



بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

LAJNA IMA'ILLAH UK
TALEEM LESSON PLAN
MAY 2026



1. STUDY OF THE HOLY QUR'AN (TALEEM WORKSHOP)

This month we continue the study of Surah Al Ghashiyah (Chapter 88) of the Holy Quran with commentary.

ACTIVITY: As you study Verses 14-16 of the Surah this month, reflect on the following questions:

- In the commentary of verse 14, what is the significance of the word “sarir”?
- In verse 15, what does the word “goblets” refer to? What do we learn from this verse about the rewards and bounties bestowed upon the righteous on the Day of Judgement?
- Verse 16 captures a beautiful image of cushions (“namariq”) – how does this relate to the stature of Muslims on the Day of Judgment?

Resources: Taleem Syllabus Pages 76-78

Five Volume Commentary of the Holy Qur'an – Volume 5, Page 3365-3368
The Holy Qur'an with Five Volume Commentary (Vol 5)

2. COMMANDMENTS OF THE HOLY QURAN (TALEEM WORKSHOP)

In Surah Ale Imran, Verse 160, Allah Taala states:

فَإِذَا عَزَمْتَ فَتَوَكَّلْ عَلَى اللَّهِ

“And when thou art determined, then put thy trust in Allah”

In this verse, Allah Taala states the significance of tawakkul (complete Trust in Allah). Tawakkul does not mean ignoring effort or practical steps. Rather, it requires that a believer utilises all God-given means and resources and then leaves the outcome to Allah Taala.

This Commandment of the Holy Quran reminds us that we must always put complete reliance and trust in Allah Taala alone at all times, despite any challenges or trials we may face.

ACTIVITY:

- How does tawakkul help us overcome challenges? What are the means to strengthen our Trust in Allah Taala?

Resources: Taleem Syllabus Page 43

3. FRIDAY SERMON (GENERAL MEETING)

This month we commemorate Khilafat Day, whereby we reflect upon the immense blessings of Khilafat.

In his Friday Sermon of 30th May 2025, Beloved Huzur (aba) explains the history of Khilafat and the unity established through this blessed Institution. Beloved Huzur (aba) describes how Ahmadis throughout the world have proven their allegiance to Khilafat through sacrifice and obedience. Beloved Huzur (aba) also states the relationship between Khilafat and self-purification, stating “If we want to truly reap the blessings of Khilafat, then we must purify ourselves from all forms of shirk.”

ACTIVITY: As you re-listen to the Friday Sermon of 30 May 2025, reflect upon the blessings of Khilafat. Consider the practical steps we can take to further strengthen our bond with Khilafat. How can we strive to be amongst those who truly benefit from the blessings which the Promised Messiah (as) gave us the glad tidings of?

Resources: <https://www.alislam.org/friday-sermon/2025-05-30.html>

4. SALAT STRENGTHENS A BELIEVER’S SPIRITUAL FACULTIES (GENERAL MEETING) (Essence OF Islam Vol II)

The Promised Messiah (as) has beautifully described the relationship between Salat and our spiritual growth and well-being. The Promised Messiah (as) says: “The remembrance of God charged with love, the technical name of which is Salat, truly becomes for a worshipper a substitute for nourishment.”

ACTIVITY: As we study and reflect upon this subject of Salat through the writings of the Promised Messiah (as), what do we learn about how to nurture our relationship with Allah Taala through Salat? How can we enhance this “nourishment” so that every limb in our body is saturated with the love of Allah Taala?

Resources: Taleem Syllabus Pages 91-92

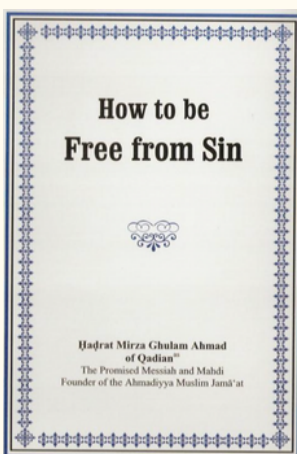
**5. BOOK OF THE YEAR – ‘HOW TO BE FREE FROM SIN’
BY THE PROMISED MESSIAH & MAHDI (as)
(TALEEM WORKSHOP/SELF STUDY)**

We continue our study of our book of the year, How to be Free from Sin. In pages 28-31, the Promised Messiah (as) urges Christians who have misunderstood the concept of sin and salvation, to be seekers of knowledge and find the path of truth and righteousness by truly understanding the nature of sin.

ACTIVITY:

- What does the Promised Messiah (as) refer to in the statement, “Do not look adoringly at everything that is white; black is sometimes better”?
- What steps does the Promised Messiah (as) set out to achieve peace to the “burning hearts”? (page 30)
- Why is it necessary for seekers of truth to “soften [their] hearts”? (page 30)

Audio Book English



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