



بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

LAJNA IMAILLAH UK
TALIM LESSON PLAN

October 2024



1. STUDY OF THE HOLY QURAN WITH COMMENTARY

This month we complete our study of Surah At-Tafif (Chapter 83) of the Holy Quran.

Please study verses 26-37 of Surah At-Tattif with its commentary.

Resource:

Five Volume Commentary of the Holy Quran Page 3334 -3340 (English)

<https://files.alislam.cloud/pdf/Five-Volume-Commentary-Vol-5.pdf>

2. COMMANDMENT OF THE HOLY QURAN

In Surah Al Baqarah Verse 153, Allah Almighty states,

“and be thankful to Me and do not be ungrateful to Me”

As you reflect on this important commandment of the Holy Quran, consider how one becomes a grateful servant of Allah Almighty? What are the qualities of one who is grateful and why does Allah Almighty command us to be grateful?

To help further your understanding of this important directive, please re-listen and reflect on the words of Beloved Huzur (aba) in the Friday Sermon of 23rd April 2010 on the topic of how to become grateful servants of God Almighty.

Resource:

Talim Syllabus Page 160

Friday Sermon 23rd April 2010

<https://www.alislam.org/friday-sermon/2010-04-23.html>

3. ATTRIBUTE OF ALLAH ALMIGHTY

This month let us reflect on the attribute of Al Khaaliq (The Creator)

What do we learn about Allah Almighty through this attribute of His? In Beloved Huzur's (aba) Friday Sermon of 7th May 2010, the attribute of Al Khaaliq is discussed in detail. We learn about our Creator through numerous verses of the Holy Quran, as detailed by beloved Huzur (aba). Through the attribute of Al Khaaliq, what do we also understand about the purpose of our creation and how to attain this?

Resource:

Friday Sermon 7th May 2010

<https://www.alislam.org/friday-sermon/2010-05-07.html>

4. IQAMATUS SALAT – THE OBSERVANCE OF PRAYER (SELF STUDY)

To deepen our understanding of Salat and its true meaning and significance, this month as part of self-study, we would like you to focus on the seven stages in the spiritual journey of the observance of prayer and consider how can they be attained? What are the challenges that may be encountered and how can these be overcome?

Resource:

Talim Syllabus Page 169

5. PRAYER TO MEMORISE FROM THE HOLY QURAN

Please memorise the following prayer -

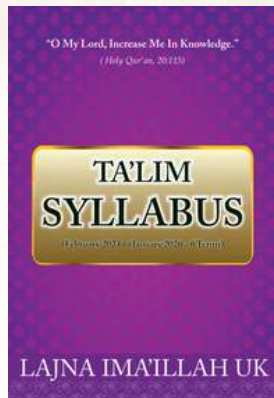
Surah Al Baqarah verse 287 with its translation

رَبَّنَا لَا تُؤَاخِذْنَا إِنْ نَسِينَا أَوْ أَخْطَأْنَا ۗ رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إِصْرًا كَمَا حَمَلْتَهُ عَلَى الَّذِينَ مِنْ
قَبْلِنَا ۗ رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ ۗ وَاعْفُ عَنَّا ۗ وَاعْفِرْ لَنَا ۗ وَارْحَمْنَا ۗ أَنْتَ مَوْلَانَا
فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ ﴿٢٨٧﴾

Translation: Our Lord, do not punish us, if we forget or fall into error; and our Lord, lay not on us a responsibility as Thou didst lay upon those before us. Our Lord, burden us not with what we have not the strength to bear; and efface our sins, and grant us forgiveness and have mercy on us; Thou art our Master; so help us Thou against the disbelieving people.

Resource:

Talim Syllabus Page 183



click to read

