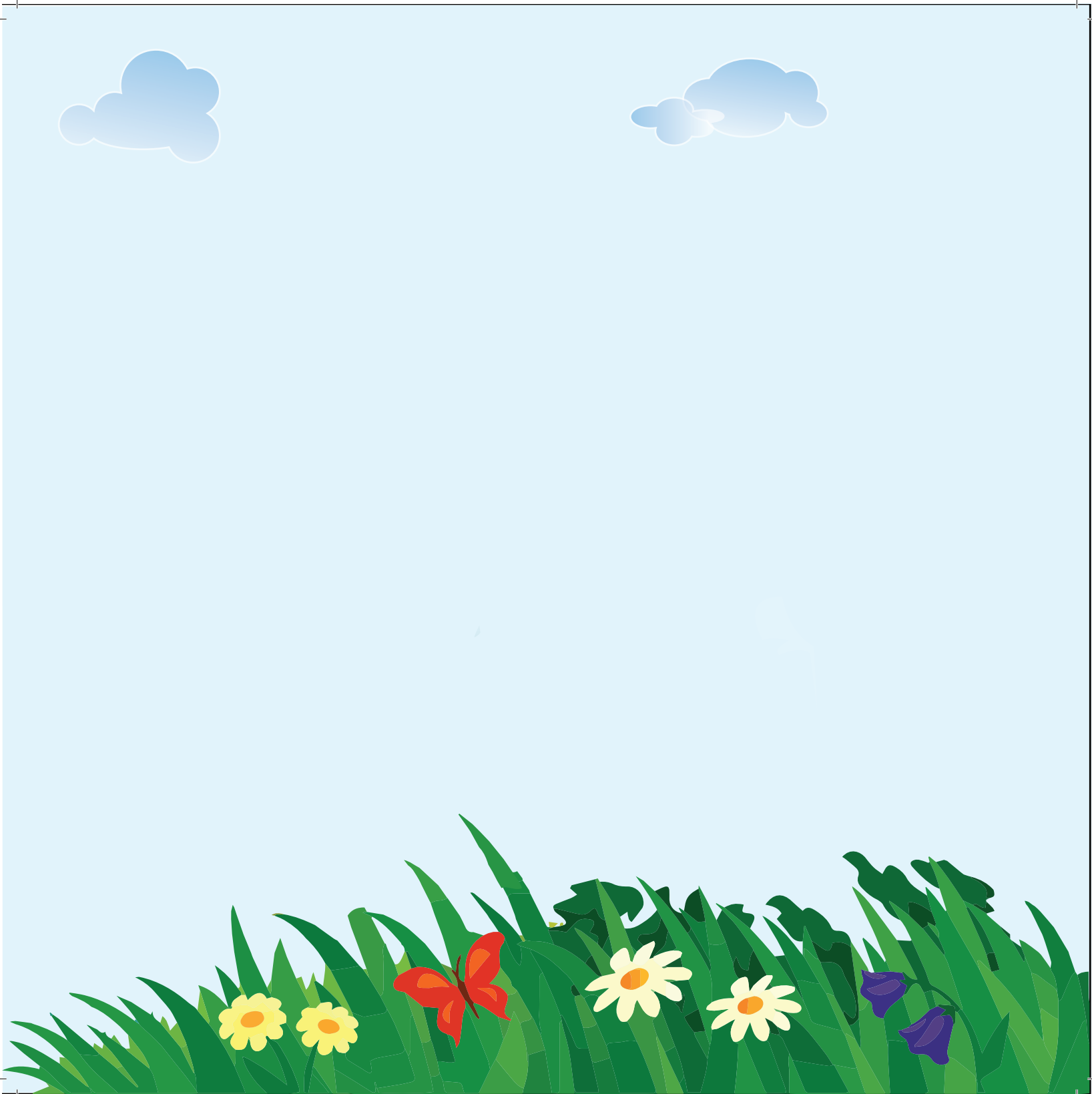


# My First Book of Prayers



Publications Department-Lajna Ima'illah UK





# My First Book of Prayers

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In the name of Allah, the Gracious, the Merciful

This is a bright colourful booklet of short Prayers for young children and beginners which includes Prayers in Arabic, with English translation plus English transliteration to help with pronunciation. The booklet introduces children to the importance of remembering Allah all the time.

