

SESSION 3 Primary Years



Parenting Project Focused on Boys Tarbiyyat

Lajna Ima'illah UK

SESSION 3 PRIMARY YEARS

Today's Session....

Informative session



- **Important Tarbiyyat points**
- **Listening Skills**
- **Setting boundaries & Consequences**

Discussion Session



- **Purdah and Modesty**

Recap - Session 2

Pre-schoolers

Islamic Prescribed Ceremonies

Tarbiyyat Points for Pre-schoolers

Understanding your child

Understanding behaviour



Parenting- Rasing Models of Righteousness in Children

God Almighty has taught us the following prayer in the Holy Quran:

And make my seed righteous for me. I do turn to Thee; and, truly, I am of those who submit to Thee (Al-Ahqaf 16)

Huzur e Anwar(aba) explaining the above verse said:

Here, the prayer is for the reformation of children, and alongside it has been acknowledged that the individual will aspire to become among those who submit to and obey God Almighty (Friday Sermon July 14, 2017).

Friday Sermon July 14, 2017, by Hazrat Khalifatul Masih V

[Desire for children and their proper upbringing \(alislam.org\)](http://alislam.org)

Prayers First

The Promised Messiah (as) said:

"If a person states that he longs for a virtuous and pious progeny which shall serve faith (which indeed is a great desire to have), **however this will merely be a claim unless he makes an effort to improve his own condition**". Huzur(as) further stated that **moral training and prayers for this must be our top priority**".

[Desire for children and their proper upbringing \(alislam.org\)](http://alislam.org)

Responsibilities of a Mother

"All of you who are part of *Lajna Imaillah*, who claim to be the servants of Allah, must therefore understand your responsibilities towards your children! You must establish the very highest standards and values within your homes. You must act according to Allah's commands. This is of particular importance considering you are living in a society where it is easy for our children to be misled or misguided" (Address at Lajna Imaillah UK Ijtema 2015).

[Women's Responsibilities: Fulfilling the Conditions of Bai'at \(alislam.org\)](http://alislam.org)

Important Tarbiyyat Aspects

Safeguarding Salat: Instructions by Hazrat Khalifatul Masih V^(aba)

“Only guarding and supervising Prayers will guarantee to keep us and our future generations free of sins and wrongdoings. ... If you want to save your children from falling into (these) filthy and obscene practices, then the best way is try to make them regular with Prayers” (Khutubat e Masroor Vol. 3 pp 372-373).

"Salat should be offered in congregation, should be offered regularly, and should be offered on time.... The Holy Prophet (sa) has said that offering prayers in congregation increases the reward 27-fold” (Friday Sermon June 22, 2012).



[The Observance of Prayer \(alislam.org\)](http://alislam.org)

[Importance of Salat \(alislam.org\)](http://alislam.org)

Encourage Salat Routine

- "Likewise, to make children habitual in prayers, Prophet Muhammad (peace be upon him) said that **children must be advised to offer Salat when they reach the age of 7.** And at the age of 10, some strictness could also be applied to make them consistent in Salat. However, if parents themselves are not punctual in Salat, then how can they expect their children to do so" (Friday Sermon January 20, 2017).
- Establishment of congregational Salat in the home is essential to create awareness of the importance of Salat in children and helps inculcate good morals and habits in children.
 - Having an Adhan clock at home and a designated area in the house for the performance of Salat can also be helpful.

Inculcate Love of Allah and the Holy Quran

- The love of Allah should be instilled in children so that they understand that Allah is their best friend and that they can always turn to Him.
- Parents to help children learn and improve their recitation through various resources. The Jama'at provides this service through the programs such as Yassarnal Quran Lessons & Al-Tarteel on MTA .
- Also, classes through the **International Talimul-Qur'an Academy** which offers the services of certified Qur'an teachers, provides multilingual courses for all group ages to learn.
- Children to be taught the prayers of the Holy Qur'an and explained its meanings and significance.



