



Nau Mubai'at

Lajna

Gitma Syllabus

'25-'26



Purpose of Ijtema

“The purpose of these Ijtemas is to enable members to benefit from the educational and spiritual programmes and speeches and to rid themselves of any shortcomings they may have. Also, the younger and older girls may participate in various educational competition to improve their knowledge and sharpen their spiritual capabilities. These gatherings provide an atmosphere that promotes discussion and identification of ways and means of self-improvement.

“Any society whose young girls and ladies gather in one place with the intention of spending their time in a purely spiritual atmosphere and engage in activities for self-improvement, the future generations of that society are safeguarded, also it does not suffer from a decline.

And today, if there are any women who get together purely for the sake of Allah, they are Ahmadi women.

“Therefore, always keep your status in mind. Make the most of the spiritual food that you have enjoyed in this gathering, for your life depends on it. The life of your future generations depends on it. The life and honour of your families depends on it.”

Lajna Ima'illah ijtema-2019





Tifawat

- **Verses do not need to be memorised.**

Marks will be given for correct pronunciation.



Nau Mubai'at Jitema

Tilawat

AL-FĀTIHĀH

(Revealed before Hijrah)

- | | |
|---|---|
| 1. In the name of Allāh, the Gracious, the Merciful. | بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ① |
| 2. All praise belongs to Allāh, Lord of all the worlds, | الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ② |
| 3. The Gracious, the Merciful, | الرَّحْمَنِ الرَّحِيمِ ③ |
| 4. Master of the Day of Judgment. | مَلِكِ يَوْمِ الدِّينِ ④ |
| 5. Thee alone do we worship and Thee alone do we implore for help. | إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ⑤ |
| 6. Guide us in the right path— | إِهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ⑥ |
| 7. The path of those on whom Thou
* hast bestowed <i>Thy</i> blessings, those
who have not incurred <i>Thy</i>
displeasure, and those who have
not gone astray. | صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ ⑦
الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ⑧ |

[Audio \(click here\)](#)



Nau Mubai'at Ijtima

Tilawat

AL-MĀ'ŪN (Revealed before Hijrah)

1. In the name of Allāh, the Gracious, the Merciful.
2. Hast thou seen him who rejects religion?
3. That is the one who drives away the orphan,
4. And urges not the feeding of the poor.
5. So woe to those who pray,
6. But are unmindful of their Prayer.
- * 7. They like to be seen *of men*,
- * 8. And withhold *legal* alms.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ①
أَرَأَيْتَ الَّذِي يُكَذِّبُ بِالدِّينِ ②
فَإِنَّكَ الَّذِي يُدْعَى الْيَتِيمَ ③
وَلَا يَحْضُ عَلَى طَعَامِ الْمِسْكِينِ ④
فَوَيْلٌ لِلْمُصَلِّينَ ⑤
الَّذِينَ هُمْ عَنْ صَلَاتِهِمْ سَاهُونَ ⑥
الَّذِينَ هُمْ يُرَآءُونَ ⑦
وَيَمْنَعُونَ الْمَاعُونَ ⑧

ع

Audio (Click Here)



Nau Mubai'at Jitema

Tilawat

AL-KAUTHAR (Revealed before Hijrah)

1. In the name of Allāh, the Gracious, the Merciful.
2. Surely We have given thee abundance *of good*;
3. So pray to thy Lord, and offer sacrifice.
4. Surely, it is thy enemy who is without issue.



