



Tabligh Newsletter

FOR NASIRAT AND STUDENT LAJNA

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“May it be that you acquire the inner strength and courage to manifest your faith fearlessly and to live according to the teachings of Islam at all times. For instance, upon reaching the age of maturity, you should wear a headscarf in public and dress modestly at all times. Never fear what other people will say or think. Be confident and proud in who you are and what you represent.”

Hazrat Mirza Masroor Ahmad (aba), 27 May 2024



The importance of understanding our faith: Guidance from Huzur (aba)



“Every girl and every woman should ponder over why they are an Ahmadi, what their duties are, how they will fulfil these duties, and how they will display their example in their country, whereby they can preach Ahmadiyyat and the message of Ahmadiyyat reaches others. Furthermore, [they should ponder over] how they will bring the people of that country into the fold of Ahmadiyyat, so that the true teachings of Islam can become manifest to the world, and that they come under the banner of the Holy Prophet (saw). This is our objective, and we must fulfil it, whether man or woman, young girl or older. Everyone must understand this and this is why Lajna was established. Various departments within the auxiliary of Lajna were established for this purpose. This is why there are Tarbiyat, Tabligh and other departments. Pay attention to these and transform yourselves to the extent whereby people see your example and hear your words and become inclined towards Islam and their attention is drawn to Islam. Then, may Allah the Exalted show us that day when Ahmadiyyat spreads in your country to become the majority. This is the purpose of Lajna, and you must advance in this objective.”

(Click on the link to Programme below. Answer starts at 1:17)

THIS WEEK WITH
HUZUR (ABA)

[**LINK TO PROGRAMME**](#)

24 JANUARY
2025

My Tabligh Experience

AMTUL SUBUH

I had the privilege of attending the Arabic Language and Calligraphy Exhibition at Battersea Arts Centre on the 15th of February. The journey through the exhibition was truly captivating. Starting on the ground floor, I admired modern calligraphy pieces created digitally. As I moved upstairs, I was mesmerised by the intricate handmade calligraphy artworks, each crafted with skill and deep artistic intent.

There were so many stunning pieces, and understanding the deeper meanings behind the calligraphy made them even more beautiful. The careful consideration of where certain words should be placed, their size, and their form—all the thought that goes into each stroke—brought these pieces to life in an extraordinary way.

The historical collections of preserved artefacts were the cherry on top, leaving a lasting impact on me. Seeing the pocket-sized scrolls of the Quran, which Muslims of earlier generations carried while travelling, made me reflect deeply on my own spirituality. The thought that these devoted individuals meticulously wrote down Quranic verses on small scrolls, ensuring they had the words of Allah with them even when far from home, was truly humbling.

It made me realise how much more we can do to spiritually purify ourselves. Today, we can easily access the Holy Quran on our phones, but unlike those early Muslims, we do not carry our devices solely for the purpose of reading the Quran—our phones serve many other distractions. In contrast, those Muslims ensured they were never deprived of the beauty of the Quran, even for a short while.

I was fortunate enough to listen to the artist explain his mesmerising work multiple times, and with each explanation, I found myself even more captivated. The exhibition also beautifully highlighted Islam's fundamental values, such as equality between men and women, as we all had the opportunity to guide visitors, helping to create harmony and unity.

It also strengthened the bonds between Ahmadis and other curious attendees, creating an atmosphere filled with lively discussions, knowledge-sharing, and a true sense of sisterhood. This experience was deeply enriching and strengthened my appreciation for the beauty and significance of Arabic calligraphy. May Allah enable us to continue in our cause and convey these words of Allah to the corners of the Earth. Ameen.



My Tabligh Experience

AYESHA ZUNAIRA HANIF, AGED 11
MAJLIS: LEAMINGTON SPA



On Saturday 15th February Leamington Spa & Coventry Jamaats held the annual 'Big Iftar' event at Baitul Ehsan Mosque in Leamington Spa.

