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# Tabligh Newsletter

FOR NASIRAT AND STUDENT LAJNA

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**“We cannot force anyone to become Muslim, but at least we can inculcate our Islamic teachings within ourselves and show good manners. In this way, people will automatically gravitate towards us.”**

Hazrat Mirza Masroor Ahmad (aba), 8 May 2022

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## How can we achieve success in Tabligh? Guidance from Huzur (aba)



“First of all, you will have to find those who are interested in religion...One particular way of doing Tabligh is to form a bond with them and bring them closer. You should not just convey the message to them, but also display your example to them and befriend them. Gradually, you can answer their questions about the Being of God, inform them of the powers of God, and tell them about the teachings of the Ahmadiyya Community and the true Islam. In this manner, you should convey the message to them on an individual basis.

Secondly, you should invite the pious-natured people and hold meetings and small functions for them, provide them with some refreshments and tell them to pose their questions about Islam. When they ask about Islam, you should answer them. However, it is only when your examples are good, and you pay attention to prayers that this will have an effect. If your demonstrated example is different from the message of righteousness that you have preached to them, then they will soon learn what you truly are, and it will have no impact on them.”

**(Click on the link to Programme below. Answer starts at 19:10)**

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THIS WEEK WITH  
HUZUR(ABA)

[LINK TO PROGRAMME](#)

18 OCTOBER  
2024

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## My Tabligh Experience

**HANIA LUQMAN**  
**MAJLIS: MOSQUE SOUTH**

Being a young Muslim at school means I sometimes get questions about my faith, especially in the winter. My friends often ask me why I pray or why I wear the hijab, and I'm happy to share my answers with them. I tell them that in Islam, we pray five times a day, giving our attention to God no matter how busy we are. For me, it's a way to show gratitude for all the blessings He's given us. As I explained this to my friends, some of the Muslim kids in my class even joined me in praying at school, making it a beautiful moment of togetherness and faith.

When it comes to wearing the hijab, I explain that in the Holy Qur'an, women are encouraged to dress modestly as part of our faith. Wearing the hijab is one way I can follow that teaching. But modesty, to me, is about more than just covering my hair—it's also about being kind, understanding, and respectful to everyone around me. After hearing this, some of the girls in my class decided to wear scarves around their necks or even on their heads as a way of showing respect and support, which was amazing to see.

This experience has taught me that tabligh—sharing my faith—can be as simple as answering a friend's question or showing kindness. It's been inspiring to see how a small conversation can lead to new understanding and even inspire others to join in on my journey of faith.



# **My Tabligh Experience**

**AYZA SALAM  
MAJLIS: KEIGHLEY**

I'm 13 years old and from a small Jamaat called Keighley. My mum is the Nasirat secretary, and she has always encouraged me to wear the hijab. I've struggled to build up the confidence to wear it at school, especially since I attend a majority white school. Everyone starts wearing the hijab at different ages and in their own time. I've always listened to my mum's advice and appreciated how my family has supported me with love and kindness, never forcing or pressuring me to wear the hijab.

I wanted to start wearing it in Year 7 and then again this September, the start of year 8, I thinking it was the right time for a fresh start. But once again, I backed out at the last minute because I wasn't confident enough and was worried about what others might say, especially my friends.



September, the topic for our Nasirat classes was purdah. I'm so grateful to the team that created the content and especially to my mum for teaching me with such love and patience. I know she felt sad that I hadn't started wearing the hijab yet, as she believed it was the right thing for me and I knew it too but was too scared. She shared beautiful quotes and hadiths about purdah, and her words stayed with me.

Something changed in me this September. From the lessons in class and listening to Huzoor's speeches, I started to feel a shift. The encouragement I needed to wear the hijab finally clicked. I remember writing a "Dear Me" letter, where I acknowledged my fears—mainly worrying about what people would think. But then I asked myself, why did I care so much about the opinions of people who wouldn't care about my religion or my happiness? The turning point came when my mum shared a quote from Huzoor's (aba) speech in our Nasirat class:

"If you are determined, if you are strong and staunch in your faith, then you should not bother what other people say. This is the commandment of Allah the Almighty that women should wear hijab, they should cover their head and bosom. And we have to follow those instructions if we are strong Muslims."

That was when I realized that my hijab is a source of pride. It's a symbol of modesty, and my beauty is for Allah, not for society. My character is what defines me, not my appearance.