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ①
إِنَّا أَعْطَيْنَكَ الْكَوْثَرَ ②
فَصَلِّ لِرَبِّكَ وَانْحَرْ ③
إِنَّ شَانِئَكَ هُوَ الْأَبْتَرُ ④

Audio (Click Here)



Nau Mubai'at Jitema

Tilawat

AN-NASR

(Revealed after Hijrah)

1. In the name of Allāh, the Gracious, the Merciful.

2. When the help of Allāh comes, and the victory,

3. And thou seest men entering the religion of Allāh in troops,

4. Glorify thy Lord, with *His* praise, and seek forgiveness of Him. Surely He is Oft-Returning with compassion.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ①

إِذَا جَاءَ نَصْرُ اللَّهِ وَالْفَتْحُ ②

وَرَأَيْتِ النَّاسَ يَدْخُلُونَ فِي دِينِ اللَّهِ

أَفْوَاجًا ③

فَسَبِّحْ بِحَمْدِ رَبِّكَ وَاسْتَغْفِرْهُ ④

إِنَّهُ كَانَ تَوَّابًا ⑤

١
ع
٢٥

Audio (Click Here)





Prepared Speech Competition

- speeches can be delivered in either English or Urdu
- speech will be read for 2 minutes.
- does not need to be memorised.

Marks will be given for content



Nau Mubai'at Jitma

English or Urdu Prepared Speech

1. How can I improve my level of righteousness?

Example through truthfulness

Verse from Holy Quran	Hadith	Quote from the Promised Messiah(as)
<p>It is not righteousness that you turn your faces to the East or the West, but truly righteous is he who believes in Allah and the Last Day and the angels and the Book and the Prophets, and spends his money out of love for Him, on the kindred and the orphans and the needy and the wayfarer and those who ask for charity, and for ransoming the captives; and observes Prayer and pays the Zakat; and those]who fulfil their promise when they have made one, and the patient in poverty and afflictions and the steadfast in time of war; it is these who have proved truthful and it is these who are truly God-fearing.</p>	<p>Hadith 1 – Truth Leads to Righteousness</p> <p>The Prophet ﷺ said: “Truthfulness leads to righteousness, and righteousness leads to Paradise... A person keeps on telling the truth until he becomes a truthful person.”</p> <p>Hadith 2 – Integrity as a Sign of Faith</p> <p>The Prophet ﷺ said: “A believer may commit any sin except that he does not lie or betray.”</p>	<p>“Righteousness requires a forced effort and a righteous person constantly remains in a state of war with himself”</p> <p>“Righteousness demands that one suppress their anger...”</p>
Al-Baqarah: 177	1. Sahih al-Bukhari 2. Musnad Ahmad	<u>Malfuzat vol. 1, p.22</u>



Nau Mubai'at Jitma

English or Urdu Prepared Speech

2. How does Salat help me to stay on the path of righteousness?

Verse from Holy Quran	Hadith	Quote from the Promised Messiah(as)
<p>Recite that which has been revealed to thee of the Book, and observe Prayer. Surely, Prayer restrains one from indecency and manifest evil; and remembrance of Allah, indeed, is the greatest virtue. And Allah knows what you do.</p>	<p>Hadith 1 – Salat Prevents Evil</p> <p>The Prophet ﷺ recited the verse “Surely, Prayer restrains from indecency and manifest evil” and said: “If a person’s Prayer does not prevent him from indecency, he is only getting further away from Allah.”</p> <p>Hadith 2 – Five Daily Prayers Wash Away Sins</p> <p>He ﷺ said: “The five daily prayers erase sins just as water removes dirt.”</p>	<p>“Allah the Exalted has stated: ‘Good works drive away evil.’ ... And in another instance, God Almighty states that Prayer saves one from indecency and manifest evil.”</p>
<p>Al-`Ankabut: 46</p>	<p>1.Ibn Hibban 2. Sahih Muslim</p>	<p><u>Malfuzat vol.1, p.161</u></p>



