



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



Lajna Ima'illah UK Talim Lesson Plan

April 2024

1. Activity —→ Ramadan and the Importance of the Holy Quran

Allah Almighty says in Sura Al Baqarah (Chapter 2), Verse 186 of the Holy Quran: ***'The month of Ramadan is that in which the Qur'an was sent down as a guidance for mankind with clear proofs of guidance and discrimination. Therefore, whosoever of you is present at home in this month, let him fast therein. But whoso is sick or is on a journey, shall fast the same number of other days. Allah desires to give you facility and He desires not hardship for you, and that you may complete the number, and that you may exalt Allah for His having guided you and that you may be grateful.'***

This verse of the Holy Quran directs us to the commandment of Fasting in the month of Ramadan but also signifies the importance of this month as being that of when the Holy Quran was revealed. Our relationship with the Holy Quran should last throughout our lives and not be limited to a single month. However, the month of Ramadan has a unique and close link with the Holy Quran, as stated in this verse

- Please study Chapter 2:186 of the Holy Quran with its commentary.

When studying this verse, consider the following points - What does the commentary of this verse tell us about the reason for which the month of Ramadan was selected for the purpose of fasting? The revelation of the Quran in the month of Ramadan may mean two things – what are these? What is meant by 'He desires not hardship for you'?

RESOURCES:

Five Volume Commentary of the Holy Quran, page 296 <https://www.alislam.org/quran/five-vol/Five-Volume-Commentary-Vol-1.pdf>



2. Activity —→ Commandments of the Holy Quran

In the Holy Quran, Allah Almighty states in Chapter 2:22:

“Worship your Lord”

Beloved Huzur (aba) has directed us that while reflecting over the Holy Quran and while trying to understand it, we should also put its teaching in practice so that we become those fresh and verdant branches which reach into heaven and which are connected to God.

In regards to the above Commandment, in his Friday Sermon of 26 July 2013 Beloved Huzur (aba) explained,

“The first commandment forbids associating anyone with God. Which sensible person would associate partners with God Who has created us and Who nurtures our mental, physical and spiritual capacities and gives us all the blessings? Yet, people do not understand and associate partners with God. They do not try to understand the significance of Shirk in depth. Each age and era has had people who have had this tendency and this is why the first message of Prophets of God is teaching against Shirk; indeed Shirk is an unforgivable sin”

- Members should strive to understand and put into practice the Commandments of the Holy Quran.
- Please read and study the commentary of verse 2:22 of the Holy Quran as well as Beloved Huzur’s Friday Sermon on Following the Commandments of the Holy Quran.

RESOURCES: Friday Sermon 26 July 2013 <https://www.alislam.org/friday-sermon/2013-07-26.html>



3. Activity —→ Hadith

“No Deed is Better than Good Conduct”

Narrated by Hadrat Abu Darda' (ra):

The Holy Prophet (saw) said: ***“Nothing weighs heavier in the scale of God than the excellence of conduct”*** (Sunan Abu Dawud, Book of Manners, Chapter: Good Morals).

- Members should reflect on this Hadith with its explanatory notes and consider the following points in regards to it
- What is meant by excellent social conduct and why has Islam laid such great emphasis on it?
- How did the Holy Prophet (saw) exemplify excellence in social conduct in his daily life in accordance with the teachings of Islam?
- What attributes of Allah Taala must one strive to emulate in order to excel in good social conduct?

RESOURCES: Forty Gems of Beauty Hadith No. 32, Page 132

<https://www.alislam.org/library/books/Forty-Gems-of-Beauty.pdf>

4. Activity —→

Malfuzat

“Sympathy and compassion for Friends”

The Promised Messiah (as) said:

“The fact of the matter is that my friends are a part of me, as are my limbs. We observe in our daily lives that even the smallest of parts, such as a finger for example, if subject to pain, agitates and distresses the entire body. Allah the Exalted is well-aware that in exactly the same way, constantly at every moment, I forever remain anxious and concerned about whether my friends are in a state of ease and comfort. This sympathy and compassion which I feel is not the result of any artificial effort or unnaturally. In fact, just as a mother is incessantly absorbed in ensuring that each and every one of her children are in peace and comfort, no matter their number, I find my heart replete, in the way of Allah, with the same tenderness and compassion for my friends. This sympathy is so burning that when I receive a letter from any one of my friends alluding to a grief or illness with which they are suffering, my disposition becomes restless and disturbed, and I am taken aback by grief. As our dear ones increase, this grief increases in equal proportion. There is no hour in which I am free from some form of apprehension and grief, because from among the vast number of my friends, one or the other is afflicted by some form of grief or pain. When they inform me of their worries, my heart becomes perturbed and restless. I cannot describe the amount of time that I suffer from worries. Since there is no being other than Allah Almighty who can deliver one from such worries and concerns, I engage myself constantly in prayers. The foremost prayer that I offer is for my friends to be saved from grief and worry because the thought of them overwhelms me with anguish and agony. Then, I pray in the general sense that if there is anyone who suffers from some form of grief and hardship, may Allah Almighty grant them deliverance. My entire effort and every ounce of my passion moves me to supplicate before Allah the Exalted. Much hope can be gained from the acceptance of prayer.” MALFUZAT, VOLUME 1, PAGE 101.

The Promised Messiah (as), who was the most ardent follower of the Holy Prophet (saw) was the epitome of compassion and kindness towards others.

- In your Talim workshop, please reflect on the extract above from Malfuzat and by sharing some of the examples of the immense compassion and sympathy of the Promised Messiah (as) as per the reference below, discuss what drives sympathy for others and how can we instil this quality within ourselves?

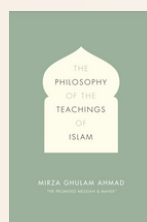
RESOURCES:

Life of the Promised Messiah (as) by Hadrat Maulvi Abdul Karim Sahib (ra). Page 67, Page 74 and Page 103 <https://www.alislam.org/library/books/Life-of-the-Promised-Messiah.pdf>



5. Activity —→ The Philosophy of the Teachings of Islam

- As members continue to study this book of the Promised Messiah (as), please consider the following questions as you read and understand the components of this book –
- What is the impact of the soul and the body on each other? How can the physical, moral and spiritual conditions of man be reformed?
- How does the Holy Quran take the human being step by step to the highest spiritual level?



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