Alhamdulillah purely by the grace and blessings of Allah, it was a fantastic event which 100 guests attended.

The atmosphere and energy in the room was spiritually enlightening and brimming with interfaith and cultural harmony. We offered our guests the opportunity to have a mosque tour, and then listened to a keynote address about fasting and Islam's rights given by our local Murabi Sahib. Distinguished guests from Warwickshire Police and our local MP also gave a brief talk. A few local charities also graciously accepted a donation cheque contributed by local members.

After the recital of Adhan guests from all walks of life opened the fast with a date.

My mum's guest had even opted to fast the whole day from sunrise so she could gain a true experience of fasting.

My friend's mum's guest was a lifelong Christian. She was very impressed listening to the key note address about the rights Islam gives to different people in society. After observing us perform Maghrib Salat she became so emotional that she cried. She said, "this is what I was looking for". She continued that she "never felt the teaching of Christ in the Church and that the first time I felt the teaching of Jesus was tonight with Muslims".* Alhamdulillah, hearing such a comment is truly wonderful and inspiring.

Another guest who was invited by a Lajna said that they could relate to our charitable efforts as they had witnessed them first hand in Nigeria.

All the guests expressed that they felt really welcomed and were impressed by our hospitality. Our guests were engaged in conversation and asked us some very good questions which just comes to show how interested they were in our religion and our efforts Alhamdulillah.

I am our local Nasirat Tabligh Secretary, and attending this event was a fascinating learning experience for me and I really enjoyed it.

Please pray that we are able to fulfil our responsibilities and spread the message of Islam Ahmadiyyat far and wide. May Allah open the hearts of the people. Ameen

My Tabligh Experience

HANIA AHMAD
MAJLIS: FARNHAM

On the 15th of March, we had the privilege of hosting a Big Iftar event at Mubarak Mosque, Islamabad. This gathering aimed to bring people together to experience the beauty of Ramadan and foster a deeper understanding of Islam. As part of the organising team, I had the opportunity to help set up and manage the event, ensuring that everything ran smoothly.

The theme of the day was 'Women – Peace Builders in Society,' which resonated deeply with many attendees. Guests were particularly impressed that the entire event was solely set up and run by women, highlighting the significant role women play in fostering peace and unity within communities.

One of the most fulfilling aspects of the evening was engaging with the guests, many of whom were eager to learn more about Islam, fasting, and the significance of Ramadan. I had the chance to answer their questions and provide insights into the spiritual and physical aspects of fasting, explaining how it promotes self-discipline, empathy, and gratitude. These discussions were incredibly rewarding, as they sparked curiosity and appreciation among attendees, some who were not previously familiar with Islamic teachings.

Additionally, I was fortunate to guide guests on tours of the Mubarak Mosque. Many were fascinated by its modern and simplistic design, appreciating the serene and welcoming atmosphere it provided. Their enthusiasm and thought-provoking questions made the experience even more meaningful.



The event saw a fantastic turnout, with guests expressing their appreciation for the warm hospitality and the opportunity to partake in such a unique gathering. Seeing so many individuals from different backgrounds come together in a spirit of unity and learning reinforced the importance of interfaith dialogue and community engagement.

Personally, this event was a significant moment of growth for me. Engaging in Tabligh and answering guests' questions with confidence made me realise the impact of sharing knowledge and building bridges of understanding. It further motivated me to participate in more Tabligh efforts in the future, knowing how powerful such interactions can be in fostering mutual respect and appreciation. Tabligh holds great significance, as possessing knowledge comes with the responsibility to share it. In Islam, it is our duty to convey the teachings of our faith to those who may not be aware, fostering understanding and enlightenment within society.

Overall, the Iftar event at Mubarak Mosque was a heartwarming experience. It not only provided an opportunity for non-Muslims to gain insight into Islam but also served as a reminder of the beauty of community, and the values that Ramadan instils in us all.

