

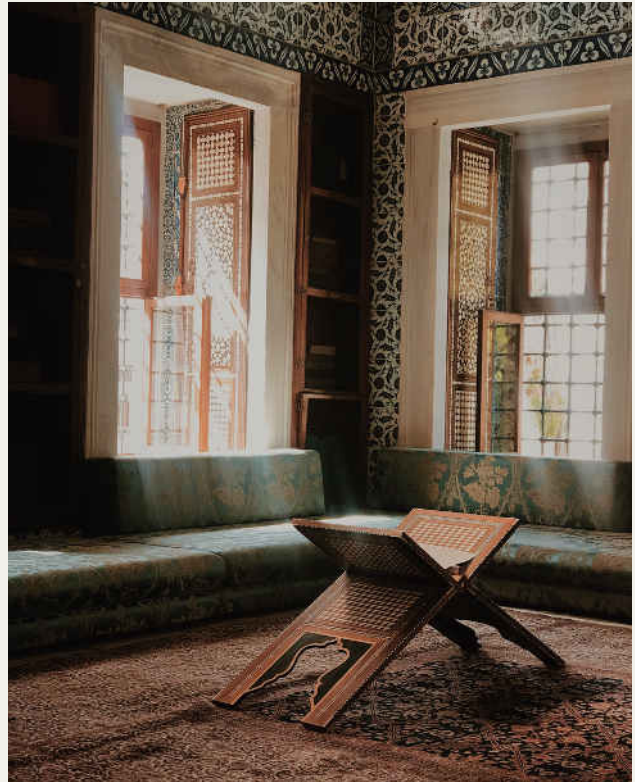


# Tabligh Newsletter

FOR NASIRAT AND STUDENT LAJNA

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As Ahmadi Muslims, never forget who you are and what you represent. ✨

Be aware that, as you strive to further the cause of the Ahmadiyya Muslim Community through Tabligh (outreach efforts), those who hear your message will ask what distinguishes the people who have accepted the Promised Messiah (peace be upon him)? They will observe whether you possess true love for God Almighty and whether you manifest the highest morals and virtues in every situation and every place. They will query whether you reflect those teachings that you invite others towards. If the answer to these questions is 'No', then how can you, in all sincerity, call others towards true Islam?" ✨

His Holiness Mirza Masroor Ahmad (may Allah be his Helper), concluding address at Jalsa Salana Ghana 2024



# Guidance from Huzur (aba)

## HOW CAN WE ADDRESS THE HATRED SOME HAVE AGAINST ISLAM?



The fact of the matter is that our task of doing Tabligh has not been done properly. If we do Tabligh in our respective areas, distribute pamphlets and tell people about the beautiful teachings of Islam, then people will at least come to know of the true teachings of Islam. The misconceptions about Islam have come about due to the mainstream Muslims, who have not accepted the Promised Messiah (as). Due to the harsh behaviour of clerics and so-called scholars and due to the false interpretations of the Holy Qur'an, Islam has been portrayed as a religion of extremism. We cannot remove these misconceptions straight away, however, this is our endeavour for which we shall continue to exert our efforts. Slowly convince them, whether it be one or two at a time, and at least convey the message.

The Holy Prophet (sa) stated the same, that your duty is to do Tabligh - "Balligh" [i.e.convey] - this was commanded in relation to the teachings revealed to him. After that, to guide a person is Allah the Almighty's job. Alongside this, however, our actions should also be good. If the actions of Ahmadi Muslims will be correct, and alongside Tabligh and distributing literature, if we create this perception in our area and environment, then one to ten people near us will themselves say that Ahmadiyyat is informing us of the teachings of Islam; and this happens in many places. Many people express that the manner in which the Ahmadiyya Jama'at spreads the message of Islam and informs us about Islam's teachings, that view is completely different than the view presented to us by the other Muslims, or the extremist clerics. That is why, it is our job to continue striving. We cannot change the world in an instant.

**(Click on the link to the Programme below. Answer starts at 4:12)**

THIS WEEK WITH  
HUZUR(ABA)

[Link to the  
programme](#)

12 JANUARY  
2024

# Umoore Talibaat - My Tabligh Experience



In the current state of global havoc and civil unrest, the message of peace and equity is one often forgotten and ignored. As the Palestinians face subjugation under the occupation in Gaza, the war between Russia and Ukraine forges, and persecution prevails against minorities across the globe, including that of our own Ahmadi Muslims, it is in this immanently unjust time that our message of love and peace must be shared more than ever.

The Peace Conference held by our Malden Manor Jama'at was therefore a step towards achieving this peace and spreading awareness. Having the blessed opportunity to take part in preparing for such an event and in discussing with non-Ahmadis around striving for global peace was immensely comforting and a beautiful experience overall.

