

e-Reformation; Target of the month

- MONTH OF MAY; THINK BEFORE YOU SPEAK
- Gentle and pious speech is a basic moral value.
- Our words can impact others negatively.
- Many conflicts can be avoided, if we temper the way we speak.
- For the month of May, lets aspire to always think before we speak.

At the end of the month, please complete a short, anonymous survey; this may help to self-reflect.

Did we achieve our target of self-reformation?

What were the difficulties in achieving this target?

What are the benefits of achieving this target?

How can we improve ourselves even more?

<https://www.surveymonkey.com/s/BDRDLKX>