My Tabligh Experience

KASHIFA SOHAIL
MAJLIS: FARNHAM

At the Big Iftar event at Mubark Mosque on 15 March, I had the opportunity to engage in Tabligh by sitting with guests at their tables and discussing the Islamic books they had received, including the Holy Quran.

I spoke about Islamabad and Masjid Mubarak, offering insights into their significance, and answered any questions the guests had about Islam and Ahmadiyyat.

Additionally, I led a tour where I explained different aspects of Islamabad and the key beliefs that distinguish Ahmadiyyat from other sects of Islam, helping to clarify misconceptions and answer any inquiries.

This experience provided me with a valuable opportunity for Tabligh, allowing me to share my faith in an open and welcoming environment.

Engaging with guests in meaningful discussions strengthened my confidence in conveying Islamic teachings, and seeing their curiosity and interest made the experience both fulfilling and rewarding.

My Tabligh Experience

**BY ZARA IFFAT KHOKHAR, AGED 9
MAJLIS: COVENTRY**



On 15th of March, 2025 my mum and dad invited the next-door Portuguese neighbours to our Big Iftar in Leamington Spa, Baitul Ehsan mosque. I also invited my teachers and my headteacher but unfortunately, they were all busy.

My brother, Zohaib, and I really wanted to go but we knew we could only go with a guest. On the Wednesday before Big Iftar, the neighbours texted my dad to let us know that they are available on the coming Saturday to attend the Big Iftar.

On the day, Zohaib and I were very excited to attend the Big Iftar. The year before I had attended the Big Iftar with my mum as two of my teachers and a student from my school came.

The neighbours and my family left for Baitul Ehsan at 16:15pm as the invitation was for 16:30pm. The Big Iftar was in the hall adjacent to the mosque. We decided to do a mosque tour later after the event. The mum and the daughter sat with my mum and us at the back, due to purdah, while the dad sat next to my dad on a table at the front.

Firstly, there was a video about the Ahmadiyya Jamaat as an introduction. Next Murabbi Sahib spoke about Ramadhan and Coventry Jamaat President also spoke a few words. Cheques were presented to charities as well.

The neighbours were very fascinated by what was said. Leamington Spa Iajna were in another small room and one of them spoke about our Jamaat to the mum and the daughter so as to demonstrate how purdah did not hinder our ladies from flourishing in the Jamaat.

After Iftar and dinner, my dad decided to show them Bait ul Ehsan Mosque and the exhibition that was displayed inside. The neighbours commented that covering the head and men sitting separate from women was a part of the church norms in the past. They were very impressed with the mosque too and the importance of Salaat.

The dad loved it so much that he wanted a copy of the Holy Quran of his own to research for himself more about Islam. The mum and the daughter also enjoyed Big Iftar and thanked us for inviting them. This was a truly enlightening tabligh experience for me, Alhamdulillah!

My Tabligh Experience

SAMIDA NASSER, AGED 12
MAJLIS: ALDERSHOT NORTH



I attended the Experiencing Islam - CPD teacher training event on the 12th of March 2025.

I found it a very enjoyable experience and I think it is very effective in furthering the understanding of Islam in schools.

I really enjoyed speaking to the guests and hearing what they had to say about Baitul Futuh as well as what they were learning as we were touring around the mosque.

I found that the course was very interesting and that it was very interactive as there were many things for the guests to do such as observe how we perform prayer and Wudhu.

I handed out welcome packs to the guests and helped prepare Iftar.

We shared dates, spring rolls, channa, samosas and cakes for Iftar. One of the guests told me she found the masjid really nice and enjoyed the whole experience very much.

I very much enjoyed having the opportunity to be able to help with Tabligh even if it was after school and I had a maths and chemistry exam the next day.

Alhamdulillah it was a very enjoyable experience and I was able to help teachers learn more about Islam.

My Tabligh Experience

SHAHAY MISHAL ANSARI
MAJLIS: LOWER MORDEN



On the afternoon of 15th March, we met our guest, Patrycja, outside Security at the Baitul Futuh Mosque complex as expected. The air was filled with excitement as guests from all walks of life entered the grounds of the largest mosque in Western Europe.

