

# LESSON 14: Guidance For Ahmadi Women and Girls

**GOALS:** - To gain basic knowledge of women’s high status in Islam

- Gain more knowledge of Islamic teachings and purdah
- To understand the deeper meaning of the word falaah
- Counteract the unjust allegations that Islam advocates the harsh and cruel treatment of women

The format for approx. 30-40 min session

TIME	ACTIVITY	SUGGESTIONS	RESOURCES
5 min	Icebreaker. Use this time to check in with the convert, see how things are going, address any concerns	A strong connection is key to a successful relationship with the convert. Ask about: - School/University - How children are doing - Other family members -What are your experiences about purdah in Islam	
10-15 min	- Status of women in Islam -Islamic teaching of purdah - Discuss the meaning of falaah	- Examples of the Holy Prophet about the rights of women - Description of purdah in Suratul Al- Noor for men and women - Importance of purdah - Dangers and innovations in faith - Experiences of some Ahmadi ladies and their purdah	Nasirat Syllabus Page 160-167
15-20 min	-Concept of Bai’at	- Benefits of Bai’at - How one should live life after bai’at - Reasons for spiritual decline - The true meaning of bai’at	Nasirat Syllabus Page 168-171