



Tabligh Newsletter

FOR NASIRAT AND STUDENT LAJNA

In this Issue:

Tabligh Guidance

Tabligh Experiences

Tabligh Activities

Tabligh Opportunities

Spotlight on: Islam and Science

Your Tabligh Challenge!

Useful Resources



"THE MOST EFFECTIVE WAY TO CONVEY ISLAM'S TEACHINGS IS TO DEMONSTRATE THEM THROUGH OUR ACTIONS. THEREFORE, ONE SHOULD NOT BE PROUD SIMPLY BY VERBALLY PROPAGATING THE MESSAGE; INSTEAD, TRUE PROPAGATION REQUIRES SHOWING, THROUGH ONE'S OWN EXAMPLES AND ACTIONS, THE TRUE AND BEAUTIFUL TEACHINGS OF ISLAM AND THE REVOLUTIONARY CHANGE THEY BRING ABOUT IN A PERSON'S LIFE."

Hazrat Mirza Masroor Ahmad, Khalifatul Masih V (aba)
12 December 2025



How should Ahmadi Muslims respond to the rise in anti-Islam sentiments?



Huzoor (aba) explained that when anti-Islam sentiments and abusive comments appear on social media, Ahmadis should not respond with hostility but should ignore such behaviour and remain firmly grounded in their faith. He said they must stay committed to offering the five daily prayers and avoid being affected by what others say. Instead, they should deepen their knowledge of Islam, understanding its teachings, the Sunnah of the Holy Prophet (saw) and the reasons behind their identity as Ahmadi Muslims.

Huzoor (aba) emphasised that claims alone are not enough; Ahmadi Muslims must practise true Islamic teachings. By showing good conduct and living Islam's values, people will naturally notice the difference and become curious, opening doors for Tabligh. Huzoor (aba) said: "...you should also try to explore more avenues for preaching to inform those people who do not know much Islam." He said that anti-Islam sentiments often arise from misconceptions spread by opponents who highlight extremists and militants as examples of Muslims. Ahmadis should clarify that such behaviour has nothing to do with the true teachings of Islam, which are peace, love, harmony and mutual respect.

Huzoor (aba) encouraged Ahmadis to spread the true message of Islam through their character and through Tabligh efforts such as distributing pamphlets. He said this is a great challenge, but by portraying real Islamic values and engaging positively, Ahmadis can effectively counter negative views.

My Tabligh Experience

SHAFIA ZAFAR
MAJLIS: MITCHAM PARK



By the Grace of Allah, Mitcham Park, in collaboration with Mitcham Jama'at, organised a successful National Interfaith Week event on 1 November at Pollards Hill Library. The theme for this year's event was "Joining Hands for Peace".

I attended and helped out at the interfaith event with the goal of spreading awareness about Islam and sharing beliefs between different faiths. To encourage engagement, I created a poster highlighting a verse from the Qur'an. I believed that this would be an eye catching way of allowing engagement into the topic of Islam, and start conversations around it.

During the event, we had the opportunity to hear perspectives from different faiths and found many were curious and genuinely interested in learning more about Islam, especially to find similarities between us as humans and come together as a community despite our different faiths.

While we served food and drinks to the guests, we had an opportunity to have heartfelt conversations with them and share the teachings of Islam. We found that many visitors were not familiar with certain aspects of the religion previously. Therefore, the event turned out to be a successful way of carrying out Tabligh in many communities.

My Tabligh Experience

FINZA WAQAR
MAJLIS: ROEHAMPTON VALE

Lately, my Tabligh efforts have been less about formal events and more about natural conversations with a curious individual about Islam.

She used to see me go to the prayer room 3 or 4 times a day and said she'd like to come with me next time just to sit, watch, or try. This moment made me realise that quiet actions can be a form of Tabligh.



On another occasion, she asked me about how holy scriptures are old and must have altered over time, and is the Holy Qur'an truly the Word of Allah Almighty Himself? How can we prove it was not the words of a Prophet? I answered with what knowledge I had, but it made me realise how much more I need to learn.

My interactions with my Tabligh contact have been natural – the Holy Qur'an teaches there is no compulsion in religion – and I'm mindful not to push too hard. Sometimes, I share information by mentioning scientific facts in the Holy Qur'an. Tabligh is a slow process, but I see changes in her thoughts and understanding. Alhamdulillah.

