



Life of Muhammad^{sa}

BY

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THE PROPHET'S (SA) PURITY OF MIND AND CLEANLINESS OF BODY

It is related of the Holy Prophet (sa) that his speech was always pure and that he was not given to the use of oaths.

This was something exceptional for an Arab. We do not imply that the Arabs ...indulged in foul language...

...but there is no doubt that they were in the habit of punctuating their speech with a generous measure of oaths

The Holy Prophet (sa), however, held the name of God in such reverence that he never uttered it without full justification.

THE PROPHET'S (SA) PURITY OF MIND AND CLEANLINESS OF BODY

He was very particular, even punctilious, with regard to physical cleanliness. He used to brush his teeth several times a day and was so keen on the practice...

He always washed his hands before and after each meal...

...after eating anything that had been cooked, he always rinsed his mouth...

THE PROPHET'S (SA) PURITY OF MIND AND CLEANLINESS OF BODY

In the polity of Islam a mosque is the only place of gathering prescribed for the Muslims.

The Holy Prophet (sa), therefore, laid particular stress upon the cleanliness of mosques, especially on occasions when people were expected to collect in them.

He had directed that on such occasions incense should be burnt in the mosques to purify the air
(*Abu Dawud*)

He also gave directions that nobody should go to a mosque...after eating anything that was likely to exhale an offensive odour
(*Bukhari*).


THE PROPHET'S (SA) PURITY OF MIND AND CLEANLINESS OF BODY

He insisted upon streets being kept clean and clear of twigs, stones, and all articles

...Whenever he himself found any such matter or article lying in a street he would remove it, and he used to say that a person who helps to keep streets and roads clean and clear, earns spiritual merit in the sight of God.

He is also reported to have enjoined that public thoroughfares should not be so used as to cause obstruction nor should any unclean or undesirable matter or article be thrown on to a public street...

THE PROPHET'S (SA) PURITY OF MIND AND CLEANLINESS OF BODY



He was very keen that all supply of water conserved for human use should be kept clean and pure.

For instance, he prohibited anything being thrown into standing water which might befoul it and any reservoir of water being used in a manner which would render it impure).