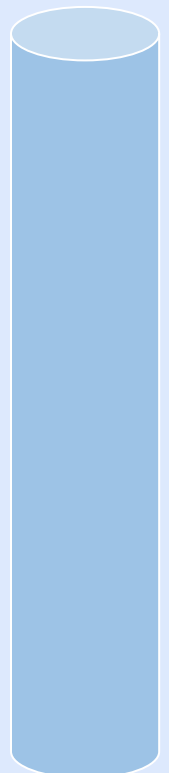


The Five Pillars of Islam

Activity Book



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Isha'at Department - Lajna Imailah UK 2021

Five Pillars of Islam
Compiled by: Isha'at Department, Lajna Ima'illah UK

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In the name of Allah, the Most Gracious, Ever Merciful

Foreword

By the Grace of Allah, Lajna Ima'illah United Kingdom has been given the opportunity to publish this booklet under the guidance of Dr Fariha Khan Sahiba, President Lajna Ima'illah UK. This activity booklet is aimed at our younger children.

I would like to thank Anusha Waheed, Mrs Qudsia Ward and the Lajna Isha'at Team for all the work that they have put in this and pray that may this booklet increase the knowledge of everyone who reads it.

Ameen, summa Ameen.

Lubna Sohail

Serving as Secreary Isha'at

Lajna Ima'illah UK

2021

The First Pillar of Islam: Kalimah

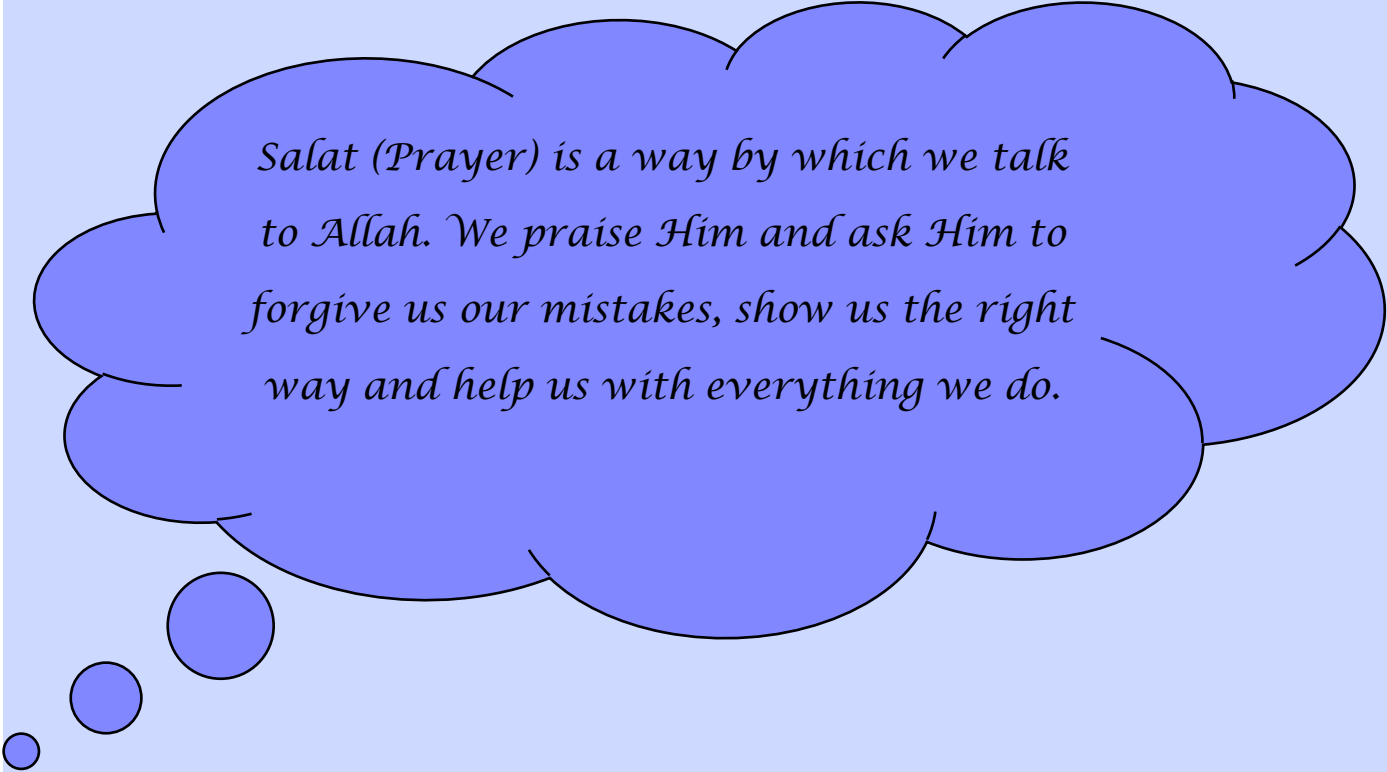
لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَّسُولُ اللَّهِ