After she observed the external beauty of Baitul Futuh, we went inside before quickly registering.

Patrycja then went on a tour around the mosque to explore further into the depths. While she was busy on the tour we reserved a table for her at the girls side of Tahir Hall.

Once she had returned, we listened to some informative speeches by the MPs about Ramadan and its importance; they had very nice things to say about Ahmadiyyat, the true Islam. Not long after this, Ameer Sahib delivered a powerful speech followed by the Adhan.

Then Iftar commenced and we broke our fast together before enjoying a traditional scrumptious meal of lamb qorma and potato and aubergine curry accompanied by vegetable pilaf. Patrycja really enjoyed the dessert which was a creamy kheer!

As Patrycja didn't get a chance to see the prayer areas in detail, my father was more than obliged and gave her a tour and satisfactory understanding of its uses.

After a couple of photos, our guest, who was very pleased, left the mosque and now hopefully has a wider and more elaborate understanding of Ramadan, and the religion of Islam in general.



Tabligh Activities

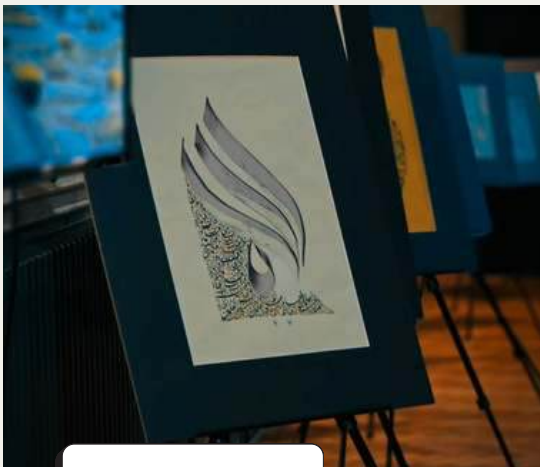


FARNHAM

Farnham Majlis held a Big Iftar event in Mubarak Mosque on 15th March 2025 attended by more than 80 guests masha'Allah. The event report was also published in the local Farnham Herald Alhamdulillah. [Click here](#) to read the article.



Tabligh Activities



EARLSFIELD

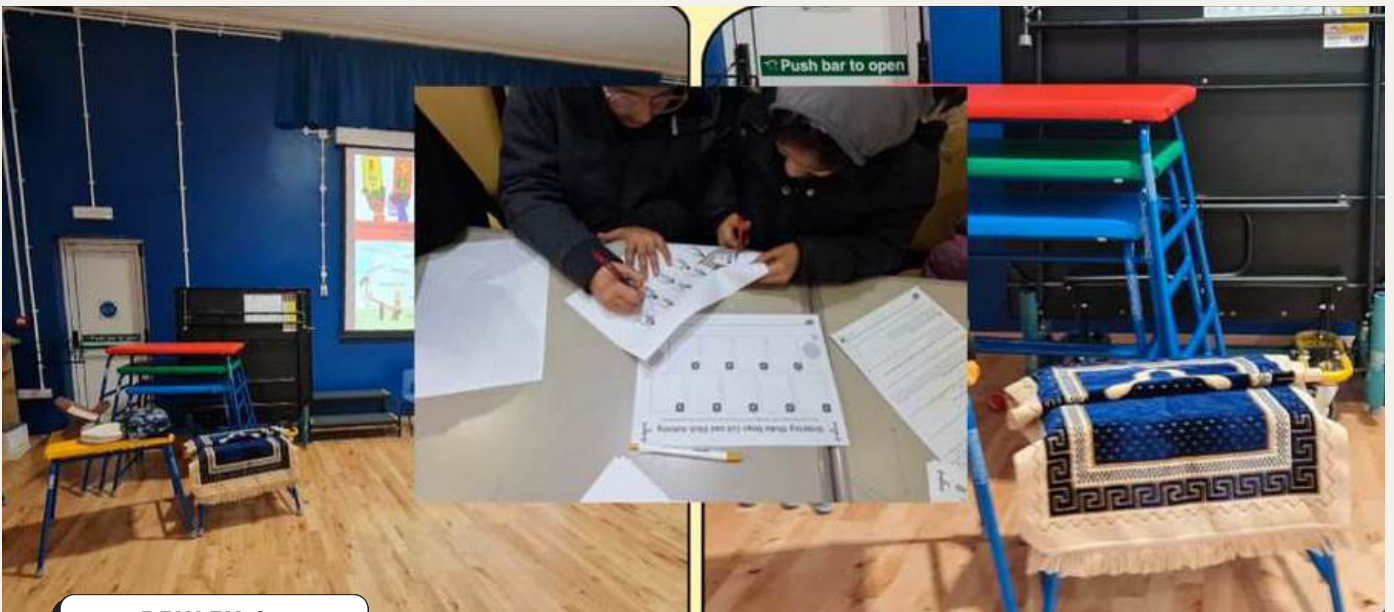
Lajna, Students and Nasirat organised a week long Islamic Art and Calligraphy exhibition at the Battersea Arts Centre. The event was attended by hundreds of visitors who also had the opportunity to view Islamic Artefacts and partake in the Blessed Al-Qalam Project, Alhamdulillah.