A conversation I had with a lovely Catholic woman at the event had particularly stood out to me, as I introduced her to our magazine, Review of Religions and charity, Humanity First. We were discussing the global state of injustice and how innocent people were suffering, and we concluded with the imperative need for global unity. Unity within and between the Muslim Ummah, and unity across all faiths and beliefs. This is something that our Khalifa, Hazrat Mirza Masroor Ahmad (May Allah be his Helper) has repeatedly stressed in his Friday Sermons and addressed across multiple platforms.

The speeches given by our lovely guest speakers and Imams were eye-opening to say the least, and I speak for everyone when I say that it truly brought me hope for a better future. To see people of all different faiths come together to discuss peace and justice, and to put aside our differences and unite as one under God was something very beautiful to experience and witness. I am so grateful to have been able to partake in such a faith-inspiring event, and I know that all those who attended with me feel the same as well.

**Name: Sabika Ahsan**  
**Majlis: Malden Manor**





# Umoore Talibaat - My Tabligh Experience

**Name: Hamama Tul Bushra**  
**Majlis: Bait ul Ehsan**

Participating in regular religious discussions at school has been a very positive and eye-opening experience for me. Despite initial concerns about how my peers would react, I've been pleasantly surprised by their open-mindedness and curiosity. These conversations have not only strengthened my own faith but also created a sense of unity. I've been able to clarify misconceptions and promote understanding about practices like modesty and fasting, showing that these concepts are not exclusive to Islam nor are they a means of oppression.

**Name: Aafia Amber**  
**Majlis: Bait ul Ehsan**

Whilst wearing the hijab I've felt protected. During college, my non-Muslim friends would often hold drinking parties, go to clubs or partake in activities which aren't accepted in Islam. However, as I was covered, none of my friends would ask me to join them in these activities as they knew I was a Muslim (by how I was dressed).

**Name: Amtul Musawer Varisha**  
**Majlis: Bait ul Ehsan**

I had the chance to do tabligh in my school during RS lessons when we were learning about Islam. I was able to introduce the teachings of Islam Ahmadiyyat to my fellow classmates

**Name: Jazbah Tahir**  
**Majlis: Bait ul Ehsan**

I am studying religion as part of my GCSE's. When we are looking at Islam during our lessons, I take the opportunity to share additional information about my faith. Furthermore, I am an ambassador for religious studies, which gives me the opportunity to engage in discussions with my friends about Islam.



# Umoore Talibaat - My Tabligh Experience

**Name: Rabiha Nasir**

**Majlis: Bait ul Ehsan**

When I was younger, wearing a headscarf set me apart from everyone else. I remember feeling like the odd one out, as I was the only one embracing this aspect of my identity. Despite the stares and occasional questioning, it became a symbol of my faith and cultural heritage, instilling in me a sense of pride and uniqueness. Over time, as I grew older, I learned to embrace my individuality and confidently wear my headscarf as a symbol of my identity and beliefs, standing out not as an anomaly but as a proud representation of who I am.

**Name: Maham Kashaf**

**Majlis: Bait ul Ehsan**

As a Muslim woman, purdah holds profound significance in my life, especially since I started university. Embracing purdah isn't just a matter of religious adherence for me; it's a fundamental aspect of my identity and self-respect. In a world where societal norms often challenge modesty and blur personal boundaries, purdah serves as a shield, protecting my dignity and integrity. By observing purdah, I honour my faith and values while navigating the academic environment with confidence and grace. It's not about isolation or exclusion but rather about creating a space where I can thrive intellectually and spiritually without compromising my principles. Purdah empowers me to engage authentically with others while staying true to myself, fostering a sense of peace and harmony within.

**Name: Malahat Mansoor**

**Majlis: Bait ul Ehsan**

My experience of wearing Hijab at school started from a very young age. I started wearing hijab in March when I was in year 4. I remember the day I first wore it. It was so nerve-wracking for me. I was wearing a dark blue one-piece hijab my Tayee Ami had got for me to encourage me, but I remember taking it off as soon as I walked into school. But afterwards, I felt guilty, and during maths, I went to the bathroom and sat there, scared for 10 minutes with my hijab back on, scared to walk back into class. Eventually, a teacher assistant had to come get me because I was taking too long. But I walked into class and after a while, I felt like I had achieved something. Over the years, as I learned more about the purpose of wearing hijab, I fell in love with it, and there was a true meaning to why I was wearing it. It's normal to feel scared wearing the hijab for the first time, especially living in the West, but Alhamdulillah London is a very diverse city.



# Umoore Talibaat - My Tabligh Experience

As a current year 13 student, I recently had the opportunity to share the beauty and significance of Ramadan with my fellow classmates and teachers. Through a simple yet impactful presentation, I embarked on a journey of tabligh, aiming to educate and enlighten others about this sacred month in the Islamic calendar.

