was especially rewarding to engage in meaningful conversations, form new friendships, and connect with a diverse group of attendees, all of whom greatly enjoyed the selection of refreshments and pizza offered for Iftari.

Most importantly, it was a beautiful opportunity to welcome guests into a Jama'at event and share the values and beauty of Islam Ahmadiyyat in a warm and inclusive environment.

Planning the event alongside the SOAS AMWSA Representative, Sabika Ahsan, was a particularly meaningful experience that not only strengthened our friendship but also highlighted the spirit of unity and sisterhood that such initiatives foster.



## My Tabligh Experience

ZOYA JAWAD BUTT  
MAJLIS: MILTON KEYNES



On Sunday 8 March, our Jamaat held a special event to celebrate International Women's Day. We welcomed a wide range of guests, including neighbours, family friends, and community representatives. We were especially honoured to have Emily Darlington, our local MP, attend the event.

It was truly inspiring to meet and greet so many remarkable women who joined us for the occasion. The programme began with a tilawat, which I was blessed to recite. We then had a presentation about our Lajna work and some interesting discussions. Shortly afterwards, the Nasirat, including myself, presented a beautiful poem about the achievements and potential of women. This poem had been written by two nasirat.

Just before iftar, we had a speech by my elder sister, Zara Butt, the Milton Keynes Youth Mayor, who highlighted the empowering role of Islam for women. She shared inspiring examples of notable women in history, particularly Muslim women. Many guests found this eye-opening, as they later shared that these examples were new to them.

Later, refreshments were served, giving everyone a chance to socialise and connect with one another. At the end of the event, following namaz, we had a mehndi stall organised by the young Lajna, which many guests enjoyed. There was also an exhibition showcasing the achievements of the Lajna, along with a display of handcrafted items made by members of the Jamaat. Overall, it was a truly wonderful and memorable experience.

# My Tabligh Experience

**R.BEE KHALOOD**  
**MAJLIS: EARLSFIELD**

I am a Waqf-e-Nau Nasirat from Earlsfield Majlis. I would love to share my experience for how I have shared new years greetings cards with the Royal family in the UK. I wrote the cards to all the Royal family members.

Alhamdulillah, at the start of the new year, I was delighted to receive responses to my cards. I got a response from Her Majesty the Queen, and also one from His Majesty the King.

I also received a beautiful card from the family of Prince William and Princess Catherine which included a lovely photo of them. This experience made me feel very happy and it has encouraged me to do more tabligh, Insha'Allah.

Another tabligh opportunity I was blessed with took place at my school when we had a visit from the Tunisian Ambassador. During the visit, I had the opportunity to share some chocolate and give him an Invitation to the Jalsa Salana UK. I hope Allah helps me in my tabligh work and makes me successful Ameen.





## My Tabligh Experience

ANSA NOUREEN

Organising the International Women's Day Iftar event for the University of Surrey was a truly rewarding experience.

It was a team effort that strengthened bonds between the girls involved in planning and created a strong sense of unity.

On the day, there was a beautiful atmosphere of sisterhood between all the guests, with everyone coming together and having a good time, even if they had never met before.

The inspiring speakers reminded us of the important roles of women in our communities and encouraged us to carry ourselves with confidence, wisdom, and self-respect.

Overall, it was an uplifting experience that brought women together, reminding us that women are each other's biggest cheerleaders so we must stick together.



## My Tabligh Experience

IZNA AHMAD  
MAJLIS: RICHMOND PARK



I had my first school assembly, and I was very excited because my mum was going to do the presentation. I helped her get everything ready, which made me feel really happy.

On the day of the assembly, I started to feel a little nervous. I was worried that my classmates might laugh at me or my mum. So I prayed to Allah during Namaz and asked Him to help me feel brave.

During the assembly, I recited Surah Fatiha and felt much better. I was very happy because I knew the answers to the questions about the pillars of Islam and the celebration of Eid.

After the assembly, when I went back to class, I felt very proud of my mum. Some of my classmates asked me questions, like how long we fast. When I told my mum later, she said this was part of Tabligh and explained that we can do silent Tabligh by being kind, humble, and honest.