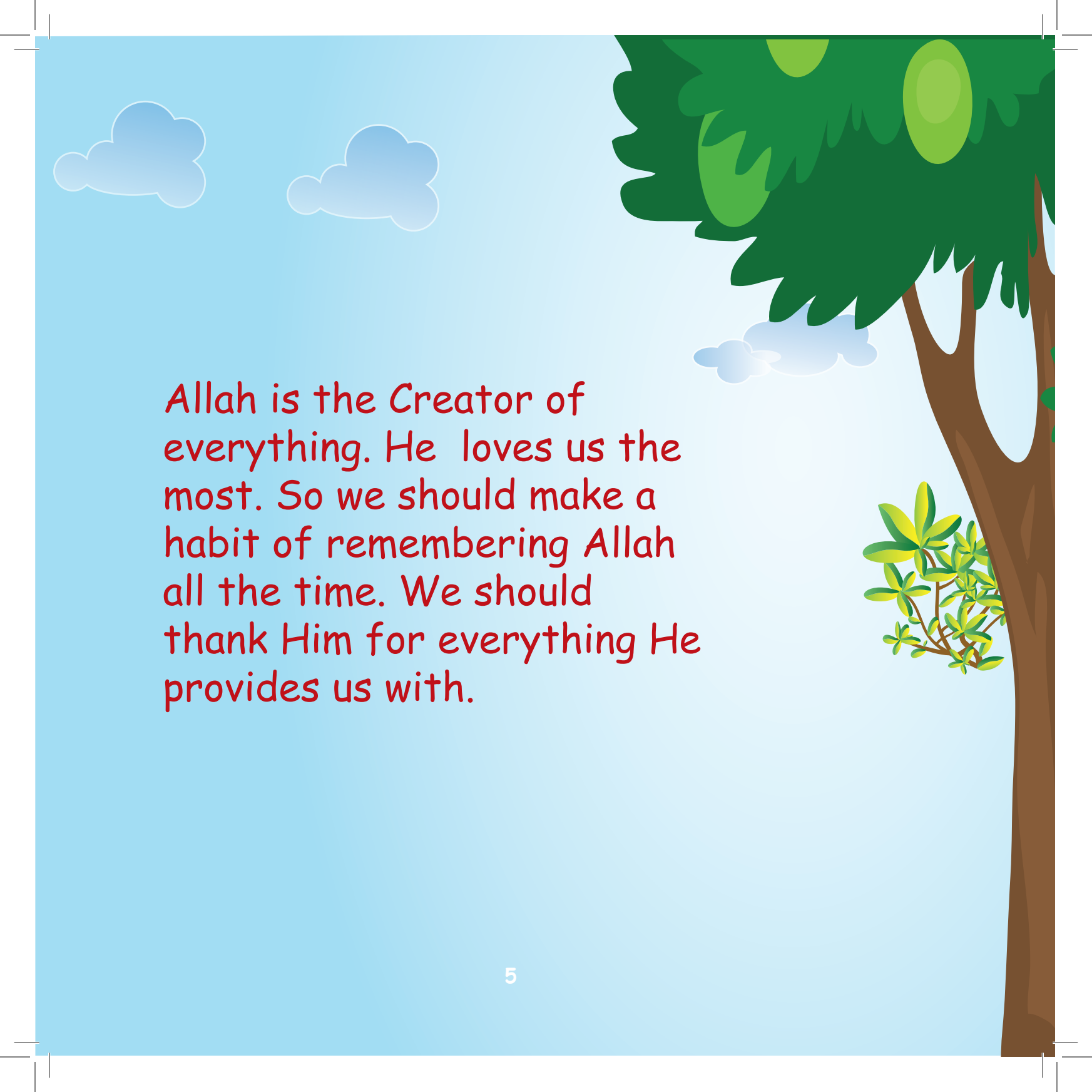
Some words in the translation maybe a little difficult for young children to understand. Parents are advised to help them with these words.