Inspired by our monthly tabligh meetings, the idea stemmed from a great desire to encourage understanding and bridge cultural gaps within our college community. The presentation delved into various aspects of Ramadan, including the spiritual significance of fasting, the obligation it holds for certain individuals, and the numerous benefits it brings to those who observe it.

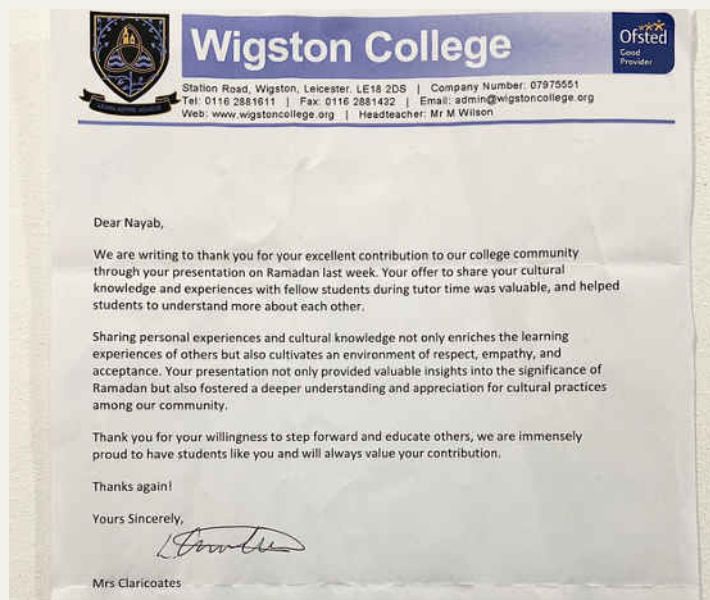
Undertaking this initiative was both exhilarating and nerve-racking. As I stood before my peers, I couldn't help but think would they be receptive and accepting? Would they understand the importance of this month to me and millions of Muslims worldwide? Would they appreciate my faith?

Alhamdulillah, the response was overwhelmingly positive. Navigating through the slides, I could sense genuine interest and curiosity among my audience. The questions that followed were thoughtful and reflective, indicating a sincere desire to learn and engage with a culture and faith different from their own.

However, the impact of the presentation had reverberated beyond the classrooms. The college administration took the time to express their gratitude through a heartfelt letter, acknowledging the value of fostering interfaith dialogue and tabligh.

Reflecting on this experience, I learnt how important it is to talk, understand others, and learn from each other to create peace and unity in our increasingly diverse society. Through initiatives like these, we can overcome cultural barriers, increase knowledge, and allow our religion to reach others! I hope this has inspired you all and may this encourage us all to increase in our efforts!

**Name: Nayab Mansoor**  
**Majlis: Leicester**



## Umoore Talibaat - My Tabligh Experience

As part of my personal Tabligh, I have previously invited my Religious Education teacher to many Jama'at events such as Peace Conference but she could never quite make it. This year, we were encouraged to invite members to come and have Iftaar with us. I once again invited my teacher and to my surprise she agreed to come. She said that she would love to come and asked if it was ok for her to also fast and experience fasting for that day to which I said yes that would be fine. On the day of the Jama'at Iftaar, she came before it was time to open the fast so she could listen to Murabbi Sahb's Dars. She was also given a mosque tour. During the mosque tour she asked questions about Huzoor (aba) and showed a lot of interest. We then listened to the Dars, which was about "The Holy Quran and Science - is there a link?"

We then broke fast and when it was time for namaz, she sat and observed and then during dinner she asked many questions about our local, regional and National events, in which I got to tell her about Jalsa Salana. She also told me that she acknowledged that we as Ahmadis are not welcomed by other Muslims which is why the school chose to come to our mosque on their school trip. She also said that she loved our motto "Love For All and Hatred For None" and felt that it should be something that everyone should live by. Before she left, she said that she was so glad that she came and that she felt very welcomed by all members of Jama'at. On behalf of the Jama'at she was given a goody bag which had some chocolates and some books, such as the philosophy of the teachings of Islam and The life of Mohammed (saw) alongside leaflets like Islam's response to extremism and The Messiah has come.

The next day, I sent her a message to thank her for making time and coming to the Iftaar and I hope she enjoyed her time. She replied to me later that day and said that she again felt very welcome and felt that she was able to deepen her knowledge. In fact she said that she had already started her lesson planning on The Quran and Science and she will also be reading the books. To end she said that she would love to come again next year. May Allah Almighty accept our humble efforts and grant us more opportunities to do Tabligh. Ameen.

**Name: Sabika Ahsan**

**Majlis: Malden Manor**





# Umoore Talibaat Tabligh Activities



## Wimbledon

Wimbledon student Lajna visited their local church for a discussion with the ladies of the congregation. They also held a Macmillian Coffee Morning where Umoore Talibaat held a stall to distribute leaflets and encourage guests to contribute to Voices for Peace.