I felt very happy and thankful, and I thanked Allah for making my day so successful.

## My Tabligh Experience

FATIYA SYED  
MAJLIS: EARLSFIELD



I am a medical student from Earlsfield Jama'at. Alhamdulillah by the Grace of Allah I had the opportunity to accompany members of my Majlis to meet our Mayor. My experience of meeting the Mayor was deeply humbling. It was an honour to attend such a diverse and distinguished gathering alongside my sisters in faith, united in representing Jama'at-e-Ahmadiyya. Being part of that setting made me reflect on the importance of presenting the true teachings of Islam with sincerity and dignity.

I also had the opportunity to attend the Big Iftar at Baitul Futuh. This was a truly spiritual and uplifting experience. It was a blessing to guide guests, answer their questions, and engage in meaningful conversations about Islam and our Jama'at.

Both tabligh experiences were enlightening and have inspired me to continue strengthening my knowledge and understanding of Islam.



# My Tabligh Experience

ZARA ANNAS  
MAJLIS: NORBURY



Ramadhan – the 9th and most significant month in the lunar Islamic calendar for Muslims around the globe. A time of spiritual reflection, religious determination and self-discipline.

Earlier this year, myself, a current secondary school student and a group of friends put together and presented a Q&A style presentation for the weekly whole-school assembly at our school, aiming to inform and educate the students about this blessed, holy month and how it is practised by Muslims.

After putting together a presentation with FAQs (frequently asked questions) linked to Ramadhan, I got together 2 other friends who were willing to help me present this unique presentation to an audience of more than 300 students! Initially, this was hard as nobody can deny that presenting to such a large audience can be quite a daunting experience!!!

As a mark of respect, the presentation itself started unusually with no musical performance by a student. The presentation included a brief introduction to Ramadhan and what it entails, the exemptions from fasting and the process of fasting during this blessed month, observations such as almsgiving and finishing off the presentation with how Muslims celebrate Eid-ul-Fitr to mark the end of Ramadhan. Students particularly enjoyed hearing about the delicious street-food style snacks like samosas that are eaten to break the fast everyday in Ramadhan at sunset. The Q&A style and reduced wording on slides engaged the audience throughout the assembly which I believe was necessary for an audience of a range of ages.

I believe that the importance of sharing our beliefs and practices with others helps people accept and understand difference which is very much needed in today's society. Alhamdulillah the assembly was a success and a great Tabligh experience!

## Tabligh Activities



**COLLIERS WOOD**



Alhumdulillah Colliers Wood Majlis had the opportunity to host an Eid Milan Interfaith event. We had a tabligh stall which had various items providing information about our religion and culture. This included copies of the Holy Qur'an, Jama'at books and leaflets, Prayer Mats and displays of Islamic Calligraphy.

By the grace of Allah, we managed to invite 7 non-Ahmadi guests who all really enjoyed the event Alhumdulillah. We spoke a little about the current ongoing war and I was able to discuss the book World Crisis with them. Discussions were also held about women in Islam and also just basic conversations regarding marriage etc.

The Nasirat Mashallah very actively helped out and contributed to the event. The girls made adorable Eid Goodie Bags, with balloons, decorated their table to contribute to the Interfaith event and also took part in a one dish! One Nasirat also baked her first ever cake! The Goodie bags consisted of beautiful jewellery that was chosen between the Nasirat, cake and chocolates.

It's very visible how the Nasirat is taking inspiration from events such as these, and watching the Lajna and learning. These are all signs of a healthy upbringing as participating in anything can help to gain confidence and inspire other children to watch and learn too. May Allah bless all Nasirat and make them the perfect role models, Insha'Allah.



## Tabligh Activities



**WIMBLEDON**

Lajna Wimbledon visited Wimbledon Synagogue. Upon arrival, they were warmly received, extended gracious hospitality and provided refreshments. The synagogue members were presented with a carefully prepared hamper by Wimbedon & Southmead Halqa containing Jama'at literature, seasonal greeting messages from Lajna and Nasirat, herbal tea, cake, and candles. The hamper also included the book Pathway to Peace and a statement from our beloved Huzoor (aba), addressing the synagogue terror attacks. A seated discussion followed, during which a wide range of religious and political topics were thoughtfully explored.