My latest interaction was when she came to the prayer room with me and said, "I feel so much at peace here, it's quiet". This had me thinking that she has changed since we first met. It feels like a gentle confirmation that a change in mindset is taking place. This filled me with gratitude towards Allah for allowing me to be part of this journey.

I have invited her to visit our Mosque; she said she'd like to come soon, Insha'Allah.



My Tabligh Experience



BUSHRA REHMAN BUTT MAJLIS: MITCHAM PARK

Tabligh is an effort to share the message of faith with wisdom, respect, and compassion. It is not only about preaching but about inspiring genuine understanding, meaningful dialogue, and a sincere search for truth. True Tabligh invites people to reflect, ask questions, and explore the beauty of religion through good character and open conversation.

At the beginning of November, I had the opportunity to help organise an event titled "Joining Hands for Peace." The purpose of this event was to broaden perspectives, encourage thoughtful discussion, and create a welcoming space for people of different faiths and backgrounds.

I supported my mother by helping design invitations, distributing gift bags, and arranging personalised items such as pens printed with the message "Love for All, Hatred for None."

Many different faiths joined our event, including Sikhism, Islam, Christianity, Judaism, and Hinduism. They spoke about their traditions, covering a wide range of topics. The Nasirat created many unique posters that were displayed on the board for our guests to see.

Through this experience, I learnt that Tabligh is about bringing religions together and collaborating through shared ideas. It's not only conveyed through words but also through kindness, cooperation, and thoughtful gestures.

ALIA ZAFAR MAJLIS: MITCHAM PARK

I recently had the opportunity to help host an interfaith event that brought together guests from different religions. The atmosphere was welcoming and respectful, creating a safe space for open dialogue and learning. Guests shared insights about their beliefs, values, and traditions, and it was enlightening to listen to these perspectives with an open mind.

As a Muslim, I was grateful for the opportunity to represent Islam and help clarify common misconceptions. I had discussions with the guests about the core principles of Islam, such as belief in One God, compassion, justice, and service to humanity. Rather than debating, we focused on explaining Islamic teachings in a calm and accessible way, which encouraged meaningful questions and thoughtful conversations from attendees. Many people expressed appreciation for learning directly from Muslims and for the emphasis Islam places on peace and community.

At the same time, I made a conscious effort to listen attentively to speakers of other religions, acknowledging both our differences and shared values. Food and drink were served as well which added to a welcoming environment for the guests.

Overall, the event was a success, strengthening mutual respect and demonstrating how interfaith dialogue can promote understanding, reduce prejudice, and build stronger connections between communities.



My Tabligh Experience

ZARA ANNAS
MAJLIS: NORBURY



Ramadhan – the 9th and most significant month in the lunar Islamic calendar for Muslims around the globe. A time of spiritual reflection, religious determination and self-discipline.

Earlier this year, myself, a current secondary school student and a group of friends put together and presented a Q&A style presentation for the weekly whole-school assembly at our school, aiming to inform and educate the students about this blessed, holy month and how it practised by Muslims.

After putting together a presentation with FAQs (frequently asked questions) linked to Ramadhan, I got together 2 other friends who were willing to help me present this unique presentation to an audience of more than 300 students! Initially, this was hard as nobody can deny that presenting to such a large audience can be quite a daunting experience!!!

As a mark of respect, the presentation itself started unusually with no musical performance by a student. The presentation included a brief introduction to Ramadhan and what it entails, the exemptions from fasting and the process of fasting during this blessed month, observations such as almsgiving and finishing off the presentation with how Muslims celebrate Eid-ul-Fitr to mark the end of Ramadhan. Students particularly enjoyed hearing about the delicious street-food style snacks like samosas that are eaten to break the fast everyday in Ramadhan at sunset. The Q&A style and reduced wording on slides engaged the audience throughout the assembly which I believe was necessary for an audience of a range of ages.

I believe that the importance of sharing our beliefs and practices with others helps people accept and understand difference which is very much needed in today's society. Alhamdulillah the assembly was a success and a great Tabligh experience!

My Tabligh Experience

**FAIZA NIZAM
MAJLIS: DUDLEY**

My most recent Tabligh experience took place on Friday 19 December, when I visited Long Lane Library, our closest local library. The visit was a simple yet meaningful opportunity to build connections within the local community. I was warmly received by the library staff, which immediately created a welcoming and positive atmosphere.