## Masjid Fazal

Masjid Fazal Lajna members held an Interfaith Coffee Morning. They also donated gifts and food for the homeless.



## Walsall

Walsall Student Lajna put together a detailed and informative display for World Hijab Day.



## Lower Morden

Student Lajna of Lower Morden visited a care home and shared gifts with the residents.





# Nasirat- My Tabligh Experience

## **Poem written by Nasirat for International Women's Day Majlis: Milton Keynes**

Peace and love and harmony  
Tolerance, respect and loyalty  
A day of declaration, women of yore  
We are stronger together, evermore  
Love for all and hatred for none

After getting education like wings,  
Women's flight will collect many wins  
All gratitude to Prophet Muhammad,  
Elevating women to the heights  
Love for all and hatred for none

As women we gather here today,  
Celebrating us, in every way  
A century of strength, we have gained  
Through women who reign and remain  
Love for all and hatred for none

In hijabs we stand, proud and free,  
Breaking barriers of colour cast and creed  
Rid the world of selfishness and greed!  
"He" and "she" both have qualities,  
Love for all and hatred for none

Women are like two walls of a room,  
If we fall, it will surely be doomed  
As we are all one community  
Let's march forward, with the torch of peace  
Love for all and hatred for none

From the shadows to lights so bright  
Into the day from the night  
We have come so far together.  
Let's all stay united forever  
Love for all and hatred for none

## Nasirat- My Tabligh Experience



**Name: Hibba Shah**

**Majlis: Shirley**

My name is Hibba Shah, and I am from Shirley Jamaat. I am 12 years old and I wear the hijab. I started wearing the hijab in year 3 because I saw my mum and my family members wearing it, so I decided to wear it as well. I was in Year 4 when covid started so I had online zoom classes for which I didn't wear my hijab when I turned on the camera, I was 9 years old, but it came to a certain point and I thought if I wear it to school why do I not wear it online, so I started wearing it. It was in Year 5 when my thoughts really changed. I was the only person who wore the hijab in my whole year, and I just felt different. Whenever there was a class photo, I just thought I was the "odd one out" but I just kept in my mind that my mum wears it, so she inspired me.

I was so nervous to go into Year 7 and I was scared because there were people I didn't know at all. I found friends who didn't wear the hijab but whom I had similarities with. I loved to do different hijab styles and have a collection of different hijab colors. Now, when I go out somewhere I always notice that no one's watching me - I feel protected and safe when I wear my hijab whereas those women that don't cover themselves or dress modest are not safe because men are watching/staring at them. I also feel like Nasirat Classes and the Jamaat have helped me a lot because whenever I go to the mosque, I feel that I have a lot of similarities with other girls and a lot of people that can and have helped me through my journey of wearing the hijab. I also feel like Huzoor's (aba) advice and 'This Week with Huzoor' has helped me a lot because I have listened to Huzoor's (aba) advice and obeyed it. The Jamaat is a blessing for us - you get to learn a lot and you have people that are there to help, support and guide you.

# Nasirat- My Tabligh Experience

**Name: Pareeza Ahmad**

**Majlis: Raynes Park**

My name is Pareeza, I am 10 years old. I have a lot of non-Ahmadi friends. Recently me and my Ahmadi friends did an assembly about Islam. At first when we practised our presentation, I felt really thrilled and delighted. When we started to rehearse, I realised that this was a totally different assembly than all the other ones I have done because it was talking about my religion. Once everyone came into the hall, I felt really nervous and anxious like always. We all got to ask the audience questions about the slides we were presenting and as I watched my non-Ahmadi friends answer them, I felt super proud. After everyone read their lines, it was finally my turn. I read my lines proudly. I felt really glad that I didn't mess up my lines when I was talking because I was really worried while I was speaking. In the end I got to say thanks for listening to the presentation.

I have some friends that are Christian and some that are Muslim. My Christian friends know that I'm Muslim and they always respect me and my religion. I started to wear my scarf this year too and all my friends and class fellows supported me. I even got the opportunity to stand on a Tabligh stall with my mum. I had to hand out leaflets to people on the street. This was a bit scary for me especially when people with dogs came close to us. However, it was very empowering to know that we are spreading Islam to those who are not Muslims.





## Nasirat- My Tabligh Experience

The Nasirat Iftari event at our mosque was an extraordinary celebration of unity, culture, and faith, filled with a wide range of engaging activities that brought together members of our community, both Ahmadi and non-Ahmadi alike. Central to the event's success was the warm invitation extended to our non-Ahmadi friends, creating an atmosphere of inclusivity and friendship.