**[CONTINUED ON THE NEXT PAGE...]**

## My Tabligh Experience



I knew the first day of wearing it would be hard, but I also realized that putting it off wasn't fair to myself. I had been too worried about others' opinions. So, at the end of September, I gathered the courage to wear my hijab to school. The first day was difficult, but by day two, it got easier. I felt more confident, like I could finally be myself without worrying about when or if I would wear it. I learned to put my trust in Allah, knowing that if Huzoor (aba) has advised it, it must be the best path for me. My parents, cousins, and grandparents were so proud, and I couldn't have done it without their support and the support from my Nasirat friends, the Jamaat and my mum, who taught me about the beauty of purdah with such love.

Wearing the hijab to school is one of the best decisions I've ever made. It's brought me closer to Islam, and now people recognize me as a Muslim girl because of it. Some girls might feel like they won't look good in the hijab or that they're prettier without it, but that's not true. Everyone is beautiful with or without the hijab, and it shouldn't affect how you feel about yourself. When I doubt myself, I remind myself that by wearing it, I'm following the words of Allah. And even if you're not ready to wear it yet, that's okay—you'll know when the time is right.

Some of my school friends were very supportive, but most stopped talking to me. I realized that true friends wouldn't let something like a hijab change how they see me—my personality hasn't changed, so why should it affect our friendship? If it did, then perhaps it wasn't real friendship to begin with. I wish I had listened to my mum and started fresh in September. Life is too short to worry about what others think is beautiful. For me, nothing is more beautiful than Islam and its teachings.

Since wearing the hijab, I've had a lot more people asking me questions about Islam, and I'm always happy to answer. It's a bonus that I can always ask my mum for help ( handy having a mum that is my Nasirat secretary). I now cherish my hijab and can't imagine going to school without it. While I regret not starting sooner, it has now become an important part of my daily life and identity.

To any girls considering wearing the hijab, my advice is: don't worry about what others will think. True friends won't change their opinion of you because of a piece of fabric. And if they do, they were never real friends to begin with. Trust in Huzoor's guidance, as it is for our benefit and the generations to come.

## My Tabligh Experience

### **QURAT UL AIN IBRAHIM MAJLIS: MOSQUE SOUTH**

During one of my Religious Studies lessons, my teacher asked a thought-provoking question: why are there so many sects in Islam? I raised my hand, eager to share my perspective as an Ahmadi Muslim. I explained that, as an Ahmadi, I believe that after the Holy Prophet Muhammad (pbuh) passed away, a promised messiah (as) came to continue his teachings and help keep Muslims united on the right path. However, I mentioned that non-Ahmadi Muslims don't believe that a messiah came after the Holy Prophet (pbuh), which is one reason for differences in belief.

Curious, my teacher then asked why there are so many Ahmadi Muslims in our area. This gave me the chance to share a bit more about our community, including the history of the Fazl Mosque nearby. I spoke about when the mosque was built, who laid the foundation stone, and how its centenary celebration is coming up soon. My teacher appreciated my explanation, and it was heartening to see him genuinely interested in learning something new about Islam. I'm grateful to Allah for giving me the opportunity to share my beliefs, and I pray that as I grow older, I can continue to do tabligh and spread the message of Islam. Ameen.



## **My Tabligh Experience**

**SAHAR AMIR  
MAJLIS: BOLTON**



I came from Pakistan not long ago. After completing the initial procedures for asylum, I was given residence in a hotel, where there were many non-Muslims. One of the families there was Christian, and we quickly became friends. Whenever we spoke, I would share information about our Jama'at and the beliefs of the Ahmadiyya Muslim Community. The woman from that family had heard of our Jama'at but didn't know much about it. Sometimes, she would visit my room or call me while I was praying or attending the Friday sermon, and I would politely tell her that I was not available at that time but could meet her later. She was very impressed by the way we respect and prioritize our prayers and programs.

One day, she visited while I was listening to the Peace Symposium, where Hazrat Khalifatul Masih V (aba) was delivering a speech. She sat down and asked me who he was and what he was saying. I explained the details of the program and described how beautifully our beloved Huzoor (aba) was portraying the true image of Islam. She was curious about the event's location and the number of people attending. Since I was watching a repeat telecast, I shared some highlights and mentioned that thousands of people had gathered for the event. She was initially skeptical, wondering how such a large gathering in London could occur without any disruption. I explained by quoting a commentator who described the entire program in detail. She listened to Huzoor's speech intently, even though she had somewhere to be. When I offered to pause it, she said, "I don't want to leave—I want to listen to it all in one sitting." She was deeply impressed by Huzoor's personality.