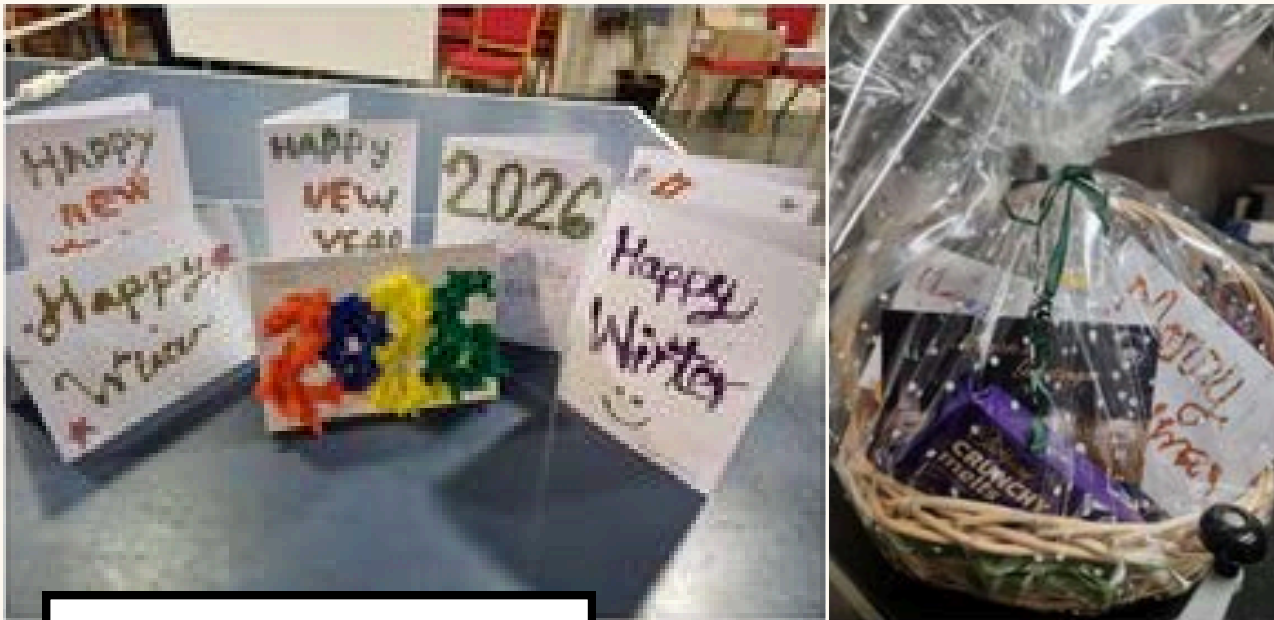
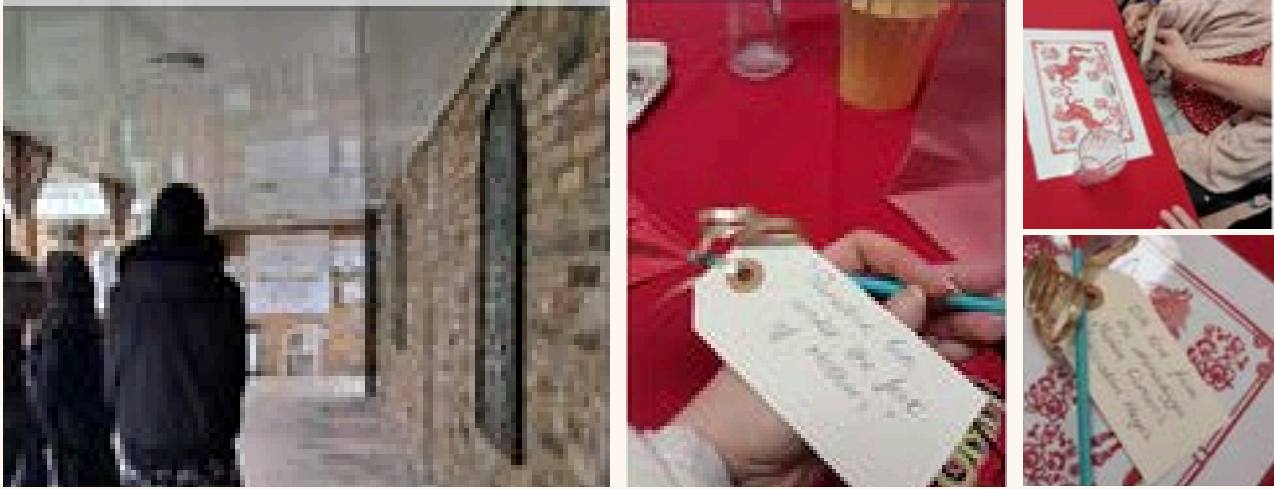