During my visit, I had the opportunity to present the library with a copy of the Holy Qur'an, which was gratefully accepted. The librarian expressed genuine appreciation and showed a keen interest in developing links with our mosque community. In particular, she kindly invited mothers and toddlers from Baitul Ghafoor Mosque in Dudley to attend the library's regular sessions, such as Storytime and Rhyme Time, to encourage early engagement and community involvement.

I was delighted by this invitation and see it as a valuable opportunity for Tabligh through relationship-building. In addition, I asked for permission for our Lajna to take part in these sessions by reading Jama'at children's stories written by Lajna, which was received positively and with interest. Insha'Allah, Lajna members with young children will be attending the library's Coffee Morning on 9 January 2026, and I am encouraging them to take part, engage with others, and help build a strong relationship with the library.

As it was the festive season, I also shared season's greetings cards, which were warmly received and added a personal touch to the visit. What stood out most was the openness and friendliness of the library staff, serving as a refreshing reminder of how meaningful connections can be formed through sincere outreach and kindness.

May Allah enable us to continue building and maintaining strong and positive connections with Long Lane Library, and allow these efforts to be a means of lasting goodwill and understanding within the wider community. Ameen.

My Tabligh Experience

ANIQA IKRAM MUJEEB
MAJLIS: ROEHAMPTON VALE



My Majlis have attended the White Torch Parade for several years, focusing on raising awareness about violence against women and girls. With local leaders like the mayor, councillors, and MP Fleur Anderson attending, to help out at this initiative felt like a meaningful opportunity not only to support an important cause but also a means of utilising a very valuable opportunity for Tabligh.

I was motivated to show the Ahmadiyya Muslim Community's support, spreading Islam's message of protecting women's rights. In the past, I've supported this event with student Lajna and Nasirat, decorating cakes, staffing the Tabligh stall, and handing out leaflets on women's rights.

This time, our approach shifted. We were instructed to participate discreetly, focusing on spreading joy and conveying Islam's message of justice and peace. Instead of leaflets, we handed out origami tulips with a tag highlighting Islam's beautiful teachings on women's rights.

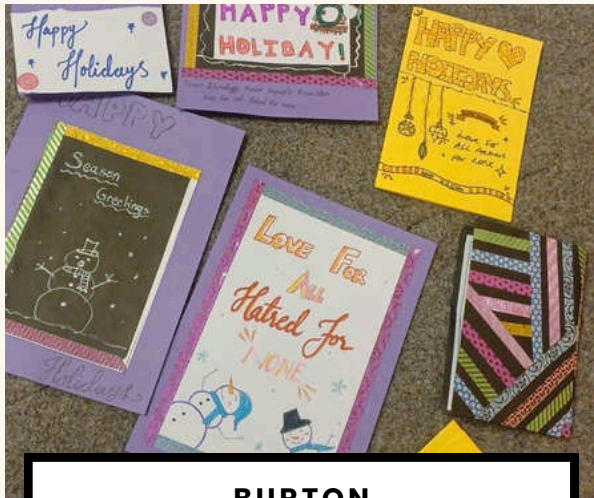
I helped make these tulips with the Lajna – a thoughtful, symbolic gesture expressing solidarity. Though I couldn't attend, my mother shared how warmly they were received. People were surprised and happy, appreciating the different approach.

This experience reinforced that Tabligh is about leading by example, promoting values through actions. Involvement in social causes is a form of Tabligh. As a digital illustration enthusiast, I found the origami tulips fascinating – simplicity and symbolism conveyed a powerful message, sparking ideas on blending art and outreach.

This has encouraged me to be more proactive in future events, using art and actions to spread positive messages.



Tabligh Activities



BURTON

Members of Nasirat from Burton Upon Trent Majlis worked together and designed beautiful and colourful Seasons Greetings cards for Tabligh contacts.

The cards included messages of 'Love For All, Hatred For None' and were highly appreciated by all those who received them!