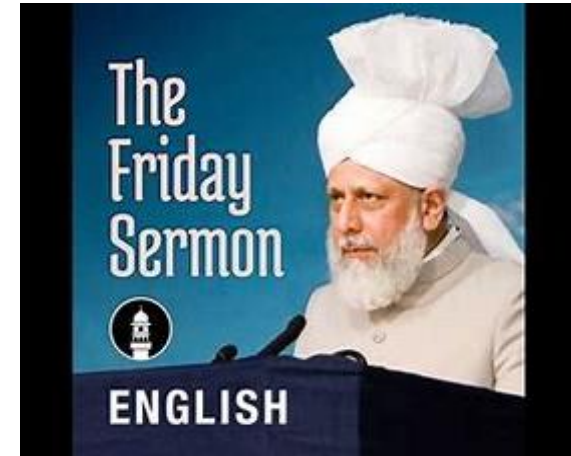
Hazrat Musleh-e-Maud's^(ra) *Speech "Ta'alluq Billah"*, delivered on 28 December 1952 at Jalsa Salana Rabwah

[10 ways to achieve Allah's love \(alislam.org\)](http://alislam.org)

Attachment with Khilafat

Love and obedience to the institution of Khilafat should be cultivated in children from a very young age

- One way is to emphasize the importance of praying for Huzur (aba) and requesting Huzur(aba) for prayers.
- Families should set aside a time to watch the Friday Sermons as well as other programs on MTA. At the end of the Sermon, the main points can be discussed as a family. Children can greatly benefit from programmes like ****Kids Programme**Friday Sermon for Kids** .
- There is no better way to strengthen children's relationship with Huzur (aba) than to have a personal Mulaqaat with him, or to attend an event graced by Huzur's (aba) presence.
- Sharing stories with children of relationships with the present and past Khulfa's is an excellent way of imbibing the love of the Khalifa in their hearts.



Atfal-ul-Ahmadiyya: Their first Journey

Once children **turn seven years old**, they automatically become members of **Atfal-ul-Ahmadiyya (boys)** and should be attending the Atfal meetings on a regular basis. Parents have the responsibility to talk to their children about the importance of these meetings.



MAJLIS
ATFALUL AHMADIYYA
UNITED KINGDOM

Golden Guidance by Hadrat Khalifatul Maih III (rh)

“The Atfal of our Jama’at have to grow up, spread our message and be responsible for the training of nations. That is why it is important that you learn about your religion at this age . Create the love of God and His Holy Prophet (saw) in your hearts”.

Balanced Early Life Education

- The Promised Messiah (as) further states about children making mistakes in early childhood: '... If they are not stopped in their childhood and guided with love during their early years, then gradually they will increase in their ill actions.'
- In another place, the Promised Messiah (as) states: '**It is also important to teach them about their faith.** It should not be the case that they are completely occupied in pursue of their secular education and worldly endeavours and thus parents do not pay any attention to teach them about their faith and nor make any arrangements for them to be taught. **It is extremely important to teach them about their faith and their beliefs.**

Friday Sermon July 14, 2017 by Hazrat Khalifatul Masih V

[Desire for children and their proper upbringing \(alislam.org\)](http://alislam.org)

Tech Awareness

“There is a widespread problem here of children demanding from their parents to buy them mobile phones. Some are just 10 years of age and say that they should have a mobile phone. Are you doing some sort of business? Or are you are doing some kind of work in which information is required to be accessed every minute? When asked, they reply ‘we need to call our parents.’ If your parents are not worried, there is also no need for you to worry, because phones can also lead to bad habits. Through phones, some people contact children directly and then incite them into bad habits.

Hence, the phone is also a very harmful thing due to which children lose all good sense and get involved in wrongdoings, so avoid this. As for the TV programs, as I said you may watch cartoons or informative programs. However, you must avoid all vulgar and indecent programs.”