Tabligh Activities



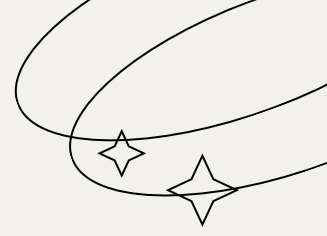
BAITUL EHSAN

A Tabligh interfaith event was held by Baitul Ehsan Majlis on 'Justice: The prerequisite to a peaceful world'. There was a Holy Quran Exhibition, Bookstall, Hijab Stall, and lots of beautifully presented refreshments.



BEXLEY & GREENWICH

A school talk was held by Lajna on Islamic Values. Students from years 3,5 and 6 asked questions related to Ramadan and festivals. The assembly was engaging, and well received.



Tabligh Activities



SLOUGH

Slough Lajna organised a trip to Oak House Care Home. This was a truly impactful experience for the Lajna & Nasirat, where they had the opportunity to spend time with the elderly residents, listen to their stories, and participate in activities designed to bring joy and connection to Lajna, Nasirat and the residents. Both Lajna & Nasirat prepared gifts and Seasons Greetings cards to share with the residents, and through their conversations, they learned about the importance of empathy, compassion, and respect for the elderly.

The trip also gave them an understanding of how small acts of kindness can have a significant impact on others. It was an incredibly heartwarming experience, and many of the Nasirat reflected on how they could continue to care for others.

As part of the silent Tabligh activity, the Nasirat took the opportunity to share the message of Islam in a subtle yet impactful way. While interacting with the residents, the girls gave out Jamaat cards and shared the message of "Love for All, Hatred for None", as well as stating, "We are from the Ahmadiyya Muslim Community." This simple yet powerful act of silent Tabligh allowed the Nasirat to express their faith in a compassionate and respectful manner, spreading positive messages while practising kindness and humility.

Additionally 120 meals were prepared, comprising of chicken rice for the homeless. These meals were distributed in Slough Town Centre with Slough Outreach.



MALDEN MANOR



Malden Manor Lajna left jamaat books and leaflets at Malden Manor Community Hub for our local community to share. They also shared a powerpoint and teachers notes on Women in Islam (from understanding-islam.co.uk) with Coombe Girls School.



Tabligh Activities

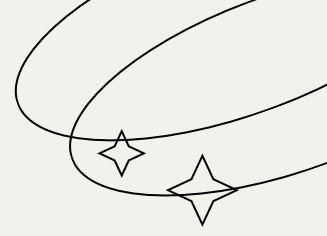


Nasirat visited elderly ladies in care at the local Sikh Gurdwara and shared gifts with handmade cards.