**INNER PARK**

Nasirat made cards for guests that attended the local interfatih event. This was a lovely Tabligh experience for Nasirat and the gifts were well received.



## Tabligh Activities



**HAYES**

Nasirat from Hayes Majlis have been busy taking part in lots of tabligh activities and initiatives, Mashallah! They visited a Care home for the elderly and had prepared some activities and gifts to take along for the residents.

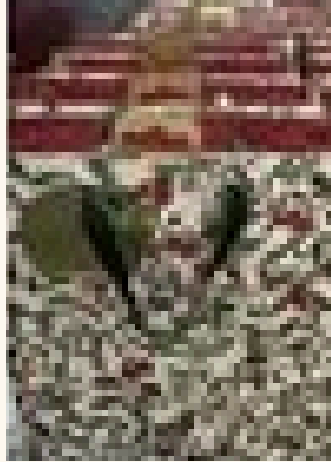
During their Tabligh Workshop, the Nasirat got creative by making some New Year cards for Tabligh contacts. The cards were presented in the gift hampers given to teachers during a school visit to Baitul Aman Mosque.



## Tabligh Activities



**BOLTON**



Nasirat from Bolton helped prepare season greeting gifts for Tabligh guests. Some gave these gifts to their neighbours, teachers and head teachers. Young Lajna also took part in World Hijab Day activities.



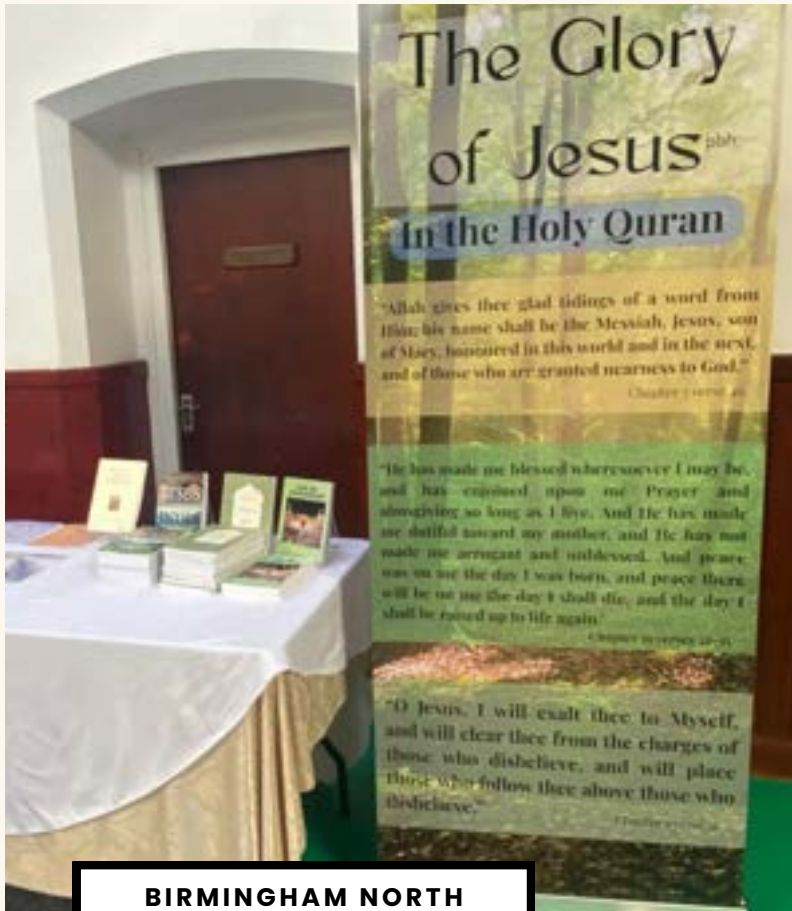
**WALSALL**



Student Lajna and Nasirat from Walsall Majlis helped to organise a successful exhibition on Islam and Modesty in Walsall Central Library. They also helped at the World Hijab Day event in Baitul Muqet Mosque.