(Address at National Itfal tul Ahmadiyya Ijtema Germany 16 September 2011. Published AlFazl Internatonl 09 March 2012) [Role of Parents in the Training of Children \(alislam.org\)](http://alislam.org)

[Social Media & E-Safety \(lajna.org.uk\)](http://lajna.org.uk)



Ideal home for Kids

Huzur^(aba) stressed the importance of creating a peaceful and loving environment at home for the children and said that the parents have to make sacrifices in order to ensure that their children are brought up in the right environment.

In particular Huzoor^(aba) **stressed the absolute necessity of ensuring that no negative comments are mentioned about the Jama'at in the household**, Huzoor^(aba) said that if there is a genuine complaint one should go through the proper channel **and refrain from making injurious comments in the family environment**. Huzoor^(aba) explained that unless the parents present a good model themselves children would never abide by them if their deeds and words were not in harmony" (Friday Sermon of June 27th, 2003).

Golden Rules of Tarbiyyat by Hazrat Amman Jan (ra)

The following advice given by Hazrat Amman Jan (ra) is extremely relevant at this stage of a child's life:

- **The first thing that Hazrat Amman Jan (ra) would teach children is to hate lying.**

Hadrat Amman Jan (ra) firstly insisted that her children must never lie despite fearing the worst consequences. **She taught that falsehood is indeed a form of "shirk" (idolatry)**, because the perpetrator does it out of fear of an individual or punishments, which they perceive as greater than Allah Almighty. As Hadrat Khalifatul Masih IV(rh) related, Hadrat Amman Jan (ra) did not stress anything more greatly than **“developing a revulsion for deceit” in her children.**

- **Secondly, like Hadrat Amman Jan(ra) and the Promised Messiah(as) , parents should ensure that their children feel that they have belief and confidence in them.** This instils self-confidence and high self-esteem in them. Children believe that if their parents respect them so too will others.
- **Thirdly Hazrat Amman Jan (ra) would always inculcate the habit of obedience in her children. One of the top tips from Hadrat Amman Jan (ra) in this regard is that One should try to instil the habit of obedience to parents in children. If children learn the importance of obedience, then it is reasonable to overlook their smaller acts of mischief.**

Hazrat Amman Jan (ra) further advised **"Do not say to a child "listen" all the time, but then when you do say it, then enforce what you say so the child develops the habit of obedience. However, do not bother him all the time"**.

Hazrat Amman Jan (ra) by Munavara Ghauri, p. 128,188, Lajna Ima'illah UK, Islam International Publications Ltd.

- **Most Importantly, Hadrat Amman Jan(ra) emphasised the importance of prayer.** She prayed continuously, day and night. Almost every utterance and action became a prayer on Hadrat Amman Jan's lips. For example, whilst eating with any of her grandchildren she would put a morsel of food in their mouth uttering; "**Oh Allah Almighty make his/her fortune good**". Also, if one of the children was leaving the house Hadrat Amman Jan (ra) would bid farewell with a prayer; "**Go, and may Allah Almighty be your Protector and Helper**". She also instructed them to offer the greeting of "Salam", as they entered and left the house.

Takeaway Message

- **Spending Quality time** : "Sometimes children can pick up wrong things or habits from their schools or outside. And **so, you must give ample time to your children**. You must explain to them what is right and what is wrong. You must instil within them those values that are to be cherished and protected. You must explain Islamic teachings to them and tell them that these are the commands of Allah, and it was to re-establish these values that Allah sent the Promised Messiah^(as)" (Address at Lajna Imaillah UK Ijtima 2015).
- **Education at school**: "In terms of their school education, of course you should encourage your children to learn and to attain the highest standards. However, if in the name of freedom, the schools ever teach things that are contrary to Islam then you should explain clearly to your children what your values and beliefs are. This is a great responsibility laid before you, because one day the world's reformation will be the task of your children)" (Address at Lajna Imaillah UK Ijtima 2015).