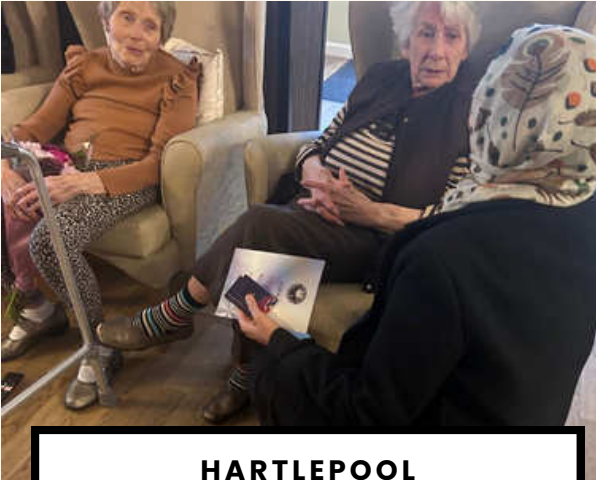


EPSOM

A student Lajna from Epsom Majlis, Zoya Danayal, delivered a lecture at the London School of Economics and Political Science (LSE) to highlight the persecution of Ahmadi Muslims and to mention some martyrs of our Jama'at including her own grandfather. Alhamdulillah this lecture provided a very valuable opportunity to raise awareness about Islam Ahmadiyyat and to engage in Tabligh.



Tabligh Activities

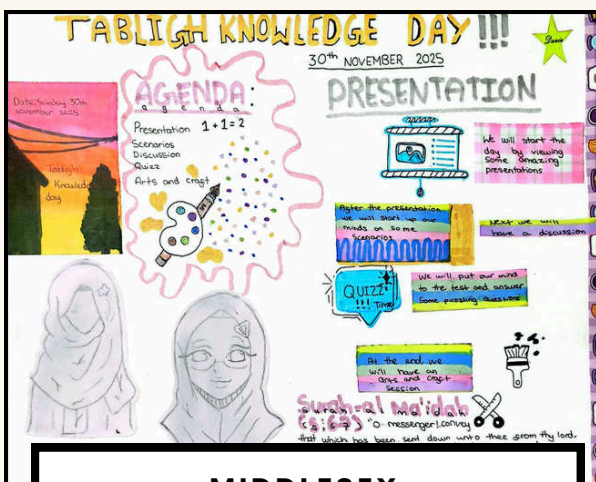


HARTLEPOOL

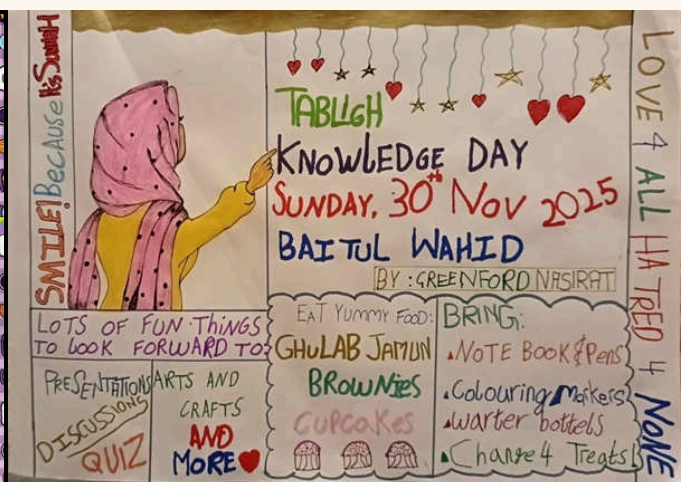


Alhamdulillah, Hartlepool student Lajna visited Mandale House Care Home. They conveyed warm wishes to the residents for the New Year and distributed Jama'at greeting cards and Jama'at leaflets.

The group introduced the Jama'at and engaged in meaningful conversations, answering various questions raised by the residents. Residents expressed interest in learning about the Jama'at, enquiring about religious practices, mosque attendance, and the community's humanitarian services. These questions were answered in detail, fostering mutual understanding.