I declare that there is none worthy of Worship except Allah and Muhammad (Peace and Blessings of Allah be upon him) is his Messenger!¹

The first pillar of Islam is the Kalimah Tayyaba, also known as the declaration of faith. It is to declare that we believe in One God and that our beloved Holy Prophet Muhammad (Peace and Blessings of Allah be upon him) is a Messenger of Allah the Almighty.

¹National Syllabus, stage 1

The Second Pillar of Islam: Salat



Salat (Prayer) is a way by which we talk to Allah. We praise Him and ask Him to forgive us our mistakes, show us the right way and help us with everything we do.

Timings of Prayers

Fajr Prayer begins with dawn and end just before sunrise

Zuhr Prayer is offered when the sun starts to decline (after midday).

Asr Prayer is offered when the sun is nearly halfway between the beginning of decline and sunset.

Maghrib Prayer is offered immediately after sunset.

Isha Prayer is offered when its completely dark.

Can you name the five daily prayers?

ARFJ _ _ _ _

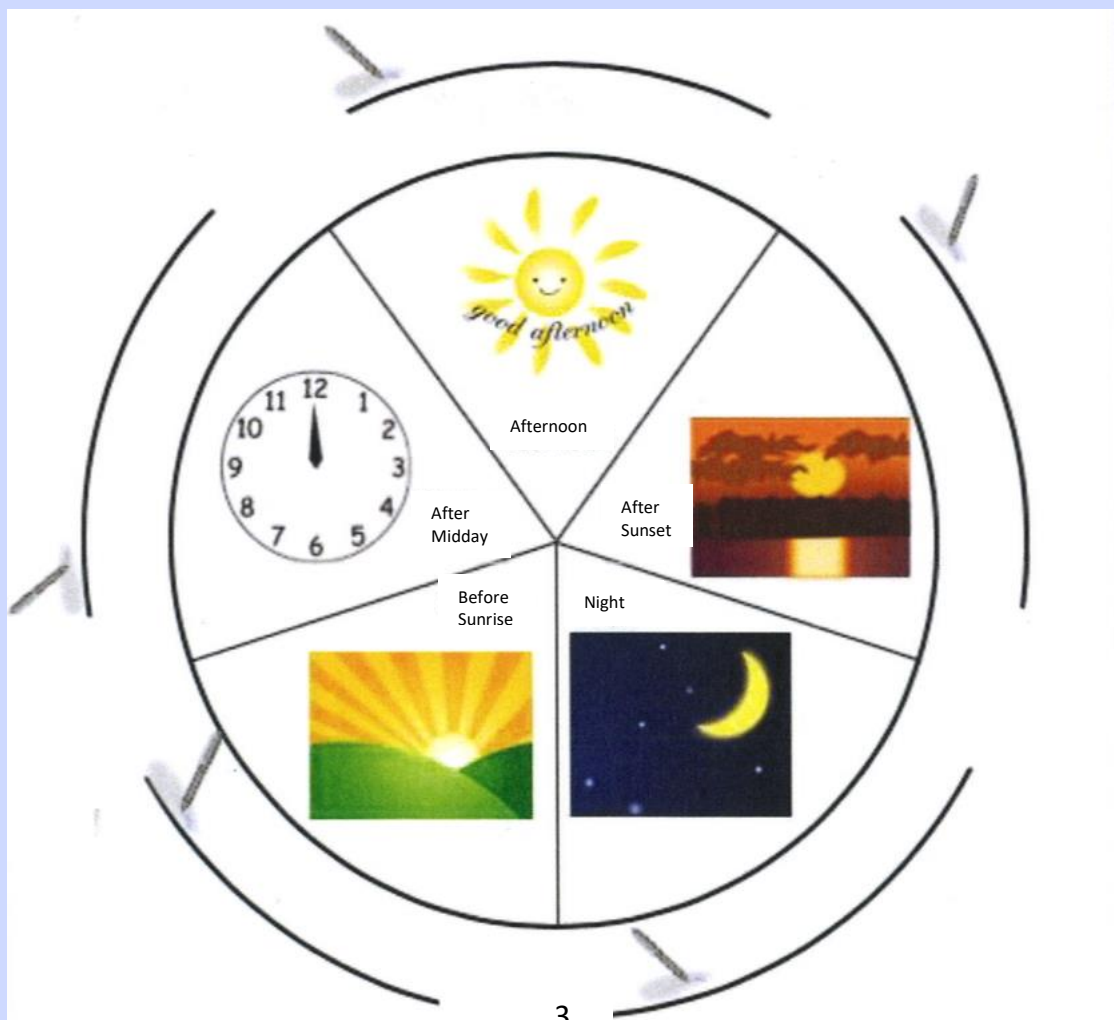
HZRU _ _ _ _

ASR _ _ _

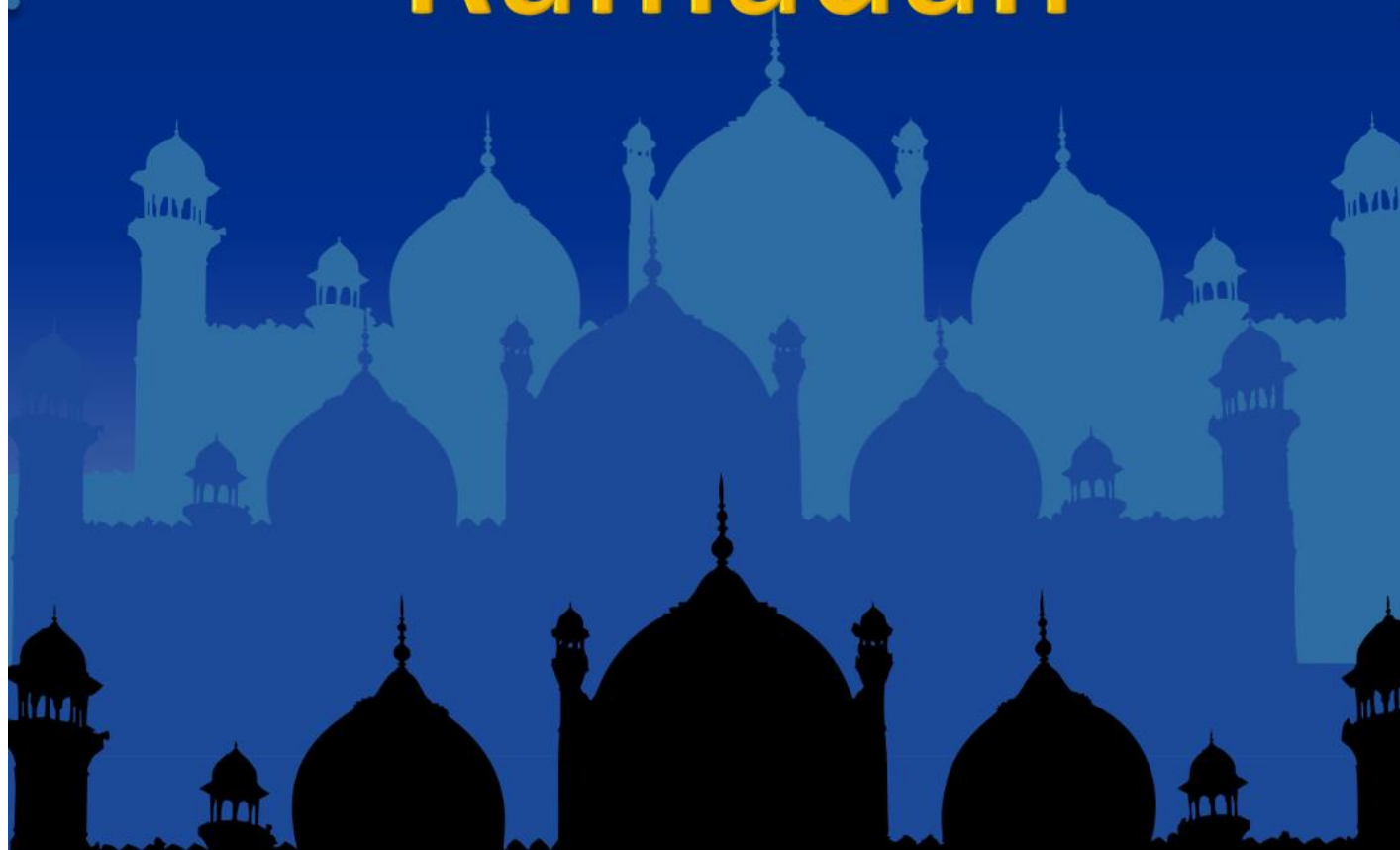
MGRBAHI _ _ _ _ _ _

SAIH _ _ _ _

Fill in the names of the five daily prayers according to their time?



Ramadan



Saum (Fasting)

Muslims fast during the 9th month of the Islamic calendar, called Ramadan. Fasting is the third pillar of Islam. In Arabic, fasting is referred to as *Saum*. Every day, during this month, Muslim that are able to fast, do not eat or drink between dawn and sunset.



Purpose of Fasting

- By fasting, we obey the commandments of Allah
- We fast to become more righteous and closer to Allah
- Fasting allows us to be more grateful to Allah for everything He has given us by studying the Qur'an and remembering Him more
- Fasting shows us how people who are hungry and poor feel everyday
- During this month, we should try to give up bad habits and develop good habits to follow for the rest of our lives

Suhoor

Draw an energising meal for Suhoor:

Suhoor is early meal eaten before sun rise.

The Holy Prophet^{sa} has told us there is a blessing in eating Suhoor.

Once the sun has risen, we do not eat or drink until the evening.

That is why eating suhoor is very important as it helps keep the body energized through the fast

Iftar

Iftar is the evening meal after sunset when we break our fast.

The Holy Prophet^{sa} would break his fast with dates or water.

We must have a nutritious and healthy meal to break our fast. We should also eat slowly to allow our body to digest the food.

Draw a healthy meal for Iftar:

Good Habits

During Ramadan, we should learn to give up all bad and useless habits including things like lying, arguing, backbiting and wasting food.

Instead we should try to develop good habits such as being polite, helping the needing and speaking the truth.

Write down 5 good habits you will adopt during Ramadan:





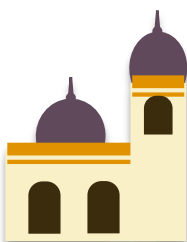
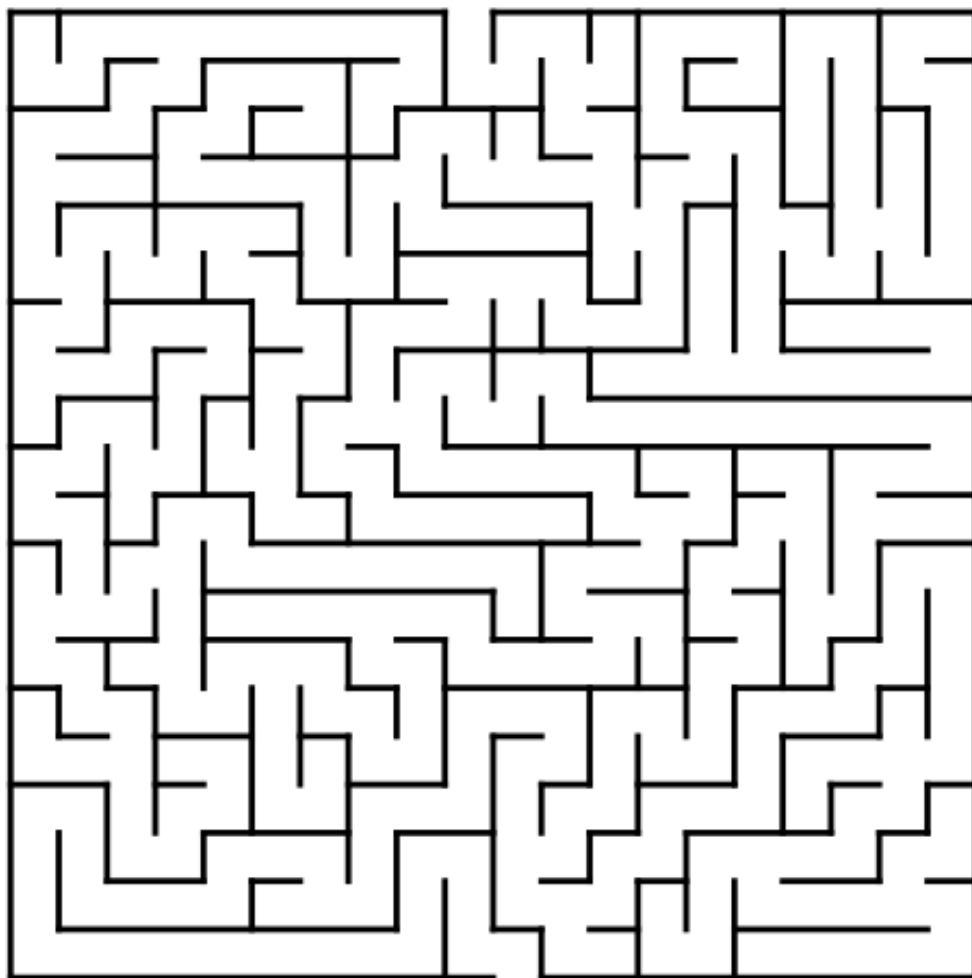