The event was brimming with excitement as attendees partook in various activities tailored to entertain Nasirat and guests of all ages. From the hijab try-on station, where individuals had the chance to explore and appreciate Islamic attire, to the creative outlet provided by cookie decorating and the cultural significance of date fillings, there was something for everyone. The addition of fruit skewers and henna applications added to the festive atmosphere, allowing participants to indulge in both delicious treats and traditional adornment. As the day progressed, the highlight was undoubtedly the collective breaking of the fast, or iftaar, where all attendees gathered to share in the joyous occasion. Traditional Ramadan special foods adorned the tables.

Throughout the event, the Nasirat played a pivotal role as hosts of each activity, guiding both Ahmadi and non-Ahmadi guests with warmth and hospitality. This role not only empowered the Nasirat but also allowed them to showcase their leadership skills and dedication to service. Ultimately, the Tabligh event was a resounding success, with our non-Ahmadi friends expressing their gratitude and enjoyment for the enriching experience. It was a testament to the power of community, friendship, and shared values, leaving a lasting impression on all who attended.

**Names: Areesha Pall, Aysha Sadiqa, Fouzia Bhatti, Huda Naila Ghaffar, Quratul Ain Tahir, Taqwa Ali and Zabreen Siddiqui**  
**Majlis: Hounslow South**



## Nasirat- My Tabligh Experience

I recently did a presentation about the topic of Islam, during my RE lesson in School. I told my class that Islam means peace and submission. I showed my classmates the Holy Quran, Prayer mat, the pretty prayer scarves, and Prayer hats. I let them wear the scarves and hats for their own experience. I also explained and showed my class how Muslims pray. I received many questions from my classmates about why we need to pray, to which I replied "because we are Muslim and Prayers are obligatory. we want to get near to Allah and gain his blessings and pleasure".

My class was very excited to learn about Islam and I would like to encourage other Nasirat to take part in Religious Education lessons. I'm doing this since the last two years and that has really boosted my confidence to talk about my religion in front of non-Muslims and created a very positive impact on my classmates about Islam.

**Name: Haniya Noman**  
**Majlis: Northampton**

I am a Waqf-e-Nau in year 5 and i am going to tell you about my recent tabligh experience at school. We were learning about Islam in Religious Education and I offered to do a class presentation. For a whole night me and my brother stayed up to complete my presentation. It included things like 'What is Hajj?', 'The five Pillars of Islam' and about the different types of hijabs girls and women wear outside.

At the end my class and my teacher gave me so many good remarks. I even got to show them the Holy Qur'an. People were saying well done and my headteacher was very happy! This makes me so proud to be a Muslim and so happy that I could share my faith with my class.

**Name: Tabina Ahmad**  
**Majlis: Colliers Wood**







# Nasirat Tabligh Activities



## MILTON KEYNES

Nasirat from Milton Keynes participated in their local International Women's Day event



## DEER PARK & PUTNEY HEATH

Deer Park and Putney Heath Nasirat have been helping the environment by taking part in tree planting.



## CARSHALTON

Carshalton Nasirat baked cakes for fund raising and made thank you cards for their interfaith event.



## SPEN VALLEY

Spen Valley Nasirat celebrated World Hijab Day, and Nasirat actively participated, delivering speeches and engaging in art and craft activities





# Nasirat Tabligh Activities



## Hounslow South

Hounslow South held a Nasirat Iftari today. The whole event was planned by 13-15 Nasirat who wanted to invite their friends to the mosque. The friends enjoyed themselves a lot! We had 7 different activities and lots of delicious food!



## Nasirat Tabligh Activities



### WALSALL

Walsall Nasirat did a workshop on “what does it mean to be an Ahmadi Muslim” and put together a display for World Hijab Day.



### SOLIHULL

Solihull Nasirat made Seasons Greetings and New Year cards for their neighbours.



# Nasirat Activities - National Taleem and Tarbiyyat Class 2024

THIS YEAR AT THE NATIONAL TALIM & TARBIIYAT CLASS ALL AGE GROUPS OF NASIRAT TOOK PART IN TABLIGH WORKSHOPS TO BUILD ON THEIR KNOWLEDGE AND EXPERIENCES OF TABLIGH.

## 10-12 AGE GROUP

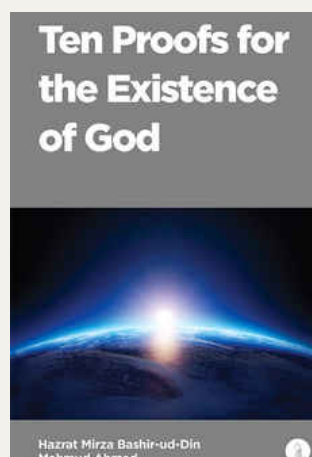
As one of the shura topics this year is based on Tabligh, the topic was briefly introduced focusing on identifying the differences between silent vs active tabligh, the purpose of tabligh and explaining Chapter 16 verse 126 of the Holy Qur'an (which is the theme of the year).