A local Primary School visit was arranged at Baitul Muqet Mosque and several activities were arranged to introduce/teach Islamic teachings to the students, including a cozy reading area.

A Tabligh event to mark World Hijab Day was also held in Walsall, and offered a great opportunity to convey Islam's teachings about modesty with the guests. An Exhibition and PowerPoint presentation were held on the topic "Empowerment in Segregation". Below are some pictures from the event.





Tabligh Activities

10th Interfaith Peace Symposium explores the shared pursuit of divine purpose and harmony across faiths

February 04, 2025

On 1st February 2025, the Ahmadiyya Muslim Women's Association held its 10th Interfaith Peace Symposium on the theme "Divine Purpose and Peace: Living as One in Harmony".

The event was attended by over 70 women from diverse communities, exemplifying a remarkable display of unity and mutual understanding.

Regional President AMWA, representatives from the faith communities, health professionals, Deputy Mayoress and a Councillor attended the event. The goal of the event was to emphasise that true and lasting peace could only be achieved by turning to the one God, the Creator of this universe and by understanding the purpose of human existence.

The event commenced with the recitation of the Holy Quran with its translation followed by a welcome speech and introduction to the Ahmadiyya Muslim Community.

The regional president of the AMWA Mrs Razzaq gave a brief introduction on AMWA and emphasised the common grounds between various faiths all seeking peace and harmony.

BURTON

Burton Student Lajna helped organise a local Lajna Peace Symposium. The event was attended by over 70 women from diverse communities, exemplifying a remarkable display of unity and mutual understanding.



Waltham Forest Lajna held their Student Lajna and Nasirat Tabligh class on the topic of Ramadan.



Norbury Student Lajna helped out at an interfaith event on World Hijab Day. It included a Book stall and also a Hijab corner.

Tabligh Activities



SOLIHULL

By the Grace of Allah the Almighty Solihull Tabligh team had a chance to share Jamaat literature with a local Nursing home Library.



RAYNES PARK

A lajna member held a Baitul Futuh Mosque Tour with 120 children from Woolmere Secondary School in Islamabad. She gave goody bags to the 8 teachers, which included Jamaat leaflets, samosas and some goodies from Humanity First. Alhamdolillah the school children and staff thoroughly enjoyed the visit.



BIRMINGHAM SOUTH

Student Lajna helped prepare several handmade items for donation to a local children's hospital. Along with the donations, they included cards which introduced the Jamaat. The donations were well received and the effort also raised awareness about the Jamaat and the work of Lajna. Alhamdolillah.

Tabligh opportunities – useful dates

April 2025

5th International Day of Conscience
23rd UNESCO World Book and Copyright day

May 2025

3rd World Press Freedom Day
16th UN International Day of Families

June 2025

1st Global Day of Parents
5th World Environment Day
22nd National Lajna Peace Symposium



Tabligh Opportunities – World Environment Day

Striving to protect the environment and to look after our planet is an extremely precious and noble cause.

World Environment Day presents a wonderful opportunity to convey Islam's teachings about caring for the environment, whether through discussions with your friends and teachers or by delivering a presentation in class.



Avoid Wastage/Recycle

"...eat and drink but exceed not the bounds; surely, He does not love those who exceed the bounds."

[The Holy Qur'an 7:32]

"...Eat of the fruit of each when it bears fruit, but pay His due on the day of harvest and exceed not the bounds. Surely, Allah loves not those who exceed the bounds.."

[The Holy Qur'an 6:142]

"Don't waste water even if you were by a running river."

[The Holy Prophet (peace and blessings of Allah be upon him),
Mishkat al-Masabi]

FURTHER RESOURCES

<https://lajna.org.uk/wp-content/uploads/2021/10/lajna-uk-ijtema-2021-climate-change-and-our-responsibilities.pdf>

<https://nasirat.org.uk/holy-quran-recycling-waste/#:-:text=We%20should%20live%20a%20balanced,Islam%20which%20also%20includes%20food.>



Reduce your Carbon Footprint!