Address at Lajna Imaillah UK Ijtima 2015.

[Women's Responsibilities: Fulfilling the Conditions of Bai'at \(alislam.org\)](http://alislam.org)

- **Keeping company with the Righteous**

Hazrat Khalifatul-Masih II (ra) stated: “Parents should choose well-behaved children as associates for their children. The parents too will benefit from this arrangement”.

- **To be clear about the Islamic Guidelines** about what we do celebrate and what can become a source of Bid’at (innovations in the faith). If children are prevented from something, then they must be told of the long-term benefit of their actions and the importance of pleasing Allah.

- Most importantly as children grow older, it is important to teach and encourage them to **pray for themselves**.

[Moral Training of the Child \(alislam.org\)](http://alislam.org)



Last Session.....

Understanding
your child

Key discipline
techniques

Toddler
differences
girls & boys

AUTHORITATIVE Parenting

Listen	Encourage	Limits	Express	Allow
Listen to their children	Encourage independence	Place limits, consequences and expectations on their children's behaviour	Express warmth and nurturance	Allow children to express opinions

LISTENING



The importance of listening

Not immediately trying to advise, find a solution or console

You don't need to 'fix' your child or talk them out of how they feel



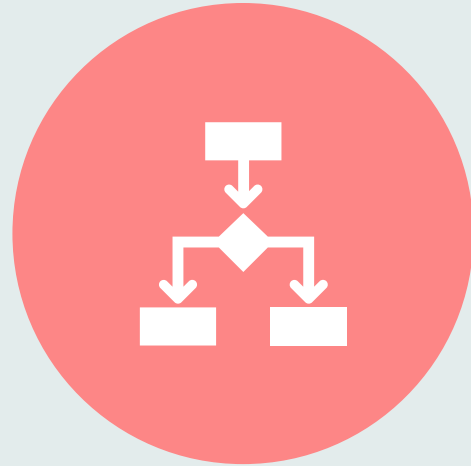
- Give your full attention
- Let them speak
- Try to identify the child's feeling
- Respect your child's views
- Solutions can follow on later



Do we have to listen this way *all* of the time?



Setting Boundaries and Routines using positive Parenting strategies



DISCIPLINE- WHAT
DOES IT MEAN?



TO TEACH

What forms of discipline were used on you/can you think of?