**ACTIVITY:** As Nasirat were seated around tables, they were provided with pages of A3 paper and flipchart pens. Each group was asked to discuss the scenarios we put on the screen. After 5-8 mins of discussing, groups were then invited to come and present their thoughts and suggestions on how they would handle these situations.

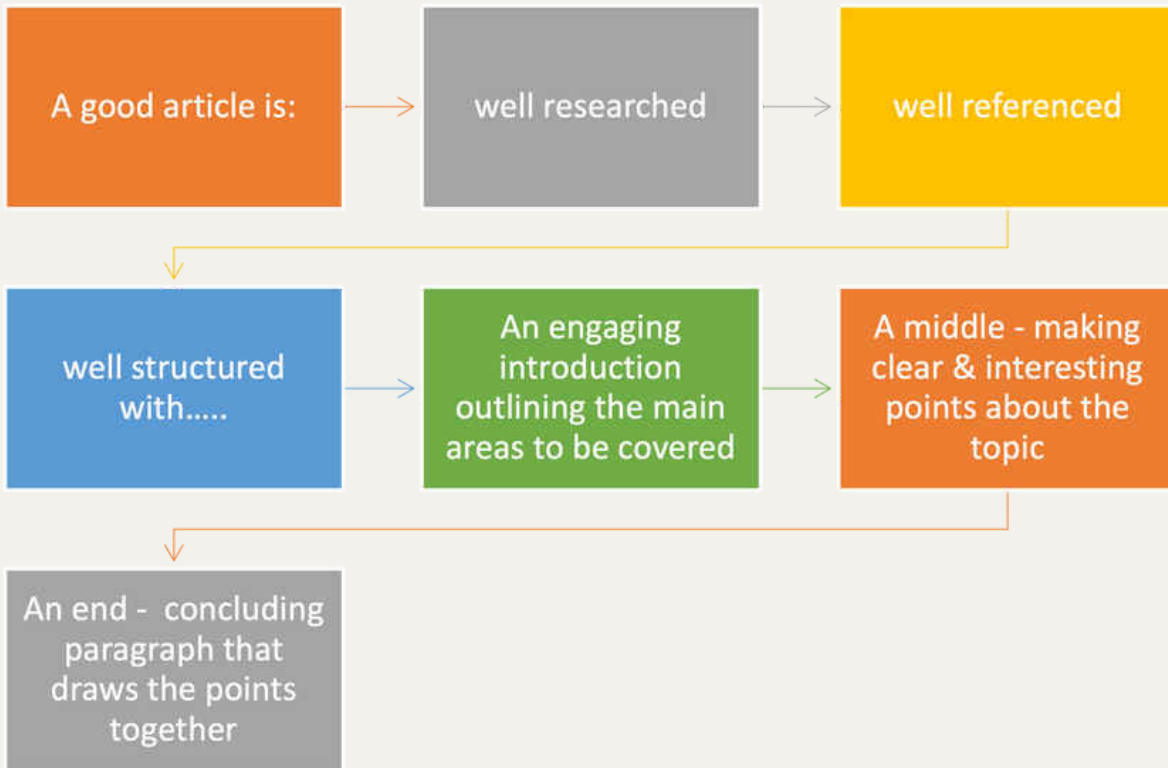
## AGE GROUP 13-15

Nasirat listened to a Presentation on the Existence of God. This was based on the book 'Ten Proofs for the Existence of God'.





# Spotlight on Article Writing- What Makes a Good Article?



## AN ARTICLE CAN

- DESCRIBE AN EXPERIENCE, EVENT, PERSON OR PLACE
- PRESENT AN OPINION OR BALANCED ARGUMENT
- PROVIDE INFORMATION
- OFFER SUGGESTIONS
- OFFER ADVICE

## REMEMBER

**BEFORE YOU BEGIN WRITING IT IS IMPORTANT TO CONSIDER:**

- WHERE IS THE ARTICLE GOING TO APPEAR?
- WHO ARE THE INTENDED READERS?
- WHAT IS THE AIM OF THE ARTICLE? TO ADVISE, SUGGEST, INFORM, DESCRIBE?

**NOW: PRACTICE YOUR WRITING SKILLS BY SENDING US A SHORT ARTICLE ABOUT AN INSPIRING TABLIGH EXPERIENCE YOU HAD. WE WILL COMPILE ALL THE ARTICLES AND PUBLISH THEM AT THE END OF THE LAJNA YEAR INSHA'ALLAH.**

# Useful Tabligh Resources - Understanding-islam.co.uk

Have you visited the Understanding Islam website yet? It contains lots of presentations about Islam, covering topics relevant to the Religious Studies Syllabus for Primary and Secondary Schools.