Nau Mubai'at Jitma

English or Urdu Prepared Speech

3. How can we strengthen our connection with Allah the Almighty through....

Verse from Holy Quran	Hadith	Quote from the Promised Messiah(as)
<p>Say, 'If you love Allah, follow me; then will Allah love 8you and forgive you your sins. And Allah is Most Forgiving and Merciful.</p>	<p>Hadith 1 – Allah Comes Near to Those Who Come Near to Him</p> <p>Allah says in a Hadith Qudsi: “Whoever comes to Me walking, I come to him running.”</p> <p>Hadith 2 – Remembrance Brings Divine Love</p> <p>Allah says: “I am with My servant when he remembers Me and moves his lips with My remembrance.”</p>	<p>The Promised Messiah(as) said that Salat is the vehicle to reach Allah:</p> <p>“Salat is the vehicle by which he can get there quicker. He who abandons Salat cannot reach there.”</p>
<p>Aal-e-`Imran: 32</p>	<p>1.Sahih Al Bukhari</p> <p>2. Sahih Al Bukhari</p>	<p><u>Malfuzat Vol. 3 p 189</u></p>



Nau Mubai'at Jitma

English or Urdu Prepared Speech

4. Islam encourages modesty. How do I practice modesty in my daily life.

Verse from Holy Quran	Hadith	Quote from the Promised Messiah(as)
Say to the believing men that they restrain their looks and guard their private parts. That is purer for them. Surely, Allah is Well-Aware of what they do.	<p>Hadith 1 – Modesty Is Part of Faith The Prophet ﷺ said:</p> <p>“Modesty is a branch of faith.”</p> <p>Hadith 2 – Allah Loves the Modest</p> <p>“Nothing is more beloved to Allah than modesty and humility.”</p>	<p>“to restrain one’s eyes from gazing on those who are outside the prohibited degrees; to restrain one’s ears from listening to their voices and to the descriptions of their good looks; to avoid occasions which might furnish incitement towards this vice; and to control oneself during the period of celibacy through fasting, dieting etc.”</p>
An-Nur: 32	<p>1. Sahih Muslim</p> <p>2. Sunan Ibn Majah</p>	<p><u>The philosophy of the Teachings of Islam, pp. 46-47 (in book)</u></p>



Nau Mubai'at Jitema

English or Urdu Prepared Speech

5. The importance of kindness to all of Allah's creation in Islam.

Verse from Holy Quran	Hadith	Quote from the Promised Messiah(as)
And We have not sent thee but as a mercy for all peoples.	<p>Hadith 1 – Mercy to All Beings</p> <p>The Prophet ﷺ said: “Show mercy to those on earth, and the One in heaven will show mercy to you.”</p> <p>Hadith 2 – Kindness to Animals</p> <p>He ﷺ said: “There is reward for kindness to every living creature.”</p>	“I advise the members of my community to have mercy on those who are weak and fragile... They must not be harsh with them, nor treat anyone discourteously.”
Al-Anbiya' :108	<p>1.Sunan Al Tirmidhi</p> <p>2.Sahih Al Bukhari</p>	Malfuzat vol. III, page 114



Nau Mubai'at Jitama

English or Urdu Prepared Speech

6. How can we express gratitude to Allah for all His favours.

Verse from Holy Quran	Hadith	Quote from the Promised Messiah(as)
Say, 'Obey Allah and His Messenger;' but if they turn away, then remember that Allah loves not the disbelievers.	<p>Hadith 1-</p> <p>The Prophet ﷺ said: "Whoever is not grateful to people is not grateful to Allah."</p> <p>Aisha (ra) reported that the Prophet ﷺ prayed long in the night. When she asked why, he said: "Should I not be a thankful servant?"</p>	<p>The Promised Messiah (as) explains that showing gratitude includes using the faculties Allah has given us: "To make use of means and to employ the faculties which God Almighty has granted us is also a manner in which we show gratitude to God."</p>
Aal-e-`Imran :33	<p>1. Sunan Al Tirmidhi</p> <p>2. Sahih Al Bukhari</p>	<u>Malfuzat vol. II, p.82</u>