She asked many questions about our Jama'at, requested links to Friday sermons, and even inquired about MTA. She expressed that this felt like the real Islam, unlike what she had previously heard, where some clerics only emphasize jihad, which doesn't convey a peaceful message. We ended up talking for 4-5 hours, having a long conversation about the teachings and beliefs of our Jama'at.

Although we have since moved from the hotel, she remains in contact with me, and we often discuss topics related to the Jama'at. Recently, I sent her an invitation to Jalsa Salana. This experience has left a lasting impact on me, reminding me of how Allah connects people's hearts to the true teachings of Islam.

## My Tabligh Experience

**TOOBA SIDDIQUI**  
**MAJLIS: PUTNEY HEATH**



It is the duty of every single Ahmadi Muslim to become a Da'i ilallah (caller to Allah) and spread the message of Islam Ahmadiyyah to those who remain ignorant to the true Islam. As an Ahmadi Muslim girl, there are many ways that I strive to carry out tabligh; for example, by modest attire and hijab, make me stand out as a representative of my faith. It spreads the message of my subjugation to Allah and Islam and often leads to conversations regarding my faith with classmates, colleagues and even strangers.

Furthermore, as a scientific researcher, I have often been asked about the Islamic perspective on the Theory of Evolution, and similar topics; this has led me to do further research into the topics by reading Jamaat literature as well as the commentary of the Holy Quran to answer such questions.

Additionally, during my Master's degree I lived with two non-Muslim girls, one of which was Jewish, and the other was an Atheist. This led to many long debates over the existence of God, the many different religions of the world, homosexuality, and the Islamic perspective. By sharing the knowledge, I had gained from Islamic literature I was able to represent my faith and introduce Islamic concepts to them.

Another tool that many Ahmadi Muslims, including myself, use for tabligh is social media, wherein I am able to share Quranic quotes, Jamaat literature as well as convey the slogan of 'love for all hatred for none'. Similarly, I volunteer with Voice of Islam, which enables tabligh to radio listeners.

While I have stated a few small efforts that can be taken to carry out tabligh, there are many more ways in which we can propagate the message of the true Islam. May Allah allow us all to become Da'i ilallah, so that we may fulfil our oaths to Allah, Ameen.

## **My Tabligh Experience**

**NAFIA AKHTER**  
**MAJLIS: BEXLEY & GREENWICH**

I have started my Bsc. Hons degree from Global Banking School in Stratford Campus in July 2024 and had the opportunity to introduce Ahmadiyya Muslim Community and Ahmadiyya Muslim Women's Association.

We are 15 students in the group, and we have lectures on weekends. As I was off for the weekend to attend Jalsa I shared with them the details of Jalsa Salana 2024. Every week I take some dish to share with all and bring up any Islamic topic to discuss, for instance, I mentioned that Pakoras are a much loved dish at Iftar time during fasting in Ramadan.

As this course is Health, Wellbeing & Social Care, I have mentioned how our community is working towards helping humanity through Humanity First, we have talked about women in Islam, Islamic teachings relating to someone's demise, marriage in Islam, how we support healthy lifestyles through health & fitness department and how we support those with SEND within our community.



## My Tabligh Experience

**SABIKA MAZHAR  
MAJLIS: PUTNEY HEATH**

During university, I had an experience that truly highlighted the power of open dialogue and how meaningful conversations dispel misconceptions. It all began when I was talking with a few friends about my recent Umrah trip. As we were chatting, a Sunni Muslim girl overheard us. She seemed genuinely curious and approached the group. "I heard you say you went for Umrah," she began, "but I thought Ahmadis weren't allowed to go on Umrah or Hajj. How were you able to go?". Her question caught me by surprise, but it also presented an opportunity for me to engage in a deeper conversation and clarify a misconception. I smiled and calmly replied, "If Allah wanted me to visit Him, no one could stop me." I could see that my answer intrigued her, so she pressed on, eager to learn more. To my surprise, she already seemed to have a fairly good understanding of the Ahmadiyya Muslim Community, particularly our belief in the Promised Messiah (as). I realised that this was not a conversation about ignorance or lack of information but rather it's a chance to clear up misconceptions.

I took this opportunity to explain to that, although Ahmadis believe in the advent of the Promised Messiah (as), our faith still upholds the core principles of Islam shared by all Muslims. Our belief in the Promised Messiah (as) does not contradict or replace the teachings of Islam but is understood in a way that enhances the message of peace.