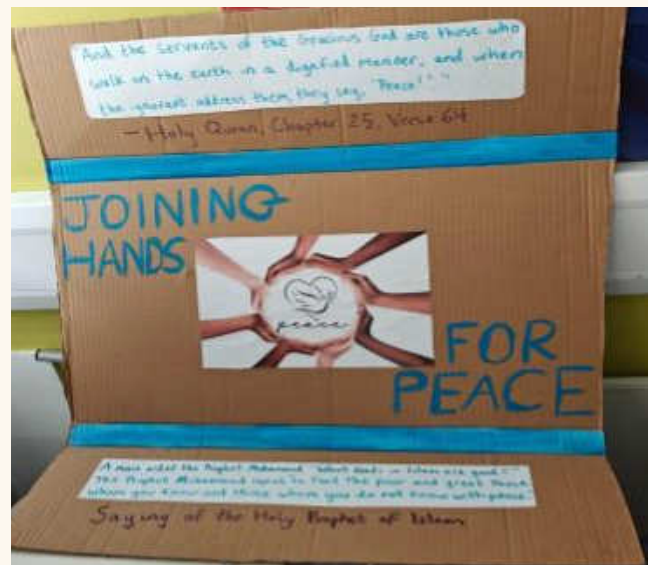
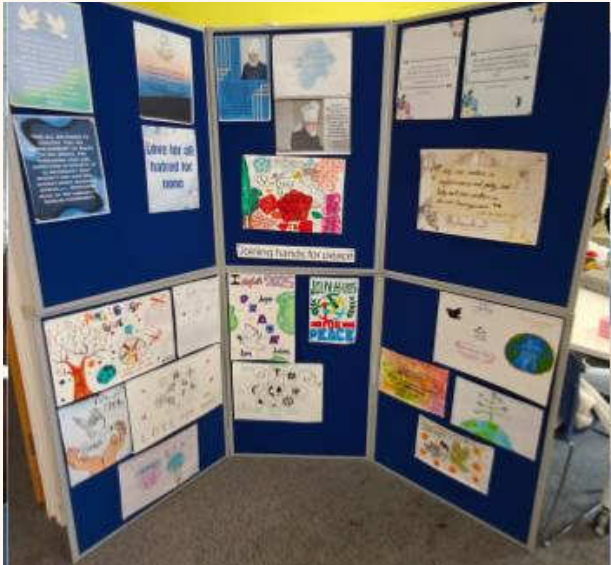
MIDDLESEX



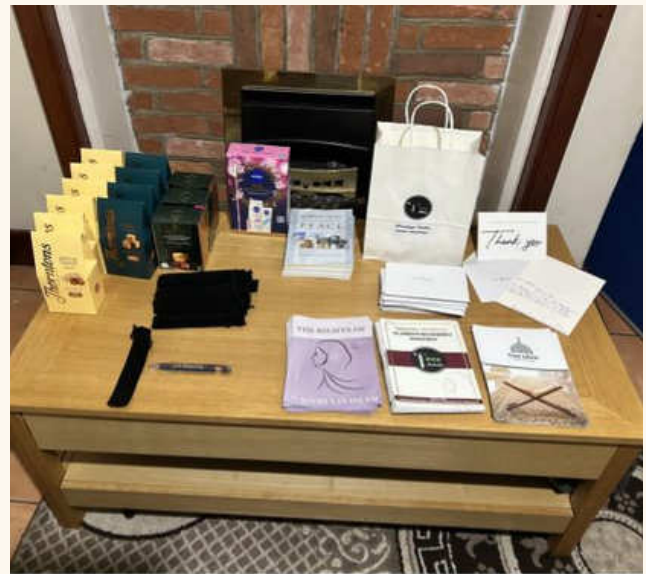
45 Nasirat from Middlesex Region attended a Tabligh Knowledge Day in Baitul Wahid Mosque, Feltham. Nasirat participated in lots of Tabligh related activities and made beautiful posters.



Tabligh Activities



MITCHAM & MICHAM PARK



Student Lajna and Nasirat from Mitcham Park, in collaboration with Mitcham Jama'at, helped to organise a successful National Interfaith Week event on 1 November at Pollards Hill Library.

The theme for the event was "Joining Hands for Peace". Representatives from nearly all major faiths attended with a total of 10 guests including councillor Joan Henry. The event included presentations, panel discussion, literature distribution and refreshments and provided both students and Nasirat who participated with a wonderful Tabligh experience!



Tabligh Activities



**SOUTHMEAD, WIMBLEDON,
WIMBLEDON PARK & INNER PARK**

Lajna from Southmead, Wimbledon, Wimbledon Park & Inner Park joined together with ladies from St Paul's Church to hold a Coffee Morning to raise funds for Macmillan Cancer Support. Lajna brought along food, helped with the decor, distributed Jama'at leaflets and interacted with visitors about Islam and Ahmadiyyat. Nasirat prepared beautiful handmade collection boxes. Both student Lajna and Nasirat actively participated in what was a very successful Tabligh opportunity, Alhamdulillah.