We would like to acknowledge Mr. Munir-ud-Din Shams (Additional Wakilut-Tasnif) for kindly reviewing the Arabic, English translation and transliteration. Our sincere gratitude to Mrs. Nasira Rehman, Sadr Lajna Ima'illah UK for her support and encouragement.


May this collection of Prayers be a source of blessing for you. Ameen

Zahida Ahmed  
Secretary Publications  
Lajna Ima'illah UK 2016





Allah is the Creator of everything. He loves us the most. So we should make a habit of remembering Allah all the time. We should thank Him for everything He provides us with.



Rabia, will  
you help me learn some  
Prayers?

Umm.. ok Waqas, let's  
learn them together.



Before starting any work we should remember to recite...

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ .

Bismillaahir-Rahmaanir-Raheem

In the name of Allah, the Gracious, the Merciful.







Before starting a meal we  
should recite....

بِسْمِ اللَّهِ وَعَلَى بَرَكَاتِهِ.

Bismillaahi wa `alaa barakatillahi

In the name of Allah and with the blessings of Allah (I  
start eating).











And on finishing our meal  
we thank Allah for providing  
us with the food we eat by  
reciting...

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَ سَقَانَا  
وَجَعَلَنَا مِنَ الْمُسْلِمِينَ.

Alhamdu lillaahillazee at-`ama-naa wa saqaanaa  
waja`alanaa minal-muslimeen

All praise belongs to Allah, Who provided us with food  
and drink and enabled us to be Muslims (submissive to  
God).







When we go to bed  
before going to sleep  
we should recite ...

اَللّٰهُمَّ بِاِسْمِكَ اَمُوْتُ وَاَحْيٰ.

Allaahumma bismika amootu wa ah-yaa

O Allah, in your name I die (sleep) and I become alive  
(awake).









And on waking up recite...

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَاَنَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ .

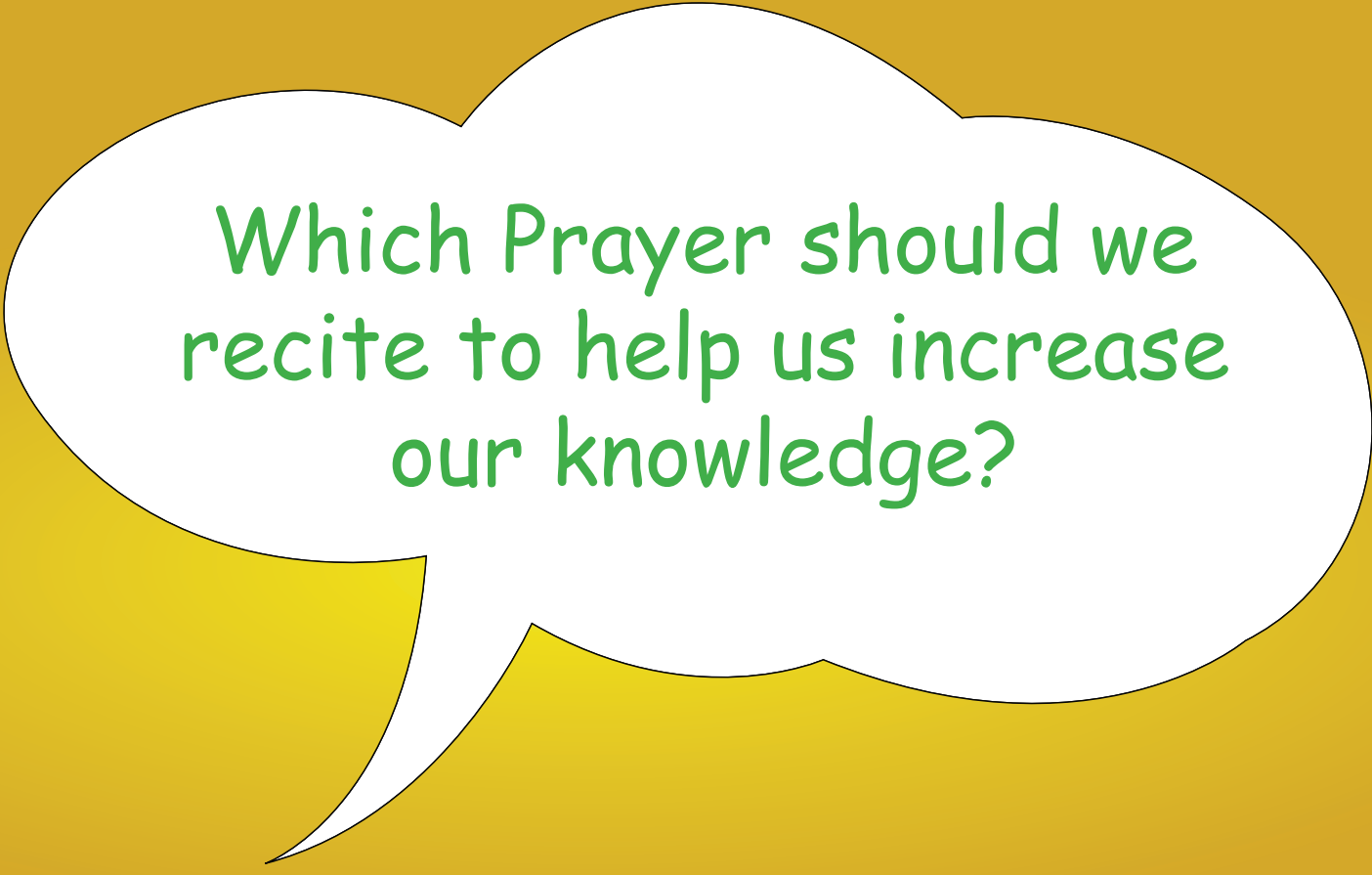
Alhamdu lillaahillazee ahyaanaa ba`da maa amaatanaa wa ilaihin-nushoor

All praise belongs to Allah who brought us back to life (woke us up), after causing us to die (sleep), and to Him will be (our) resurrection.









Which Prayer should we  
recite to help us increase  
our knowledge?





The Prayer to help us increase  
our knowledge is...

رَبِّ زِدْنِي عِلْمًا.

Rabbi zidnee ilmaa

O my Lord, increase me in knowledge. (20:115)










A Prayer to be recited  
before setting off in a  
vehicle is.....

بِسْمِ اللَّهِ مَجْرَاهَا وَ مُرْسَاهَا إِنَّ رَبِّي لَغَفُورٌ رَحِيمٌ.

Bismillaahi Majrayhaa wa mursaahaa Inna Rabbee La -  
Ghafoorur-Raheem

In the name of Allah, be its course and its mooring. My  
Lord is assuredly Most Forgiving, Merciful. (11:42)





Waqas, there is also a  
Prayer we can recite  
for our parents. They take care  
of us. So we should be thankful  
to them.







For our parents we should  
pray...


رَبِّ ارْحَمْهُمَا كَمَا رَبَّيْنِي صَغِيرًا.

Rabbir-ham-humaa kamaa Rabba-yaani sagheeraa

My Lord, have mercy on them both even as they nourished  
me in my childhood. (17:25)







How many Prayers can  
you remember? Try to  
recite them as often  
as you can.