The Look

Lecture

Ignore

Threat

Miss dinner/a treat

sent to bed/other room

Shouting

Smacking

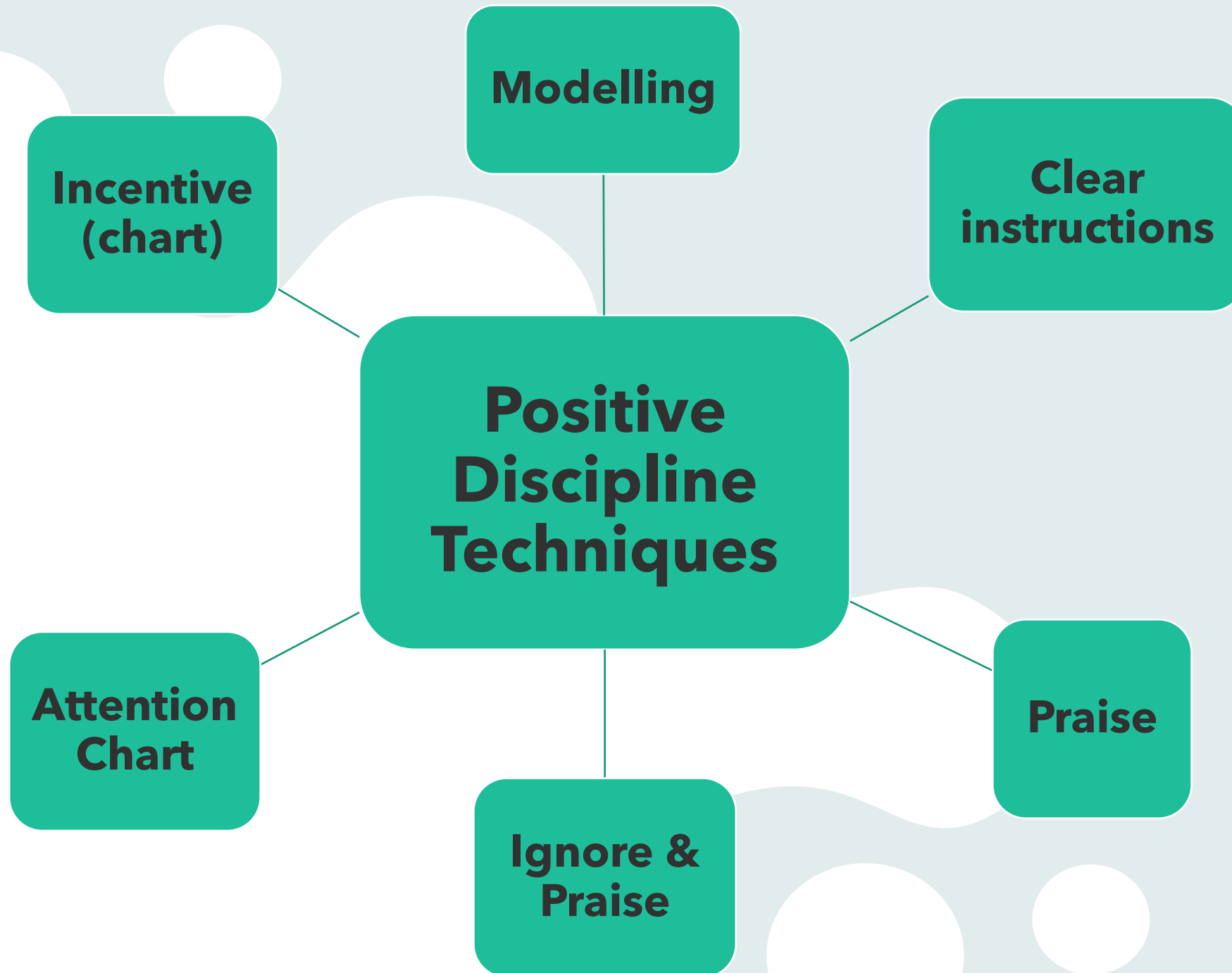
Praise

Positive attention

incentives

Modelling

Clear instructions



Corrective Discipline Techniques

Natural
Consequence

Logical
Consequence

Take Away
Privilege

Family Rule
Discussion

Time
Out/Time In

Natural Consequences



Logical Consequences

Logical consequences are put in place by an adult

Examples:

if a child runs off, they must hold your hand for the rest of the walk

If they make a mess they (help) clean it up



Behaviour



Consequence

Can be used in place of threats/punishment

“if you don’t tidy your room, you can’t watch TV”

instead, “when you have tidied your room you can watch your programme”

If child forgets homework, they will be in trouble/get detention at school

So the consequence is connected to the behaviour – it makes sense, and is not about shaming or punishing the child, or “I told you so”



Take Away Privilege

If your child is being disrespectful, or refusing to do what you have asked - what could you do?



Family Rule Discussion

Family Meeting tonight!



Time Out

Your 10 year old hits his younger brother - now what do you do?



“I – message”



- ▶ Enables you to express your feelings without labelling or blaming your child
- ▶ Describe the specific behaviour: When you . . .
- ▶ Describe how you feel: I feel . . .
- ▶ Describe the specific effect of the behaviour on you

Responding



Click to add text



Top tips

Be realistic

Avoid threats

**Say yes if you can,
say no if you have
to**

Be consistent

**Move on once
they've 'done their
time'**

**Get older children
involved**

**Give yourself time
out if necessary to
keep calm**