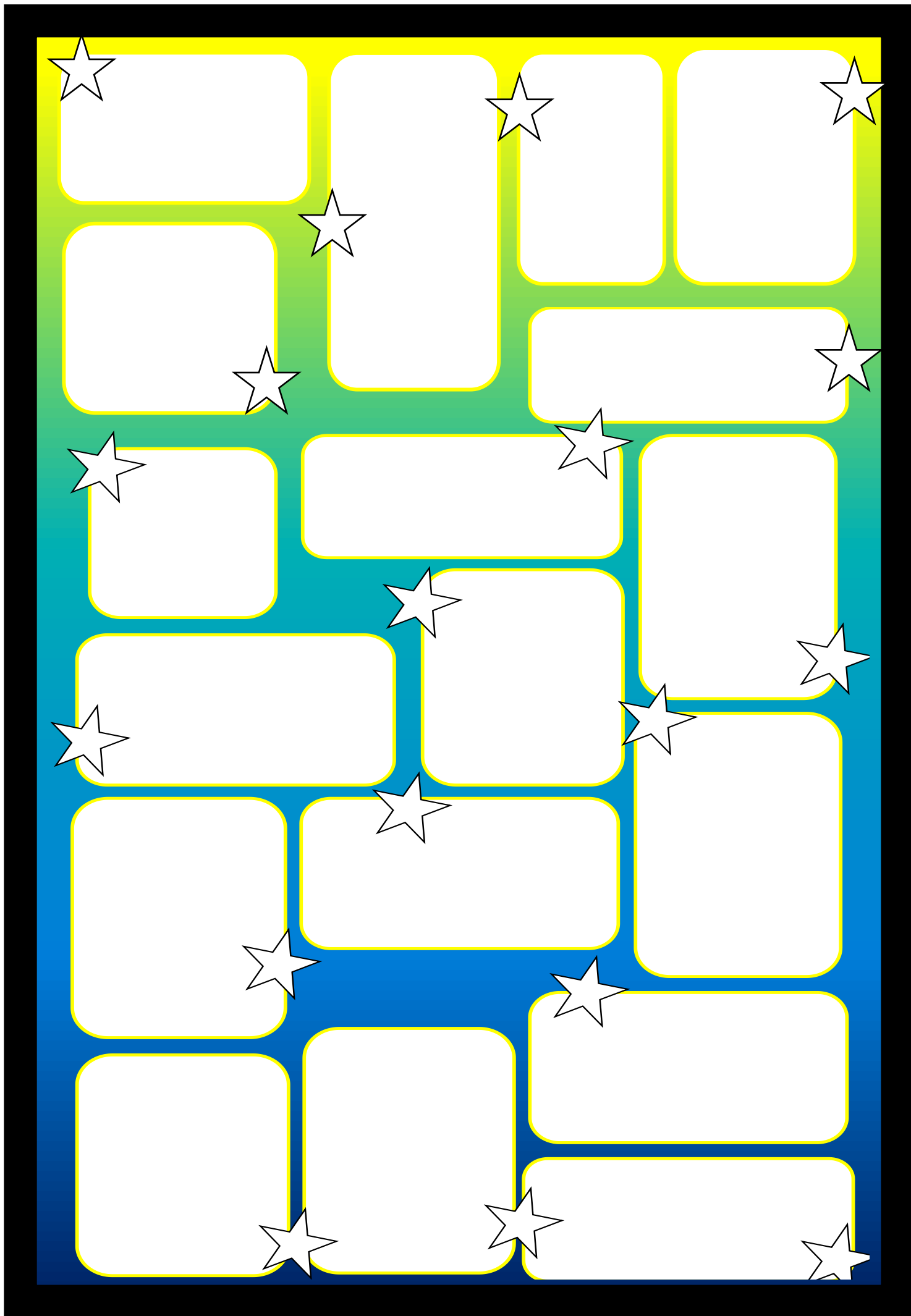
Find your way to the mosque

In the month of Ramadan, we spent more time in prayer and the recitation of the Holy Qur'an.