Student Lajna from Wimbledon and Southmead Majlis also visited the Avery Healthcare Centre. They took along handmade seasonal greetings cards and gifted the Centre with a copy of the Holy Qur'an.

Southmead Majlis planned and organised an assembly for children at Southmead Primary school on "Values", highlighting British tolerance and its alignment with Islam and other religions. Alhamdulillah it was a very engaging and interactive session.



Tabligh Activities



ROEHAMPTON VALE



On 25 November 2025, Student Lajna helped out with the local White Ribbon Parade by making and distributing 63 origami tulip flowers to all the attendees, including the Mayor of Wandsworth, MP Fleur Anderson, local councillors, Roehampton University staff and students as well as community residents.

Each tulip contained a single Hadith relating to the treatment of women and girls by the Holy Prophet (saw), such as "the best among you is the one who is best to their wife" or "paradise lies under the feet of your mother". The impact was substantial and heartening. The Mayor proudly wore the tulip on their jacket, and nearly every recipient took the time to read the message, flipping the tag to find our contact details, including Jama'at sites and social media pages.

This small, thoughtful gesture shed light on the true teachings of Islam, fostered goodwill and enabled us to address important community issues. After the parade, our Lajna members were ready and waiting in Roehampton Library with refreshments for everyone returning from the event.

Tabligh opportunities – useful dates

January 2026

- 24 UN International Day of Education
- 28 UN International Day of Peaceful Coexistence

February 2026

- 1-7 UN World Interfaith Harmony Week
- 1 World Hijab Day
- 11 UN International Day of Women and Girls in Science
- 24 Experience Islam Training for Schools (Baitul Futuh)

March 2026

- 8 UN International Women's Day
- 20 UN International Day of Happiness



Tabligh Opportunities – Interfaith Harmony Week



Perhaps you can suggest that your Majlis arranges a get together for Tabligh guests during this week where you can invite your friends and teachers from other faiths.



Ramadhan is a great opportunity to offer to do a presentation for your class or even an assembly for the whole school! It's a chance for you to share your knowledge and experience about this blessed month, to raise awareness and address any misconceptions, and to foster greater understanding about Islam.

The UN World Interfaith Harmony Week is an annual event observed during the first week of February. It's a great opportunity for Tabligh!



Ask your school if they would like to come along for a tour of your local mosque! You can also go along to visit other places of worship and increase your knowledge about other faiths. This will Insha'Allah help you in your Tabligh discussions!

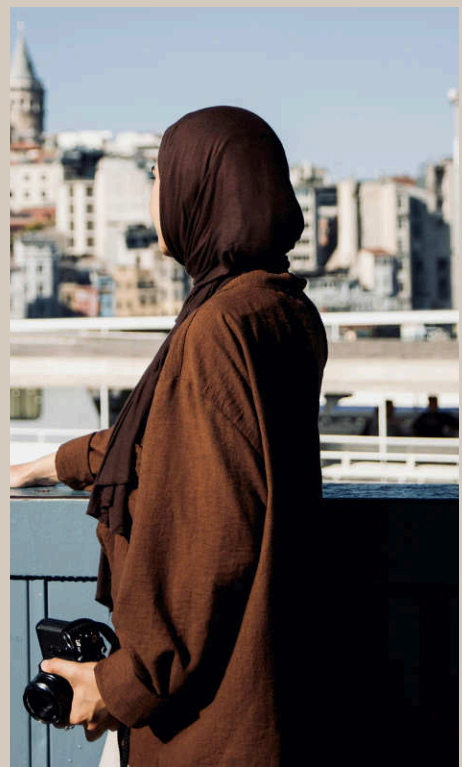


Tabligh Opportunities – World Hijab Day

World Hijab Day takes place on 1 February every year. It presents an opportunity to educate others about the concept of modesty in Islam and the purpose of Hijab. You may wish to arrange 'Hijab stands' as part of your local Tabligh events this month, allowing your guests to ask you questions and experience the Hijab for themselves. Insha'Allah, events like these will help to address misconceptions and foster a better understanding of Islam's teachings about modesty.