## Tabligh Activities

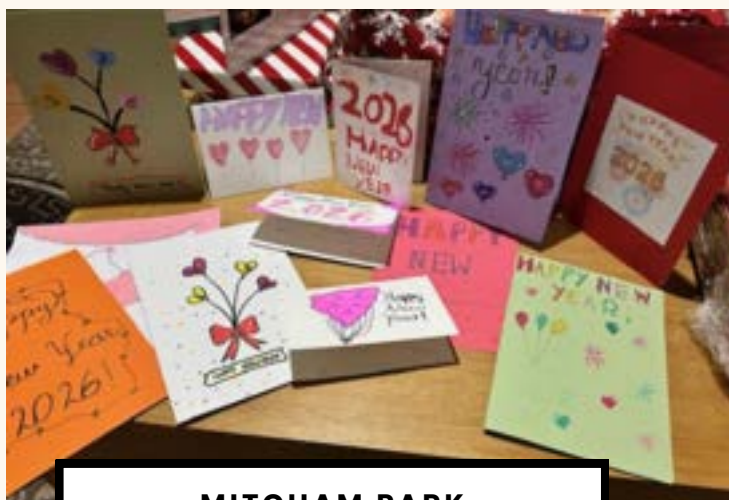


Birmingham North Lajna and Nasirat held a Tabligh function at the Darul Barakat Mosque on Saturday the 29th of November 2025. The theme of the event was celebrating the life and character of Hazrat Maryam and Hazrat Isa (as) and so we invited guests and speakers to celebrate these holy personages from a Christian and Islamic perspective.

Display posters and exhibit tables were set up for the day for guests to view and gain information on the topic. The day concluded with a mosque tour where we briefly shared the history of Ahmadiyyat and answered various questions.

Refreshments were served and guests were given gift bags including copies of book Jesus in India and Philosophy of the Teachings of Islam along with various leaflets on women in Islam.

## **Tabligh Activities**



**MITCHAM PARK**



Lajna and Nasirat from Mitcham Park visited St Anthony's Care Home with gifts for the residents. Fourteen Nasirat made heartfelt handmade cards for each resident, bringing smiles and joy. Chocolates and four New Year cards were also given to staff members to thank them for their hard work. Separately, members from the Majlis also visited the local Gurdwara. This was a valuable opportunity to learn about the Sikh faith. It also gave members the chance to engage in Tabligh discussions including on the true meaning of Jihad. Gurdwara members were presented with leaflets, the book "World Crisis and the Pathway to Peace", New Year cards and chocolates.



**GLASGOW NORTH**

Lajna Ima'illah Glasgow North hosted a Macmillan Coffee Afternoon to raise funds for Macmillan Cancer Support and to introduce our Jama'at and Lajna to friends, neighbours, and contacts. Alhamdulillah, 34 adult guests and 3 children attended. A vibrant exhibition was displayed featuring Islamic literature, and information about Lajna activities. Leaflets on Women in Islam and the Lajna School website, books and magazines were also available for visitors. The programme opened with Tilawat and English translation by a Nasirat and a welcoming address by Sadr Sahiba. Afterwards, two of the younger Lajna members gave an engaging presentation, introducing the Jama'at and Lajna. Alhamdulillah, the afternoon was both enjoyable and meaningful, strengthening our ties within the local community.