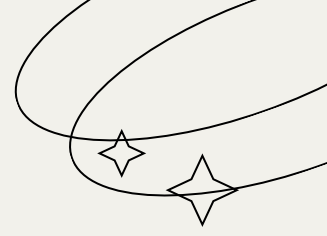
I shared how the Ahmadiyya Muslim Community is a global movement with members across nearly every country, united by the same faith and commitment to the service of humanity.



I explained that we have mosques and centres around the world, and that we work on projects focused on education, healthcare, and interfaith dialogue. I also made it clear that our community prioritises peace, tolerance, and social harmony. She listened carefully, and as I spoke, I could sense her preconceived notions about Ahmadis beginning to shift. She was seeing us as we truly are, a community that shares the same fundamental beliefs as all Muslims, but with a deeper understanding of the teachings of Islam and a commitment to spreading peace. After a while, she responded, "I didn't realise Ahmadis were like this...". Her reaction was a reminder to me of the importance of these kinds of conversations. Misunderstandings can persist when people don't take the time to learn about one another. But when we engage with each other respectfully and openly, we can break down walls and build mutual understanding. It's so important to use every opportunity to engage in tabligh—to share the message of Islam in a way that emphasises the commonalities between us rather than the differences.

Tabligh isn't just about preaching; it's about having conversations, breaking down misconceptions, and it's about building relationships. It's about showing others the beauty of our faith through words, actions, and the way we treat others.





# Tabligh Activities



**WALSALL**

A Coffee Morning in support of Macmillan Cancer was held at the Local Manor Hospital in Walsall. Members baked cakes, brownies and made sweet packs for the fundraising event.



**WALSALL**

As an introduction to Islam and modesty, gifts were presented by Student Lajna and Nasirat to their teachers and peers. These included scarves, bookmarks and quotes of modesty which were written on canvas.



**WALSALL**

An Interfaith Coffee Morning and Mosque Tour was held to show visitors around the local Mosque and to introduce the work of Lajna Imaillah UK.

Topics discussed included the unity, sisterhood and commitment of all members of Lajna and Nasirat to helping others and engaging with local communities in working together to build a peaceful society.

# Tabligh Activities

**RAMEEN MASOOD  
MAJLIS: LEICESTER**

On Sunday 20th October 2024, the Leicester Jama'at held its local Mosque Open Day organised largely by student Lajna. Alhamdulillah, many visitors, from various walks of life, came with an open mind, eager to learn more about the Islamic faith and its values. Members of the Jama'at guided guests through the different activities planned for the day, including the Mosque Quiz, which tested visitors' knowledge of Islamic teachings, historical facts, and the mosque's role in the community. For younger attendees, a colouring table was set up, with a variety of Islamic-themed drawings. This simple but impactful activity kept the children entertained while also giving them a gentle introduction to Islamic art, fostering curiosity from an early age.

We also displayed a 'Hijab Stall', where Lajna members explained the profound spiritual and personal significance behind the veil. Informative posters around the stall delved into the empowerment that many Muslim women feel when they choose to wear the hijab. These messages countered the often-misrepresented view of the veil as oppressive and highlighted the hijab's role in liberating women from societal pressures to conform to unrealistic standards of beauty.

The event's highlight was a thought-provoking presentation on 'Segregation in Islam'. We delved into the reasons behind gender segregation in places of worship, explaining how it is rooted in respect, modesty, and the need to maintain focus during worship. This section of the event was particularly impactful, as it offered a chance for attendees to ask questions and express their thoughts on a topic that is often perceived through a lens of cultural misunderstanding. In addition to the interactive aspects of the day, visitors were provided with a wealth of literature and leaflets on various topics. Alhamdulillah the event went really well. We hope and pray that the honest conversations, shared experiences, and genuine hospitality fostered new friendships and helped spread the peaceful message of Islam, Insha'Allah.



## Tabligh opportunities – useful dates

### **November 2024**

29th UN International Day of Solidarity with Palestinian people

### **December 2024**

10th UN Human Rights Day

18th World Arabic Language day

25th Christmas Day

### **January 2025**

1st New Years day

4th UN World Braille Day (Did you know that we have a Holy Qur'an in Braille?)

24th International Day of Education



## Spotlight on: Learning about different faiths

**“[ISLAM] IS A RELIGION THAT SEEKS TO BUILD BRIDGES AMONG PEOPLE OF ALL FAITHS AND BELIEFS.”**

[HADHRAT MIRZA MASROOR AHMAD (ABA) 2ND SEPTEMBER 2023]

There are many similarities between Islam and other world religions. This can be a wonderful starting point when discussing Islam with people of other faiths.