Plus, we have recently added 5 new presentations specifically aimed at students in secondary schools – don't forget to check them out here: [www.understanding-islam.co.uk](http://www.understanding-islam.co.uk) and please remember to share the resources with your school!

ISLAM AND SCIENCE



ISLAM & MODESTY



TAWHID & SHAHADA



**U** UNDERSTANDING  
**ISLAM**

SOURCES OF AUTHORITY IN ISLAM



WOMEN IN ISLAM



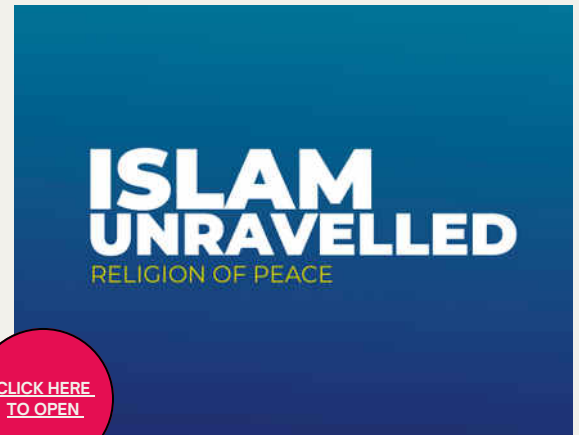
# Useful Tabligh Resources



Long-form articles and Youtube videos by Ahmadi Muslims on topics covering science, religion and society.



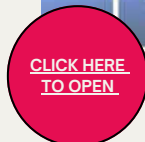
A Youtube channel with short videos covering contemporary issues in light of the teachings of Islam Ahmadiyyat.



Youtube videos addressing questions and misconceptions people may have about Ahmadiyyat.



Weekly videos of virtual meetings conducted by Huzoor Aqdas (aba) consisting of his guidance in question and answer sessions.