## Tabligh opportunities – useful dates

### April 2026

- 5 – International Day of Conscience
- 22 – Earth Day
- 23 – UNESCO World Book and Copyright Day

### May 2026

- 3 – World Press Freedom Day
- 15 – UN International Day of Families
- 16 – International Day of Living Together in Peace
- Eid-ul-Adha is celebrated this month

### June 2026

- 1 – Global day of parents
- 5 – World Environment Day
- 13 – Lajna National Peace Symposium

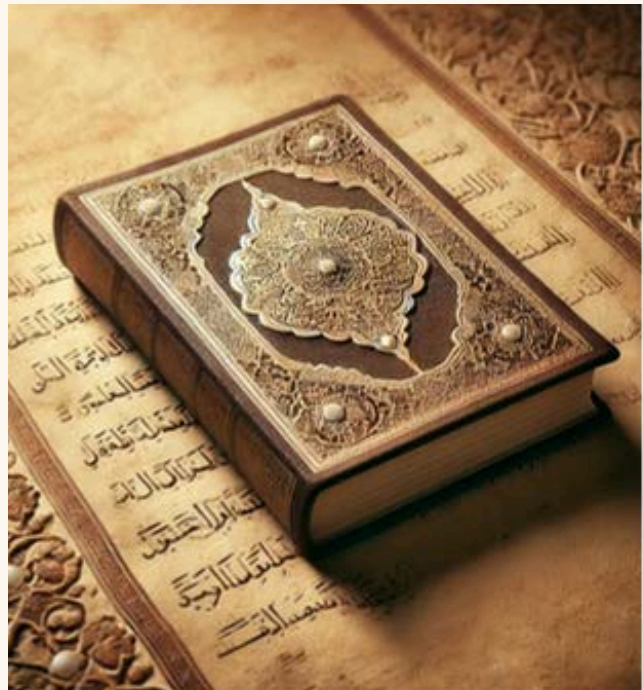


## Tabligh Opportunities – World Book and Copyright Day



The UNESCO World Book and Copyright is celebrated on 23 April in over 100 countries to encourage everyone, particularly young people, to discover the pleasure of reading. It's a great opportunity for Tabligh!

Perhaps you can share a copy of the Holy Qur'an with your school Library! Or take it along to your local Library and ask them to place a copy in their Reference Section!



**The Holy Prophet Muhammad**  
Peace and Blessings of Allah be upon him  
The Messenger For All Mankind

Do also look for opportunities to share Jama'at literature with your friends, colleagues and local community Tabligh contacts.

There are lots of lovely children's books published by Lajna which you can donate to your school for the children to read and learn from!

## Spotlight: Kind Treatment towards Parents



**United Nations**

**Global Day of Parents  
1 June**

“Thy Lord has commanded, Worship none but Him, and show kindness to parents.

If one of them or both of them attain old age with thee, never say unto them any word expressive of disgust nor reproach them, but address them with excellent speech”

[17:24]

“And worship Allah and associate naught with Him, and show kindness to parents”

[4:37]

“And We have enjoined on man concerning his parents – his mother bears him in weakness upon weakness, and his weaning takes two years – ‘Give thanks to Me and to thy parents. Unto Me is the final return”

[31:15]

“Paradise lies at the feet of your mothers”

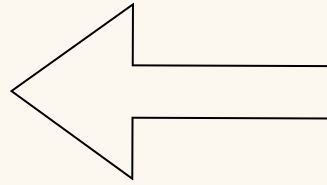
[Ibn Majah]

The UN Global Day of Parents is a good opportunity to share the teachings of Islam about the importance of showing kind treatment towards parents. Islam teaches us to show utmost respect to our parents and be grateful towards them in order to please Allah the Almighty.

As Muslims, we are taught to take care of our parents as they looked after us when we were young. It is our duty to treat them with the utmost respect, patience, kindness and affection.