Nau Mubai'at Jitma

English or Urdu Prepared Speech

7. How does making sacrifice bring us closer to Allah for example, through time and monetary sacrifice .

Verse from Holy Quran	Hadith	Quote from the Promised Messiah(as)
<p>You cannot attain to righteousness unless you spend out of that which you love; and whatever you spend, Allah surely knows it well.</p>	<p>Hadith 1 – Spending in Allah’s Way</p> <p>The Prophet ﷺ said: “Charity does not decrease wealth.”</p> <p>Hadith 2 – Reward Proportional to Effort</p> <p>He ﷺ said: “The reward is according to the hardship endured.”</p>	<p>1.“Fortunate is he who loves Allah. If any of you loves Him and spends his wealth in His cause, I am certain that his wealth will increase more than that of others, for wealth does not come by itself, rather it comes by Allah’s will.</p> <p>2. Whosoever makes this pledge for the sake of Allah the Exalted, Allah will in turn bless his wealth.”</p>
<p>Aal-e-`Imran :93</p>	<p>1.Sahih Muslim</p> <p>2.Sahih Al Bukhari</p>	<p>1. Majmua Ishtiharat, Vol. 3, p. 497</p> <p>2. Malfuzat vol 6, p.4</p>



Nau Mubai'at Jitema

English or Urdu Prepared Speech

**8. Islam encourages to always use good words in conversation and to talk in a soft manner.
How can I implement this in my daily life.**

Verse from Holy Quran	Hadith	Quote from the Promised Messiah(as)
And it is by the great mercy of Allah that thou art kind towards them, and if thou hadst been rough and hard-hearted, they would surely have dispersed from around thee. So pardon them and ask forgiveness for them, and consult them in matters of administration; and when thou art resolved, then put thy trust in Allah. Surely, Allah loves those who put their trust in Him.	<p>Hadith 1 – Soft Speech Is Charity</p> <p>The Prophet ﷺ said: “A good word is charity.”</p> <p>Hadith 2 – Speaking Kindly Is a Sign of Purity</p> <p>He ﷺ said: “The most beloved to me among you are those with the best manners.”</p>	“Before you say anything, reflect over the consequences that your words will bring. Reflect as to whether Allah the Exalted permits you to say such a thing...”
Aal-e-`Imran :160	<p>1.Sahih Al Bukhari</p> <p>2. Sahih Al Bukhari</p>	Malfuzat vol.II p.137



Nau Mubai'at Jitma

English or Urdu Prepared Speech

9. Showing obedience to my Khalifa.

Why is it important?

Verse from Holy Quran	Hadith	Quote from the Promised Messiah(as)
<p>O ye who believe! obey Allah, and obey His Messenger and those who are in authority among you. And if you differ in anything refer it to Allah and His Messenger, if you are believers in Allah and the Last Day. That is best and most commendable in the end.</p>	<p>Hadith 1 – Obedience to the Leader Is Obedience to the Prophet The Prophet ﷺ said:</p> <p>“Whoever obeys the leader obeys me; whoever disobeys the leader disobeys me.”</p> <p>Hadith 2 – Unity Under Leadership</p> <p>He ﷺ said:</p> <p>“Hold fast to the Jama'at and your leader, even if he commands with strictness, for unity is mercy.”</p>	<p>In the 10th condition, the Promised Messiah(as) asked every follower:</p> <p>“That he/she shall enter into a bond of brotherhood with this humble servant of God, pledging obedience to me in everything good for the sake of God, and remain faithful to it till the day of his/her death. He/she shall exert such a high devotion in the observance of this bond as is not to be found in any other worldly relationship and connection that demands devoted dutifulness.”</p>
An-Nisa':60	<p>1. Sahih Al Bukhari</p> <p>2.Musnad Ahmad</p>	<p><u>The 10 Conditions of Bai'at and the Responsibilities of an Ahmadi, p.169</u></p>



Nau Mubai'at Jitma

English or Urdu Prepared Speech

9. My journey to the True Islam

10. The Nau Mubai'at may speak for two minutes on any religious topic.





Nazm/English Poetry or Qaseedah

- three couplets only
- does not need to be memorised.