# Useful Tabligh Resources- Apps



THE TEN CONDITIONS OF BAI'AT



ASK AHMADIYYAT



MOBILE FRIDAY SERMONS



KHALIFA OF ISLAM



MUHAMMAD (SAW) FACT CHECK



HOLY QURAN



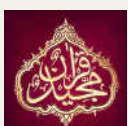
ASK ISLAM



AL-ISLAM



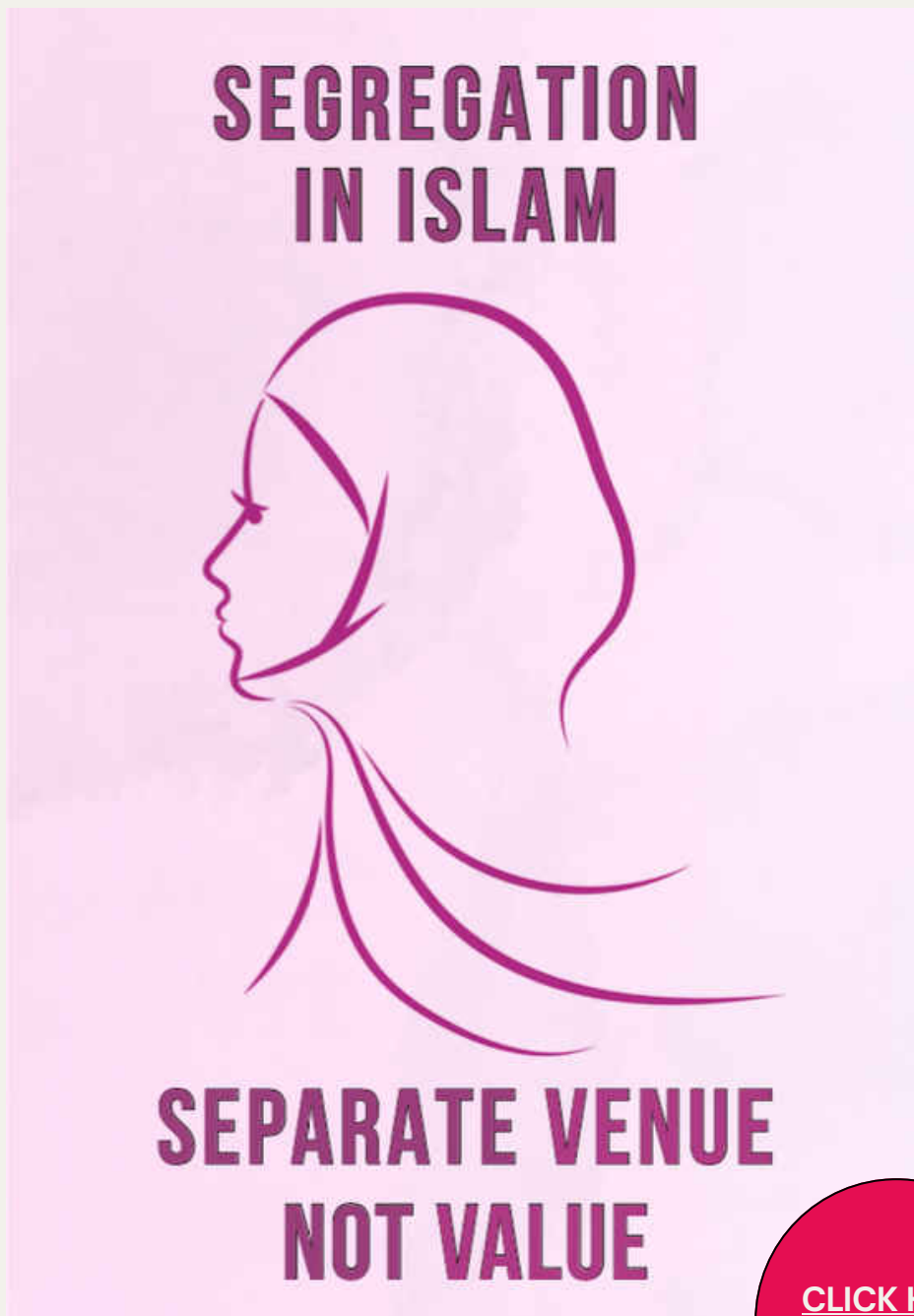
REVIEW OF RELIGIONS



HOLYQURAN.IO.

## New Tabligh Resource

The National Tabligh Dept have produced a new leaflet which outlines Islam's teachings about segregation. Be sure to have a read by clicking on the link below!



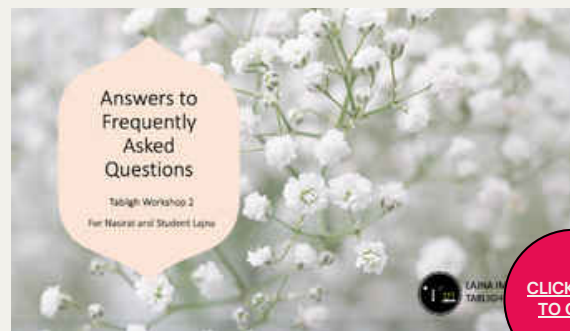
[CLICK HERE  
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# Tabligh Training Workshops

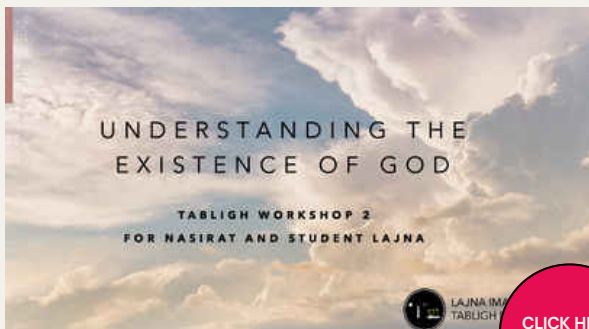
in accordance with the Recommendations of the Shura proposal 2023, each Majlis is required to hold at least two Tabligh Training days per Lajna year for Nasirat and Students. The materials for the second training day cover the following topics:



[CLICK HERE TO OPEN](#)



[CLICK HERE TO OPEN](#)



[CLICK HERE TO OPEN](#)



[CLICK HERE TO OPEN](#)

Have you had your first Tabligh Training Workshop? If so, we hope inshallah that you found it helpful! We will shortly send out the materials for Workshop 2!



# Tabligh opportunities - useful dates

## April 2024

- 02- International Childrens Book Day
- 07- World Health Day
- 10- Eid-ul-Fitr
- 22- Earth Day

## May 2024

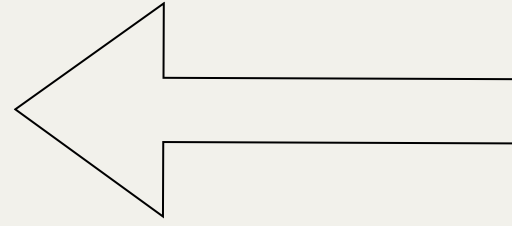
- 15- International Day of Families

## June 2024

- 01- Global Day of Parents
- 05- World Environment Day
- 16- Fathers Day



# Your Tabligh Challenge!



## YOUR TABLIGH CHALLENGE

Beloved Huzur (aba) has repeatedly emphasised the importance of silent Tabligh, which is Tabligh through our good deeds, kind words and considerate actions towards others.

For this quarter's Challenge, we would like you to keep a Journal and record all your silent Tabligh efforts over the next few months! Insha'Allah you will be amazed at how much silent Tabligh you are doing each day! Don't forget, even a smile is a form of silent Tabligh 😊

Be sure to share your experiences with your Tabligh Buddy!



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Please direct any questions or comments to the Tabligh Department

[Lajnatablighuk@gmail.com](mailto:Lajnatablighuk@gmail.com)

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