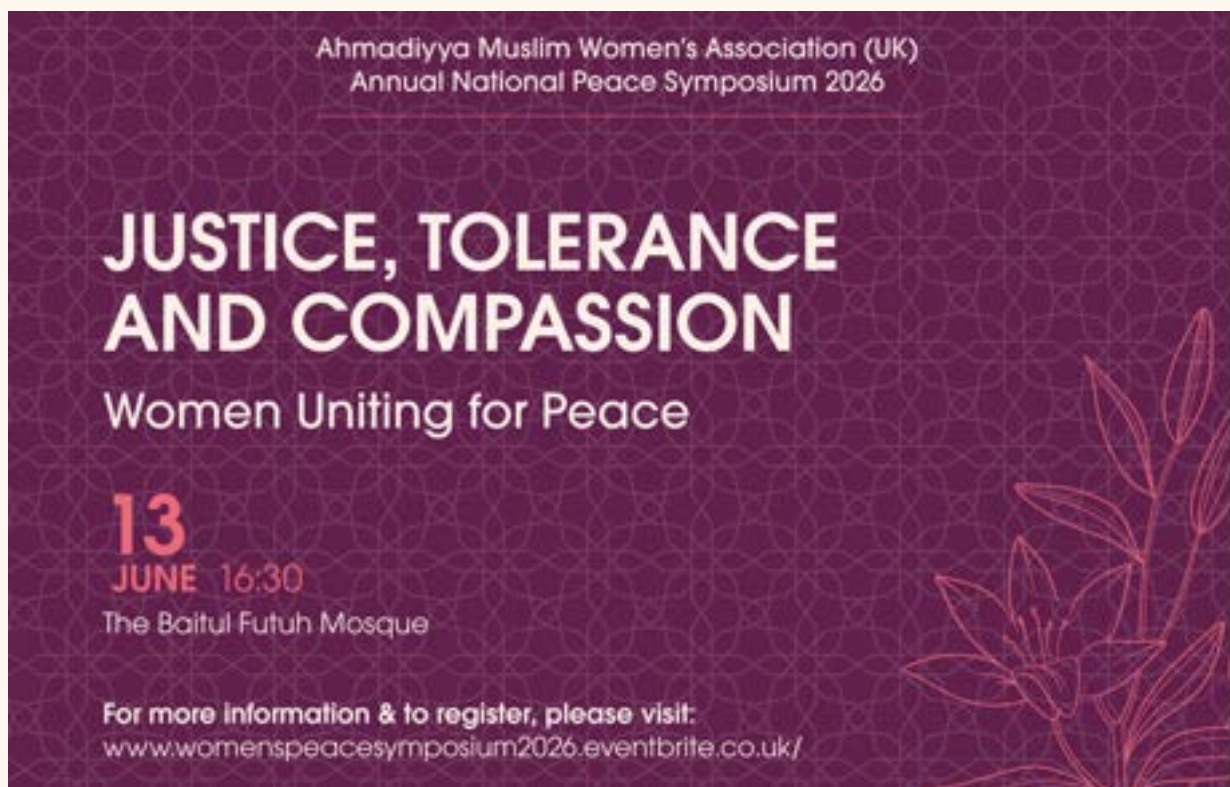
## Your Tabligh Challenge!



The Annual National Lajna Peace Symposium will Insha'Allah be held on Saturday 13 June 2026 this year. This event presents a wonderful opportunity for Tabligh. The event will be held in Baitul Futuh Mosque and includes lots of interactive and engaging exhibitions and displays to inform and educate guests about Islam. There are also tours of the Mosque and a delicious dinner!



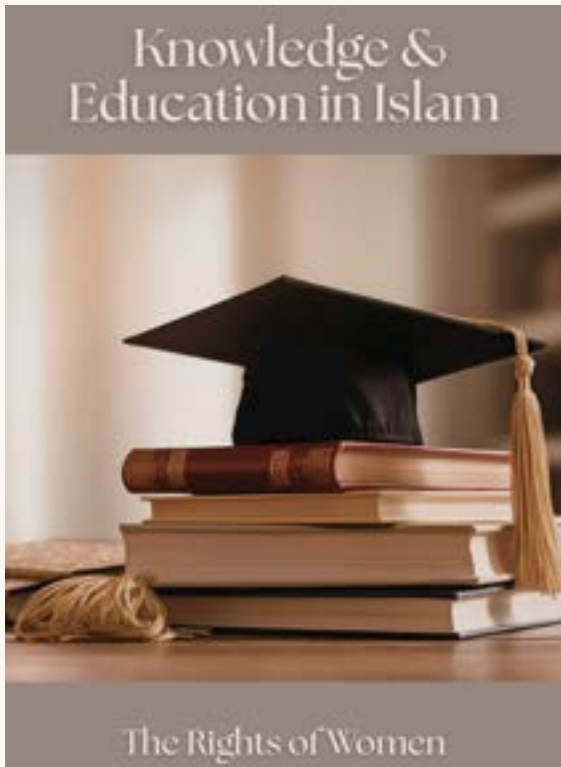
For your Tabligh Challenge, we would like you to invite at least one guest to the Peace Symposium. This could be a teacher, a friend or a neighbour. If you live outside London, perhaps you can arrange your own local coffee morning or interfaith event on the theme of peace? May 16 is 'United Nations International Day of Living together in Peace' and this is a good time to raise awareness about the importance of peace and unity and to share the peaceful teachings of Islam with others!