DID YOU KNOW THAT WOMEN OF OTHER FAITHS COVER THEIR HEAD TOO?

- Orthodox Judaism: Married women cover their hair with scarves (tichels), snoods, hats, or wigs (sheitels) as a sign of modesty (tzniut) and to signify their married status.
- Sikhism: Both men (turbans/patkas) and women (scarves/dupattas) cover their heads as a sign of respect when entering a Gurdwara.
- Catholic Nuns wear veils as a traditional symbol of modesty, humility, and consecration to God.
- Veiling traditions predate Christianity and Islam. In ancient Rome and Mesopotamia, the concept of veiling by women was seen to signify piety, marital status or social standing across faiths.



Tabligh Opportunities – During Ramadhan



ENGAGE IN CHARITABLE EFFORTS SUCH AS:

- FOOD BANK DONATIONS
- Supporting a local Community Fridge
- Raising funds for a noble cause
- Helping the weak and vulnerable.

Acts of kindness should form part of our everyday life but they are especially important to earn Allah's blessings during Ramadhan.

Send IFTAR for your friends and neighbours.

Invite them to local 'BIG IFTAR' events being organised by the Jama'at



ASK YOUR TEACHER IF YOU CAN deliver a presentation about RAMADHAN.

You can take in some dates to share with your class.



Spotlight: Muslim Women in Science

11 February marks the United Nations International Day of Women and Girls in Science. This presents a great opportunity to talk about inspiring Muslim women who have made significant contributions to the world of science.



In the 10th century, Maryam Al-Ijliya, also known as Mariam al Astrulabi, developed the first astrolabe, an invention, similar to a GPS navigation tool, for identifying stars or planets. The astrolabe was used in trade as a marine navigation tool.



Dahma bint Yahya lived in Yemen during the 15th century. She was a scholar who was proficient in multiple sciences, excelling in grammar, logic, astronomy and chemistry. She was also a skilled writer and teacher.



Rufayda al-Aslamiyyah (7th Century) is considered to be the first nurse in Islamic history. She developed the first mobile medical units and trained other women in healthcare. She practised her skills during early battles, such as the Battle of Badr.



Ash-Shifaa' al-'Adawiyyah (Al-Shifa bint Abdullah) was a companion of the Holy Prophet Muhammad (saw). She was known for her expertise in medicine and was the first woman appointed to a public office in Islam. The Second Khalifa of Islam, Hazrat Umar (ra) appointed her as the market inspector of Medina.

Your Tabligh Challenge!

The Blessed month of Ramadhan will soon be upon us, Insha'Allah. This is a wonderful time for Tabligh - many people are intrigued about the principles and process of fasting in Islam and would welcome the opportunity to find out more and experience this with us!

Your Challenge for this quarter is to invite your friends to share a simple Iftar with you. As well as experiencing the blessings of Iftar together, be sure to tell them about the significance of Ramadhan and explain the importance and true meaning of fasting.



Please do
share your
Tabligh
experiences
with us and
send us a
write up to
include in the
next
Newsletter!

USEFUL RESOURCE:

<https://Nasirat.org.uk/blessings-of-ramadhan/>

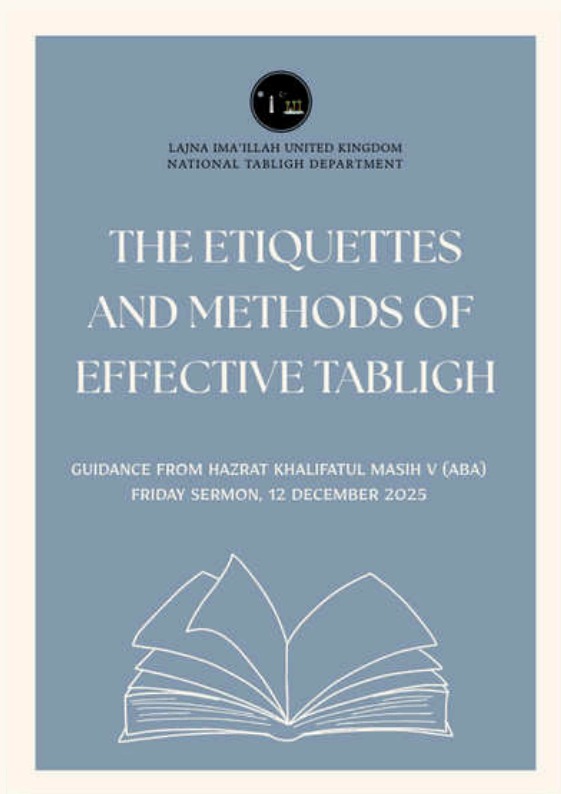
Useful Resources

Etiquettes and Method of effective Tabligh

Guidance from Beloved Huzur (aba) delivered during the Friday Sermon on 12 Decembr 2025