Marks will be given for content



Nau Mubai'at Jitma

Nazm/Poetry

Please choose between the following options;

- Qaseedah
- Mahmood's Ameen {Hum Do Sana Usi Ko} - Durresameen
- Love With Islam & Its Founder {Har Taraf Fikr Ko}- Durresameen
- The Signs of Near Ones{Khuda Se Wohi Log Karate Hai Pyaar}
- Beneficence of the Glorious Quran{Jamal-o-Husne Quran}

•



Nau Mubai'at Jiteema

Nazm (Poetry)

Qaseedah {Ya Aina Faizillahi}

O you who are the fountain of Allah's beneficence and divine understanding People throng towards you like the thirsty rushing towards water O you who are the ocean of the Grace of the Benefactor and Bountiful God People flock to you with empty cups in their hands O you sun of the kingdom of beauty and virtue; You have illuminated the deserts as well as the cities A nation was blessed by having been able to see you, While many heard of the full moon which has captivated my heart. People shed tears when they fondly reminisce of your grace and beauty; A fire consumes their hearts due to the pains of separation I see their hearts are in such anxiety as if they have reached their throats;
I see that their eyes are flowing with tears

[YouTube Link \(Click Here\)](#)

يَا عَيْنَ قَيْضِ اللَّهِ وَالْعِرْقَانِ
يَسْغَى إِلَيْكَ الْخَلْقُ كَالظَّمَانِ

يَا بَحْرَ قُضْلِ الْمُنْعِمِ الْمَنَانِ
تَهْوِي إِلَيْكَ الزُّمُرُ بِا لِكَيْزَانِ

يَا شَمْسَ مُلْكِ الْحُسْنِ وَالْإِحْسَانِ
تَوَرَّتْ وَجْهَ الْبَرِّ وَالْعُمَرَانِ

قَوْمٌ رَأَوْكَ وَ أُمَّةٌ قَدْ أُخْبِرَتْ
مِنْ ذَلِكَ الْبَدْرِ الَّذِي أَضْبَانِي

يَبْكُونَ مِنْ ذِكْرِ الْجَمَالِ صَبَابَةً
و تَأْلُمًا مِنْ لَوْعَةِ الْهَجَرَانِ

وَأَرَى الْقُلُوبَ لَدَى الْحَنَاجِرِ كَرْبَةً
وَأَرَى الْغُرُوبَ تُسِيلُهَا الْعَيْنَانِ



Nau Mubai'at Jitma

Nazm (Poetry)

Mahmood's Ameen
{Hum Do Sana Usi Ko}
- Durresameen

Praise and glory to the One Who's Eternal
There is no one equal unto Him, nor like Him. Only
He lasts forever, all others are mortal;
It is baseless to attach hearts with strangers.
All are strangers - only He is the real Soul Mate
This is in my heart, Holy is He Who Watches over me.
Pure is His holy might - supreme is his grandeur;
His near ones are tremulous - His Angels are in dread;
His grace is universal - how to thank for this blessing;
We are all His creation - Him you should love. His honour
does not brook that we love the strangers; Pray bless this
day; Holy is He Who watches over me

YouTube Link (Click Here)

حمو ثنا اُسی کو جو ذات جا ودانی
باقی وہی ہمیشہ غیر اس کے سب ہیں فانی
سب غیر ہیں وہی ہے اک دل کا یار جانی
ہے پاک پاک قدرتِ عظمت ہے اسکی عظمت
ہے عام اُس کی رحمت کیونکر ہو شکرِ نعمت
غیروں سے کرنا اُلفت کب چاہے اسکی غیرت
ہمسر نہیں ہے اسکا کوئی، نہ کوئی ثانی
غیروں سے دل لگانا جھوٹی ہے سب کہانی
دل میں مرے یہی ہے سُبْحَانَ مَنْ یَّرَانِیْ
لرزاں ہیں اہلِ قربت کرو بیوں پہ ہیبت
ہم سب ہیں اُسکی صنعت اس سے کرو محبت
یہ روز کر مبارک سُبْحَانَ مَنْ یَّرَانِیْ



Nau Mubai'at Jitma

Nazm (Poetry)

Love With Islam & Its Founder {Har Taraf Fikr Ko}

- Durresameen

We wearied our mind by searching all around; No Faith did we find like as the Faith of Muhammad.

