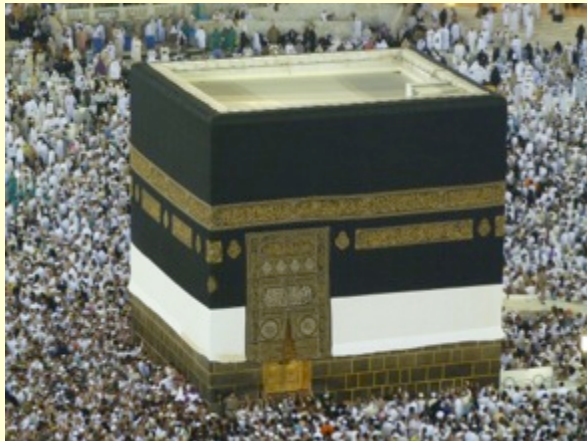
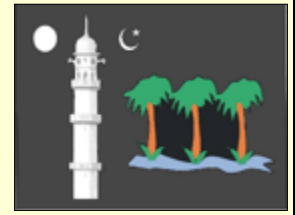


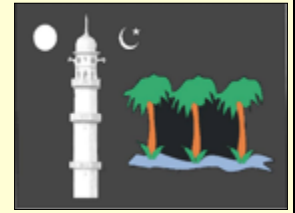
SALAT

Some images and information have been taken from the
Waqfe Nau Syllabus Age 0-7



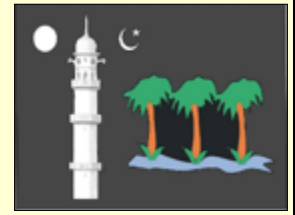


- Where there is a level of understanding then those children should be made aware of the importance of salat (prayer) and why Muslims are required to offer prayers and that we are supposed to do so five times a day.
- Explain that it is one of the pillars of Islam.
- Children learn through example, so it's so important to offer prayers with your children. Get them to offer their prayers with you by simply standing with you and copying you.

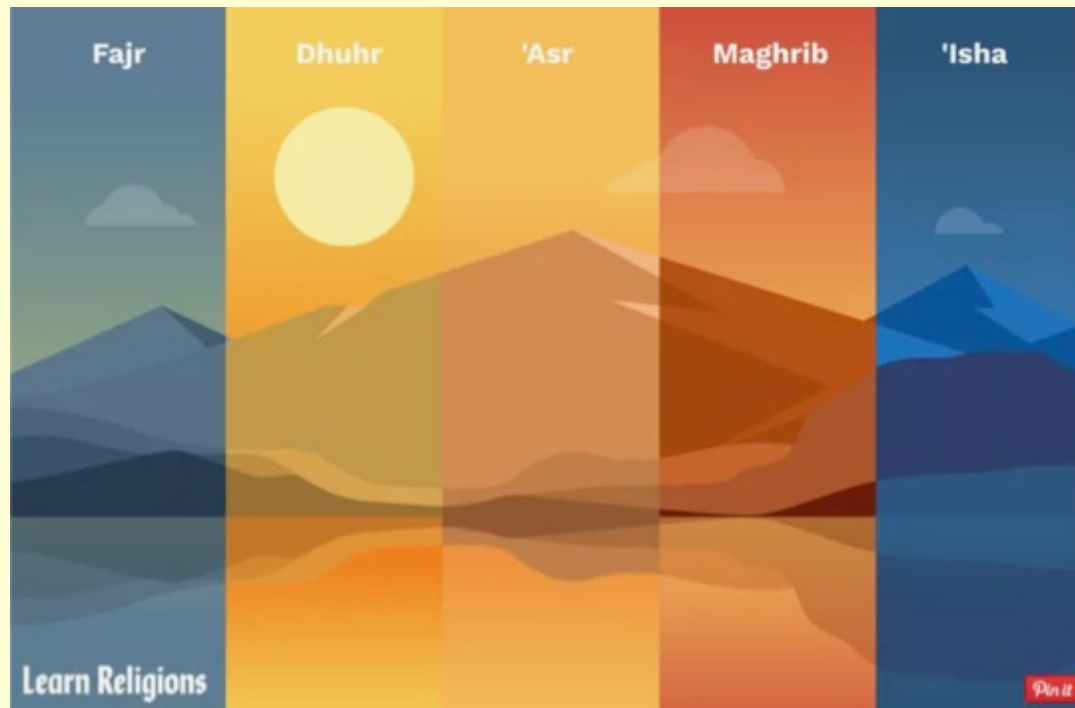


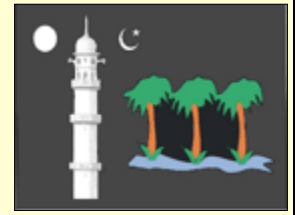
Talk about how we should make ourselves ready for salat:

1. Timings
2. Cleanliness – Wudhu and tayammum
3. Dress
4. Face Qiblah
5. Intention (Niyyat)



Use a clock and images to explain the different timings of salat and the length of each prayer.



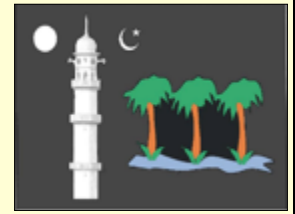


Prayer	Sunnah (Nafil)	Farz	Sunnah (Nafil)	Witr	Total Rakat	Time Limits
Fajr	2	2	-	-	4	Dawn (first light of day) to 15 minutes before sunrise
Zuhr	4	4	2, (2)	-	10 or 12	Mid-day to the time of Asr
Asr	(4)	4	-	-	4 or 8	Mid afternoon to 20 min before sunset
Maghrib	-	3	2, (2)	-	5 or 7	Immediately after sunset till dusk
Isha	-	4	2, (2)	3	9 or 11	Nightfall (dusk) to midnight

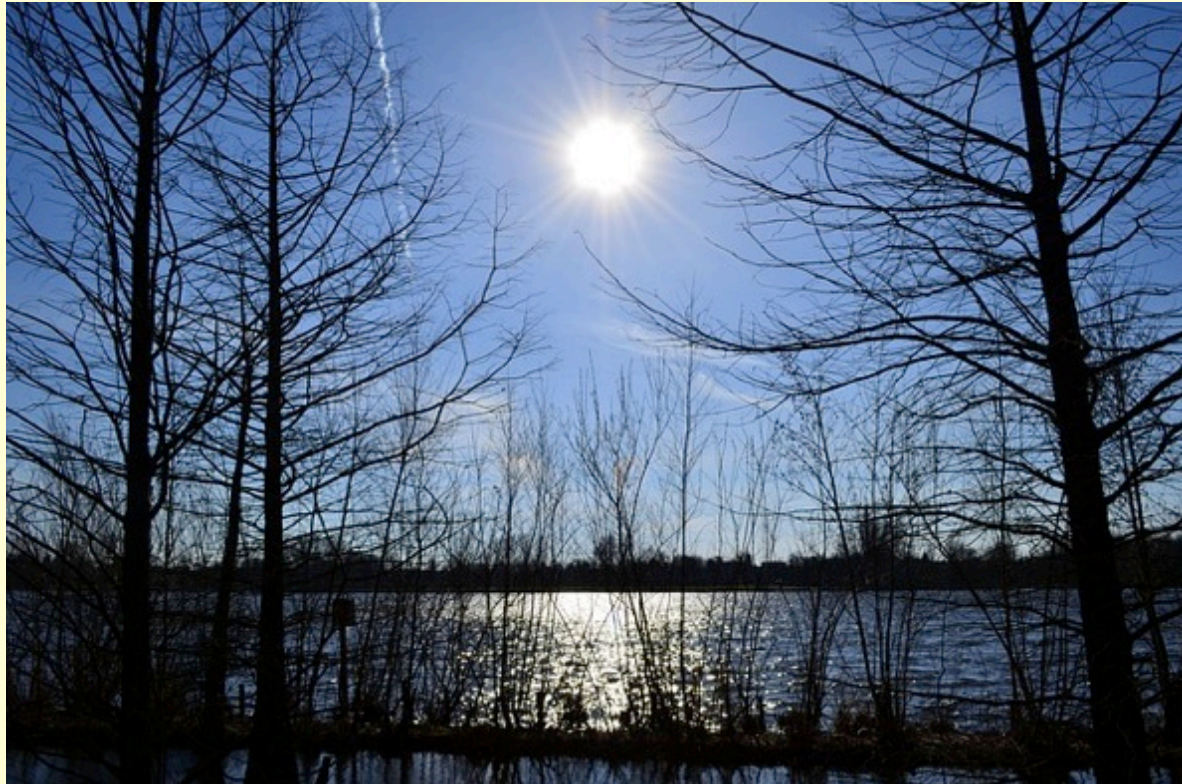


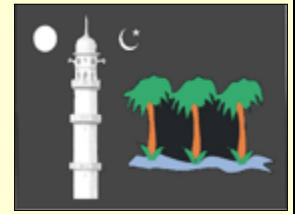
FAJR





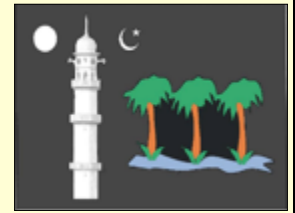
ZUHR



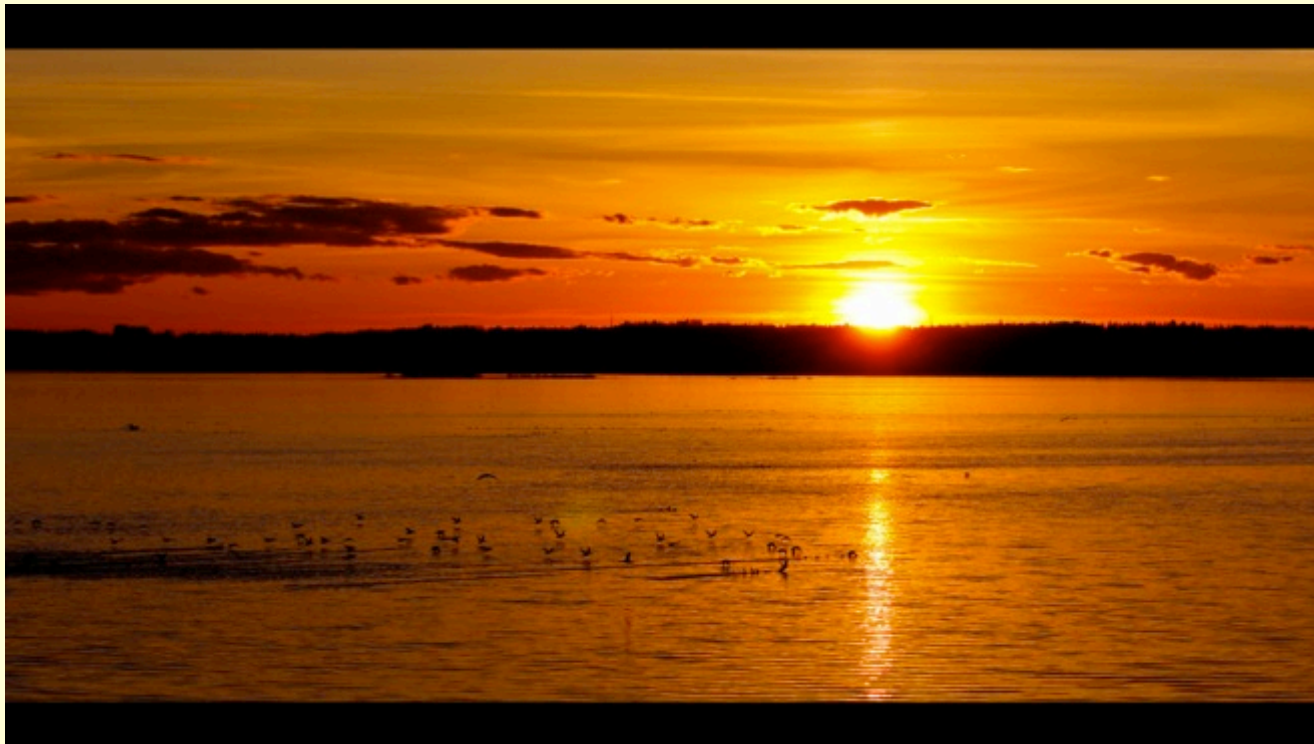


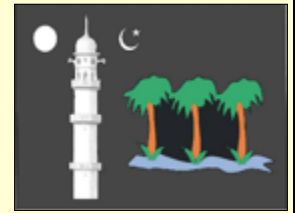
ASR





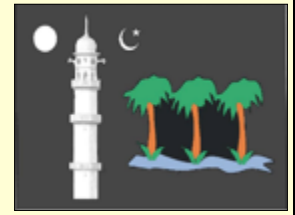
MAGHRIB





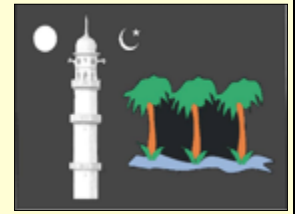
ISHA





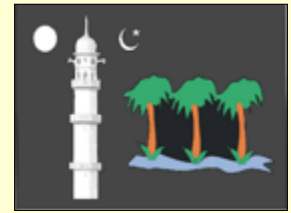
Explain how we should try and behave when we offer our prayers by jamaat at the mosque.





