

Q&A

HUMANITY FIRST *edition*

MUBAI'AT DEPARTMENT

TARBIYAT NAU

Sister Fiza Khalid is a Nau Mubai'a who volunteers with Humanity First.

The Tarbiyat Nau Mubai'at Department interviewed sister Fiza to find out what it is like volunteering behind the scenes.

NAU MUBAI'AT WEBPAGE

Q&A

HUMANITY FIRST *edition*

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How did you get involved with Humanity First?

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FIZA KHALID

Volunteer with Humanity First

I got involved with Humanity First through one of the members of my Ahmadiyya Muslim Community (Jamaat). As a new Ahmadi, I really wanted to do something for the Jamaat and contribute in a positive way. When I learned about Humanity First and the work it does, I felt inspired to get involved.

My main volunteering has been during the Jalsa Salana UK, where I have volunteered for the past two years, and I'm hoping to do it again this year.

Q&A

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What are your role and responsibilities within Humanity First?

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FIZA KHALID

During Jalsa, I worked in the merchandise area. My responsibilities included helping visitors, showing people around the stall, and explaining what Humanity First is about. I also shared information about the humanitarian work being done, such as the support being provided to people in Gaza Strip and other parts of the world.

It was a great opportunity to educate people about the charity and the different projects Humanity First runs globally.

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Please describe a memorable experience whilst volunteering with Humanity First

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FIZA KHALID

Volunteer with Humanity First

One of the most memorable parts of volunteering was interacting with people from different backgrounds who came to learn about Humanity First. It felt very rewarding when people showed interest in the work and appreciated the humanitarian efforts being carried out around the world.

Knowing that the work we were promoting helps people in need made the whole experience very meaningful for me. It was honestly one of the best volunteering experiences I've had.

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During volunteering have you gained any skills and development?

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FIZA KHALID

Through volunteering with Humanity First, I have developed not only practical skills but also personal and spiritual qualities. One of the main things I improved was my sense of khidmat-e-khalq (service to humanity), which is a very important value in Islam. It helped me understand the importance of helping others selflessly for the sake of Allah.

I also developed more patience and humility when interacting with different people. Speaking to visitors and explaining the work of Humanity First helped strengthen my communication and confidence, but it also reminded me to represent the values of the Ahmadiyya Muslim Community in a respectful and positive way.

Another skill I developed was teamwork and responsibility, as we had to work together as volunteers to make sure everything ran smoothly during Jalsa Salana. Overall, volunteering helped me grow not only professionally but also spiritually by reminding me of the Islamic teaching of serving humanity.

Q&A

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What advice do you have for any considering voluntary work?

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FIZA KHALID

My advice to anyone considering volunteering with Humanity First is to definitely give it a try. It's a very rewarding experience where you not only help others but also learn a lot yourself.

You get the chance to meet new people, develop useful skills, and be part of something that is making a real difference in people's lives. For me, it has been a very positive experience, and I would encourage others to get involved if they have the opportunity.