"If a Muslim plants a tree or sows seeds, and then a bird, or a person, or an animal eats from it, it is regarded as Sadaqah for him."

[Bukhari]

"A factor of this climate change is due to the growth of population. The world's population continues to grow, deforestation continues and more and more trees are being cut down and the usage of cars continues extensively."

[Hazrat Mirza Masroor Ahmad (aba),
25 January 2020]

HELPFUL TIPS!

Save energy at home

Walk, bike or take public transport.

Reduce, reuse, repair and recycle

Eat more vegetables

Throw away less food

Spotlight on: Pilgrimage in World Religions

Islam is not the only religion which prescribes pilgrimage to its followers. Analysing the different forms that pilgrimage takes in different religions – and finding the commonalities among them – helps us understand the purpose and wisdom behind the practice of pilgrimage. To learn more [**follow this link.**](#)



JUDAISM

In the Torah, the Israelites are instructed by God to visit Him three times in the year. Pilgrims make the journey to Jerusalem. The three occasions marked for this pilgrimage are Pesah (Passover), Shavuot (Feast of Weeks) and Sukkot (Festival of Booths). Passover is a celebration of the exodus of the Jewish people from Egypt. It also commemorates the beginning of the new planting season after the winter. Thus, it is a time of thanksgiving both for the deliverance of the Israelites and the blessings they received afterwards.



CHRISTIANITY

Jerusalem is a popular destination for adherents to Christianity. After all, it is where Jesus (as) preached and was placed on the cross. Being Jewish himself, Jesus (as) followed the traditions of the Israelites and would visit Jerusalem during the aforementioned holidays. Bethlehem is where Jesus (as) is believed to be born, and so the Church of Nativity has been built there. Another place pilgrims like to visit is Nazareth, where Jesus (as) spent much of his youth. One can find the Church of the Annunciation there, where it is thought to be the home of Mary (as). Some Christians even walk between Nazareth and Bethlehem (a distance of about 70-80 miles) as part of their pilgrimage. Pilgrims visit the Garden of Gethsemane, where Jesus (as) prayed the night of his capture; the Church of the Holy Sepulchre, the site of the crucifixion; the Via Dolorosa, the route from the outskirts of Jerusalem to the site of the crucifixion taken by Jesus (as);

HINDUISM

There are many sites of pilgrimage in Hinduism, but the most sacred one is Varanasi, also known as Benares or Kashi. It has been the cultural centre for northern India and is closely linked with the Ganges river. Hindus bathe in the holy river in hope of washing away their sins. They also hold the belief that dying and being cremated there allows one to break the cycle of rebirth and ultimately attain Moksha, or salvation.

Your Tabligh Challenge!



We would like you to strengthen your knowledge and understanding about the purpose and significance of Hajj. This is so that you can be better prepared to either deliver presentations at school about it or to answer questions that your friends or contacts may ask you in the coming months as Eid-ul-Adha approaches.

Please read the following article and test yourself by answering some quiz questions on the topic. You could also educate your family on what you have learnt.

Use these links to learn:

<https://www.reviewofreligions.org/45502/the-steps-of-hajj>

<https://understanding-islam.co.uk/wp-content/uploads/2022/01/ks2-pilgrimage-powerpoint.pdf>



[LINK TO QUIZ](#)

Use the google quiz to test your family members by conducting the quiz with others! You can use [Kahoot](#) or [mentimeter](#) to make it interactive.

Useful Tabligh Resources- Videos



Understanding
Easter



Core Beliefs of
Ahmadi Muslims



Differences between
Ahmadi and Non-
Ahmadi Muslims



Understanding the
purpose and
significance of Hijab



Click [here](#) for more video resources to develop and strengthen understanding of key topics that will Insha'Allah help you in your tabligh efforts.