<https://www.dropbox.com/scl/fi/fplb0y9argpoq4jx7erem/Friday-Sermon-12-December-2025-2.pdf?rlkey=o2lg87ya08y0fithv2krcvr4s&st=j3n4g6rh&dl=0>

SCAN HERE to listen to the complete Friday Sermon



"Call unto the way of thy Lord with wisdom and goodly exhortation, and argue with them in a way that is best. Surely, thy Lord knows best who has strayed from His way; and He knows those who are rightly guided."

(The Holy Qur'an, 16:125)



Deepen RELIGIOUS KNOWLEDGE

Simply knowing the language of the people is not enough to propagate the message effectively; rather, one must also **DEEPEN THEIR RELIGIOUS KNOWLEDGE**.

This guidance is very important, as it also applies today to propagation on social media. It is not enough to simply know the language or have access; instead, **ONE SHOULD STUDY** and gather the various allegations that are raised and learn their answers.

Establish a PERSONAL CONNECTION with Allah

One who undertakes the task of propagating the message must also have a **PERSONAL CONNECTION WITH GOD**.



Exhibit the highest MORAL standards

When propagating the message, one must always exhibit the highest moral standards and **SHOULD ALWAYS SET THE HIGHEST STANDARD** of fulfilling the rights of others, so that those who are wronged do not pray against such a person but pray in favour of such a person. Then, Allah the Almighty will place blessings in their efforts.

"He who goes astray cannot harm you when you yourselves are rightly guided."

(The Holy Qur'an, 24:64)

"Permission to **fight** is given to those against whom war is made, because they have been wronged – and Allah indeed has power to help them."

(The Holy Qur'an, 22:40)



Propagate with WISDOM

Employing wisdom means speaking in a manner that not only removes the ignorance of others but is also in a manner that **OTHERS CAN UNDERSTAND** according to their own level of knowledge.

Remember that **EVERY LOCK HAS A KEY** – there is a certain manner in which to speak depending on the circumstance and situation. There is not just a single standard way to convey the message in every instance; **ONE MUST ANALYSE AND ADAPT** according to the person and situation when propagating.

Propagate with KINDNESS

When speaking to the followers of other religions or even non-Ahmadi Muslims, one must **ALWAYS SHOW KINDNESS** and never become impassioned to the point of speaking harshly in any way.

Propagate with GOODLY EXHORTATION

One must always respond to questions or allegations **GENTLY AND CALMLY**. Even when others speak harshly to us, they do so because they have nothing to say that is intellectually sound or backed by evidence.

If we respond in the same harsh manner, it will give the impression that we don't have a sound response either. Hence, no matter what, we must always employ gentleness and calmness **WHEN PROPAGATING THE MESSAGE**.



Remain STEADFAST

One should not become discouraged if it seems that their efforts are ineffective or that they know nothing. God states that our duty is to propagate the message, and ultimately **GOD IS THE ONE WHO WILL GUIDE PEOPLE**.

True JIHAD

Today, our Jihad is to propagate the message of Islam Ahmadiyyat and help people around the world to come and understand the true teachings of Islam.

The Promised Messiah (as) declared that **TODAY IS THE TIME FOR JIHAD WITH THE PEN** – for spreading the message of Islam through discourse and intellectual means.



PRACTISE what you PREACH

It is necessary for one who is propagating the message to practise what they preach. A true believer should never develop a difference between their words and actions. Rather, **ALIGNING ONE'S ACTIONS WITH THEIR WORDS** is extremely important and indeed effective.

The most effective way to convey Islam's teachings is to demonstrate them through our actions. Therefore, one should not be proud simply by verbally propagating the message; instead, true propagation requires showing **THROUGH ONE'S OWN EXAMPLE AND ACTIONS**, the true and beautiful teachings of Islam and the revolutionary change they bring about in a person's life.