We would like you to carry out a **research task learning about a different faith**. Consider some of the following questions:

- **Do they have a holy book?**
- **Do they have a place of worship?**
- **What is their belief about God, afterlife, pilgrimage?**
- **Are there any commonalities in how women dress?**

### **Helpful Resources:**

<https://files.alislam.cloud/pdf/Elementary-Study-of-Islam.pdf>

<https://www.reviewofreligions.org/44159/words-that-muslims-and-jews-have-in-common/>

<https://www.reviewofreligions.org/44881/jewish-and-muslim-co-existence/>

<https://www.alhakam.org/the-truth-of-islam-a-scientific-comparative-study-of-the-bible-and-the-holy-quran/>



We would like you to **put together your research in a creative way**, showcasing your key findings. We will **publish a selection in the next newsletter**. Send to: [reportstabligh@laj nauk.org](mailto:reportstabligh@laj nauk.org)

## Student Lajna – Your Tabligh challenge!



This year marks the centenary of the foundation stone laying for the Fazl Mosque by Hazrat Khalifatul Masih II (ra) on his landmark visit to the UK.

**We would like you to research the topic and write a poem about the centenary of the Fazl Mosque.**

Think about :

**The importance of building Mosques**

**The spirit of sacrifice**

**The great contributions of Lajna Imaillah!**

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Please send your poems to:  
**reportstabligh@lajnauk.org**

InshAllah we will publish a selection in the next newsletter.

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## Nasirat– Your Tabligh Challenge!

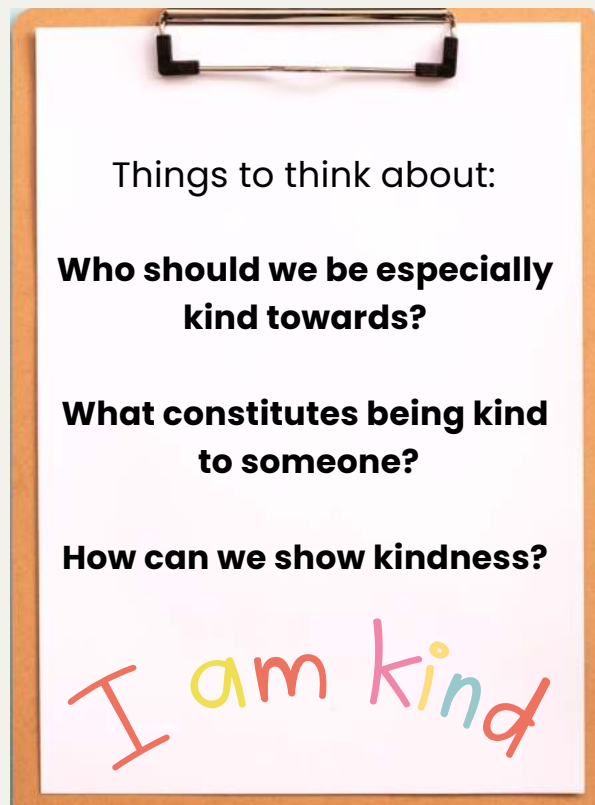
**“THE PRINCIPLE TO WHICH WE ADHERE IS THAT WE HAVE KINDNESS AT HEART FOR THE WHOLE OF MANKIND.**

[THE PROMISED MESSIAH (AS)  
(SIRAJ E MUNEEB: ROOHANI KHAZA'IN VOL. 12, P 28)]



Islam teaches us to always be kind and considerate towards others. Acts of kindness are also a wonderful means of Silent Tabligh.

**Use the heart template provided on the next page to list some acts of kindness** that you have done or will try to do. Share your ideas in Nasirat class!



Send photos of your hearts of kindness to [reportstabligh@laj nauk.org](mailto:reportstabligh@laj nauk.org)  
InshAllah we will publish a selection in the next newsletter.



KINDNESS

# Useful Tabligh Resources- Apps



**THE TEN CONDITIONS OF BAI'AT**



**ASK AHMADIYYAT**



**MOBILE FRIDAY SERMONS**



**KHALIFA OF ISLAM**



**MUHAMMAD (SAW) FACT CHECK**



**HOLY QURAN**



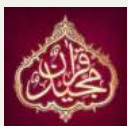
**ASK ISLAM**



**AL-ISLAM**



**REVIEW OF RELIGIONS**



**HOLYQURAN.IO.**