Explain the call to prayer – adhan
In earlier times the adhan would be recited from the top of a minaret.
Now we have modern technology and speakers so that we can hear the adhan loudly and the adhan can travel much further...





Here are some visuals from the Waqfe Nau syllabus which could help – we haven't added all of the prayers

-ABLUTION (WUZU)-

- Ablution is essential before Salat.
Steps to perform ablution are as follows:
 - Recite Bismillah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillahir rahmaanir raheem



- Wash your hands three times up to the wrist; the right hand first and then the left.



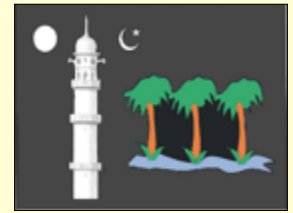
- Clean your mouth by rinsing it with water three times, massaging the gums at the same time.



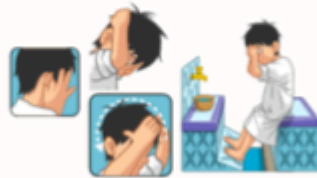
- Clean the nostrils thoroughly by putting some water in them.



- Wash the face three times.



- Wash the forearms including the elbows three times (right arm first and then left).



- Moisten the hands and run them over the head from front and top down to the neck, then run the thumbs around the ears and wipe inside the ears using index fingers.



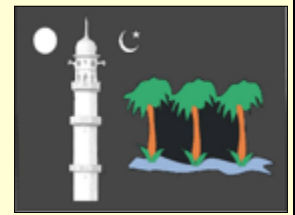
- Wash the feet including ankles, three times; the right foot first and then the left.

- Recite the Prayer after Wuzu (ablution).

اللَّهُمَّ اجْعَلْنِي مِنَ السَّوَابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

Allahum maj alni minat-tawwabeena waj alni minal muta-tahhiseen

O Allah! Make me from among those who repent of their sins and from among those who keep themselves pure and clean.



-RAFA YADAIN-



- Raise both hands to the level of ears and say:

الله أكبر

Allahu Akbar

Allah is the Greatest

-NIYYAT-

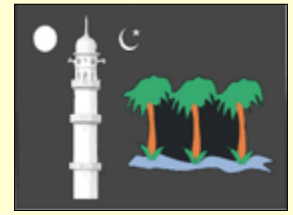
- Face towards the Kaaba and recite the Niyyat:

وَجَّهْتُ وَجْهِيَ لِلَّذِي فَطَرَ السَّمَاوَاتِ وَالْأَرْضَ حَنِيفًا وَمَا أَنَا
مِنَ الْمُشْرِكِينَ

*Wajjahtu wajhiya lillazi fatarassamawati
wal arda hanifan wama ana minal mushrikeen*

*I have turned my full attention towards Him
Who has created the heavens and the earth,
being ever-inclined to Him, and I am not one of those
who associate partners with Allah.*





-QIYAAM-

- ❑ Folding hands: The right hand should be on top of the left hand. This is called Qiyaam. Sanaa, Al-Faatiha and another portion of the Holy Quran is recited in this part.

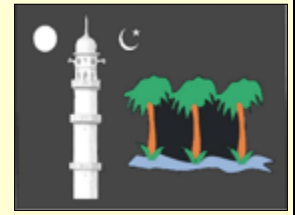


-SANAA-

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ وَلَا إِلَهَ غَيْرُكَ

*Subhanakallah humma wabi hamdika wata barakasmuka
wata ala jadduka wa laa ilaha ghairuk*

*Glory to You, O Allah, the Praiseworthy,
and blessed is Your name, and exalted is Your majesty,
and there is none to be worshiped besides You.*



-RUKOO-

- ❑ After reciting these verses or any other portion of the Holy Quran bow (rukoo) by calling out Allahu Akbar اللهُ أَكْبَرُ

