WUDHU ABLUTION



The word ablution applies to washing some parts of the body in preparation for Prayer. This is a prerequisite which must be fulfilled, otherwise the Prayer will not be considered valid.

Start with the following prayer:

Audhu billahi minashiytaa nirajeem. Bismillah Hir'ahma nir'aheem

I seek refuge in Allah from satan the accursed. In the name of Allah, the Gracious, ever Merciful.

1 HANDS

Wash your hands three times with water starting with the right and then with the left.



2 MOUTH

Rinse your mouth three times



3 NOSE

Clean your nose three times by pushing a small amount of water in to your nostrils.



4 FACE

Wash entire face three times



5 FOREARMS

Wash forearms up to the elbow three times, starting with the right, then the left.



6 HEAD, EARS, NECK

With wet hands, draw them over your hair, front to back, then to your ears from back to front including all the crevices, then wipe the back of your neck with the backs of your hands.



7 FEET

Wash your feet three times up to your ankles starting with your right foot then left



Prayer for completing Ablution:

Alahumaj 'alni minat- tawwabina waj 'alni minal mutatah- hirin.

O Allah, make me of those who seek forgiveness and make me of those who are cleansed.