Problem Solving



Peer pressure

Relationships



Academic

Self doubt/ Insecurities



- = Confidence
- = Independence
- = Self achievement
- = Success
- =Autonomy
- =Accomplishment



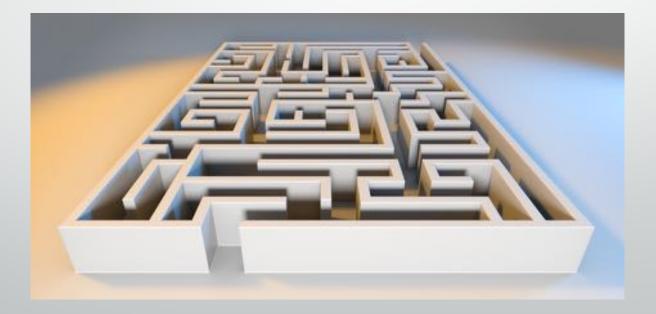
Identify the Problem



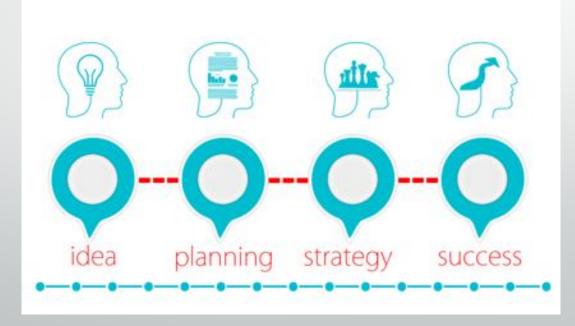
Why is it a problem?



Brainstorm Solutions



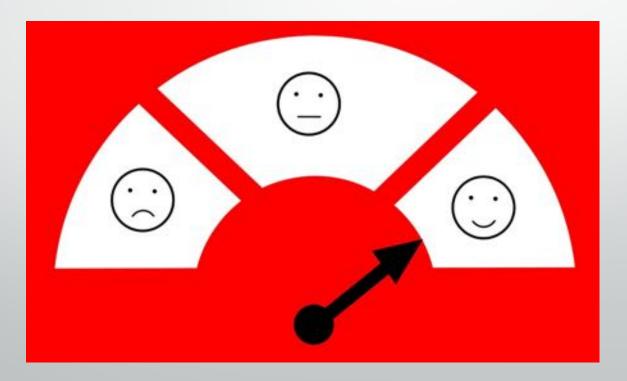
Evaluate Solutions



Action!

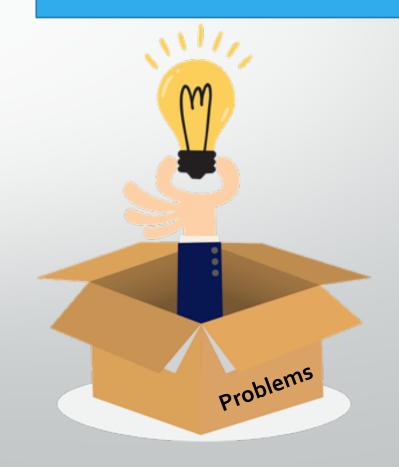


Evaluate Outcome



You are on your way to a job interview. Whilst on the train, you realise that you have forgotten a crucial document which you had to bring along with you. What do you do?

One of your best friends is really struggling with a coursework assignment. She has found someone online who will write the assignment for her for a fee of £50. She does not want to tell her family so she asks if she can borrow the money from you. **What do you do?** You have 2 assignments due in a day's time. Both require a significant amount of time, but you do not think you can complete both. **What should you do?**



SUCCESS