# Useful Resources

Please click below to read the new Tabligh Leaflet about Knowledge and Education in Islam:

<https://lajna.org.uk/wp-content/uploads/2026/03/tabligh-knowledge-and-education-the-rights-of-women.pdf>



### ISLAMIC TEACHINGS

The Holy Qur'an invites all believers to increase their knowledge by teaching the following prayer:

 **"Oh my Lord, increase me in knowledge."**  
[Holy Qur'an, 20:115]

The Holy Prophet Muhammad (peace and blessings of Allah be upon him) emphasized that the pursuit of knowledge is obligatory for both men and women:

 **"Seeking knowledge is incumbent upon every Muslim, male and female."**  
[Ibn Majah]

The founder of the Ahmadiyya Muslim Community, Hazrat Mirza Ghulam Ahmad (peace be upon him) has highlighted the importance of attaining knowledge, likening it to an imperishable treasure:

 **"Knowledge and wisdom are a treasure that is superior to all riches. All material wealth is perishable, however, knowledge and wisdom do not perish."**  
[Malfuzat (Jidat) Vol. 7, p. 209]

The education of women is especially significant, as explained by His Holiness, Hazrat Mirza Masroor Ahmad (may Allah be his Helper), the current worldwide Head of the Ahmadiyya Muslim Community:

 **"It is of even more significance for a girl to be educated because in later life she will then be able to educate and raise her children in the best fashion."**  
[19 April 2017]

### HISTORICAL CONTEXT

Islam, from its outset 1,400 years ago, guaranteed the rights of women, including the right to seek education, centuries before similar rights were recognised in the West.

**"At a time, when women and girls were discriminated against and often looked down upon, the Holy Prophet of Islam (peace and blessings of Allah be upon him) instructed his followers to ensure that girls were educated and respected. Indeed, he said that if a person had three daughters who they educated and guided in the best way they would be sure to enter Paradise."**

His Holiness Hazrat Mirza Masroor Ahmad, (may Allah be his Helper) 8 October 2019

### DID YOU KNOW?

 It was not until **1878** that the University of London became the first university in the UK to award degrees to women and accept them on equal terms as men.

 In **1920**, Oxford became the second-to-last university in the UK to allow women to become full members and be awarded degrees. Only in **1948** did the University of Cambridge follow suit.

 Real progress in women's rights was not seen in the UK until the enactment of the Sex Discrimination Act in **1975**. This made it illegal to discriminate against women in education or employment.

### INSPIRING WOMEN FROM EARLY ISLAM

- 1** Hazrat Aisha (May Allah be pleased with her) was the wife of the Holy Prophet Muhammad (peace and blessings of Allah be upon him) and a renowned scholar who shared her extensive knowledge with both women and men.
- 2** Ruqayya al-Adawiyyah (7th Century) is considered to be the first nurse in Islamic history. She developed the first mobile medical units and trained other women in healthcare.
- 3** Fatima Al-Fihri established what is considered to be the first University in the world, the University of Al-Qarawiyyin in Fez Morocco, in 859 CE.
- 4** Mariam Al-Astrulabi was a 10th-century scientist in Aleppo, Syria, who developed astrolabes which were important tools used for astronomy and timekeeping.
- 5** Dahma bint Yahya lived in Yemen during the 15th century. She was a scholar who was proficient in multiple sciences, excelling in grammar, logic, astronomy and chemistry.