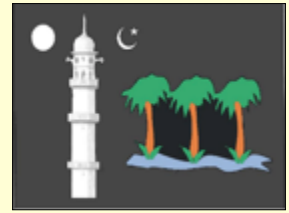


- ❑ Say by repeating in silence, three times:

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhaana rabbi yal azeem

Holy is my Lord, the most Great



- Then return to the standing posture by saying:

سَمِعَ اللهُ لِمَنْ حَمِدَهُ

Sami allahu liman hamidah

Allah hears him who praises Him



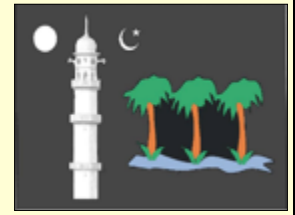
-TAHMEED-

- Then say Tahmeed in the standing position:

رَبَّنَا وَلَكَ الْحَمْدُ حَمْدًا كَثِيرًا طَيِّبًا مُبَارَكًا فِيهِ

Rabbanaa wa lakal hamd, hamdan kaseeran tayyiban mubarakan fihi

*Our Lord, Yours is the praise - praise that is abundant,
pure and full of blessings.*



-SAJDAH-

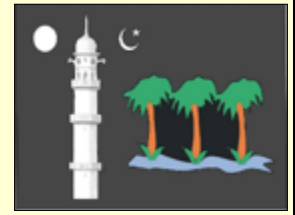
- After this say Allahu Akbar **الله أكبر** and go down to postrate (sajdah). While postrating, the forehead, nose, palms of both hands, knees and toes should be touching the ground. Do not let the elbows rest in the ground. Whilst in prostration, recite the following three times:

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana rabbi yal ala

Glory to my God the Most High





-JALSAH-

- Say Allahu Akbar **الله أكبر** and sit down. One should sit down on the left foot while the toes of your right foot should be touching the ground. Keeping the hands on the knees and recite the following:

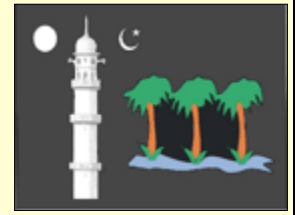


رَبِّ اغْفِرْ لِي وَارْحَمْنِي وَاهْدِنِي وَعَافِنِي وَأَجِبْنِي وَارْزُقْنِي وَارْفَعْنِي

Rabigh firli warhamni wahdini wa aafini wajburni warzuqni warfani

*O Allah, forgive me and have mercy on me,
and guide me and keep me in good health, and raise me up,
and make good my shortcoming.*

- After this, another sajdah is performed and the same prayer is repeated as in the first one. at the end of the second sajdah, Say Allahu Akbar **الله أكبر** and stand up for the second rakat. Complete the second rakat in the same way as the first one.



- TASHAH-HUD -

- ❑ After the second prostration, say Allahu Akbar **اللهُ أَكْبَرُ**, sit down the same way as before and recite silently:

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ
وَبَرَكَاتُهُ السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ

*Attahiyatu lillahi was salawatu wat tayyibatu.
Asslamu alaika ayyuhan nabiyyu wa rahma tullahi wa barakatuhu.
Assalamu Alaina wa ala ibaadilla his saliheen.*

*All verbal worship is due to Allah - and all physical acts of worship
and financial sacrifices. Peace be on you, O Prophet,
and the Mercy of Allah and His Blessings.
Peace be on us and the righteous servants of Allah.*

- ❑ At this point, raise the index finger to recite:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ



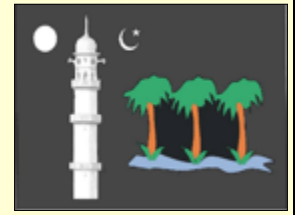
- ❑ Lower the finger

وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

*Ash hadu alla ilaha illallahu
wa ash hadu anna Muhammadan abduhu wa rasooluh*

*I bear witness that there is no god but Allah,
and I bear witness that Muhammad is His Servant and Messenger.*





Explain and teach the prayers that go after sajdah and before salam!

-SALAM-

- ❑ Turn your face to the right and say the following, and then turn your face to the left and say the same:

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

Assalamu Alaikum wa Rahmatullah

Peace be on you and the blessings of Allah.

- ❑ This concludes the Salat.