There is no religion that can show such signs, This fruit we ate only from Muhammad's orchard.

We have experimented with Islam by our own self; It is light - pure light. Awake and see as we announce. We looked at other Faiths, there was no light in them; If we concealed the truth, would someone point it out! We are tired of of saying these things time and time again;

We sent our invitations darting in all directions

YouTube Link (Click Here)

ہر طرف فکر کو دوڑا کے تھکایا ہم نے کوئی دیں دین محمدؐ سا نہ پایا ہم نے
کوئی مذہب نہیں ایسا کہ نشاں دکھلائے یہ ثمر باغ محمدؐ سے ہی کھایا ہم نے
ہم نے اسلام کو خود تجربہ کر کے دیکھا نور ہے نور۔ اٹھو دیکھو سنایا ہم نے
اور دینوں کو جو دیکھا تو کہیں نور نہ تھا کوئی دکھلائے اگر حق کو چھپایا ہم نے
آزمائش کیلئے کوئی نہ آیا ہر چند ہر مخالف کو مقابل پہ بلایا ہم نے



Nau Mubai'at Jitma

Nazm (Poetry)

The Signs of Near Ones
{Khuda Se Wohi Log Karate Hai Pyaar}

Durresameen

Only those people are in love with God Who sacrifice every thing for his sake. Each night and day they are concerned with this: When would their beloved be truly pleased with them!

They give Him their life and wealth, time and time again,

'Tis they who leave this earth thus purified!

Yet in their hearts they still fear being so useless. They attach their heart with that Pure One;

YouTube Link (Click Here)

خدا سے وہی لوگ کرتے ہیں پیار جو سب کچھ ہی کرتے ہیں اُس پر نثار
اسی فکر میں رہتے ہیں روز و شب کہ راضی وہ دلدار ہوتا ہے کب
اُسے دے چکے مال و جاں بار بار ابھی خوف دل میں کہ ہیں نابکار
لگاتے ہیں دل اپنا اُس پاک سے
وہی پاک جاتے ہیں اس خاک سے



Nau Mubai'at Jitena

Nazm (Poetry)

Beneficence of the Glorious Quran {Jamal-o-Husne Quran}

Durresameen

Only those people are in love with God Who sacrifice every thing for his sake. Each night and day they are concerned with this: When would their beloved be truly pleased with them!

They give Him their life and wealth, time and time again,

Yet in their hearts they still fear being so useless. They attach their heart with that Pure One;

'Tis they who leave this earth thus purified!

YouTube Link (Click Here)

جمال و حسنِ قرآن نورِ جانِ ہر مسلمان ہے
نظیر اُسکی نہیں جہتی نظر میں فکر کر دیکھا
بہارِ جاوداں پیدا ہے اسکی ہر عبارت میں
کلامِ پاک یزداں کا کوئی ثانی نہیں ہر گز

قمر ہے چاند اوروں کا ہمارا چاند قرآن ہے
بھلا کیونکر نہ ہو یکتا کلامِ پاک رحماں ہے
نہ وہ خوبی چمن میں ہے نہ اس سا کوئی بستاں ہے
اگر لولوئے عماں ہے۔ وگر لعلِ بدخشاں ہے



Nau Mubai'at Jitema

**Please contact the
National Tarbiyat Nau
Mubai'at Department for
any help.**