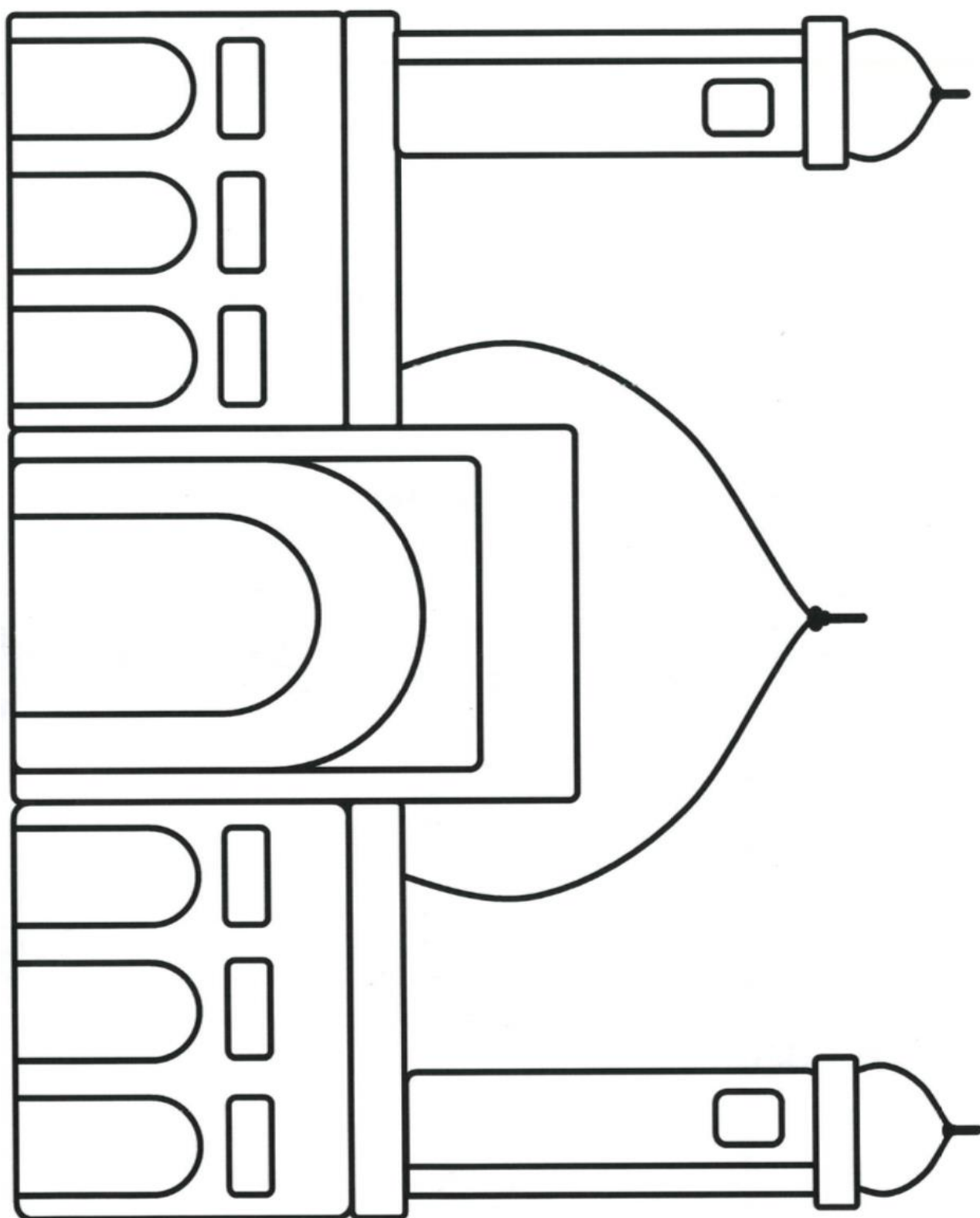


During Ramadan, we try to become better Muslims.
This allows us to be grateful to Allah for all that He has given to
us.

Colour in a star for each day of Ramadan and next to it write or draw
one thing you are grateful for.



Colour in the Mosque



R L T Q V H S T U W Q U R A N
 M A G H R I B O K I F Z E D U
 I F V B A X Y F A J R L W A P
 R T P G M H K R L O E Y A W Q
 Y S L F A S T I N G A N R N M
 D U K A D Q N F Y E Z A D H P
 K H Y S A R J T I E B J T S D
 Y O I E N A O A A M R A Z A K
 L O D Y H B U R E R M O P L J
 C R G J L K A E H Y I F Y A H
 N O R D K S R M I B A D A T B
 U M O S Q U E O N O U Y R W Z
 W F H D R E M E M B R A N C E

RAMADAN
 FASTING
 MOSQUE
 SALAT
 IFTAR
 SUHOOR

FAJR
 MAGHRIB
 IBADAT
 REWARD
 DAWN
 REMEMBRANCE

The Fourth Pillar of Islam: Zakaat

Zakaat is charity given for the purification of our heart and wealth. It is a duty given to Muslim by Allah, in the interest of society. We are commanded to give Zakaat on all our property, once a year.

The money is given to those in need. In this way we can purify our heart, wealth, help those in need and develop love for humanity

How can we purify our heart and wealth?

Who do we give Zakaat to?

The Fifth Pillar of Islam: Hajj

Hajj, the pilgrimage to Mecca, is the fifth pillar of Islam.

Every Muslim who is able, has to perform Hajj once in their lifetime.

The central feature of this pilgrimage is the Ka'aba, which is believed by Muslims to be the first house built for the worship of One God.

Hajj is performed in the month of Dhul Hajjah, consisting of various ceremonies, including....

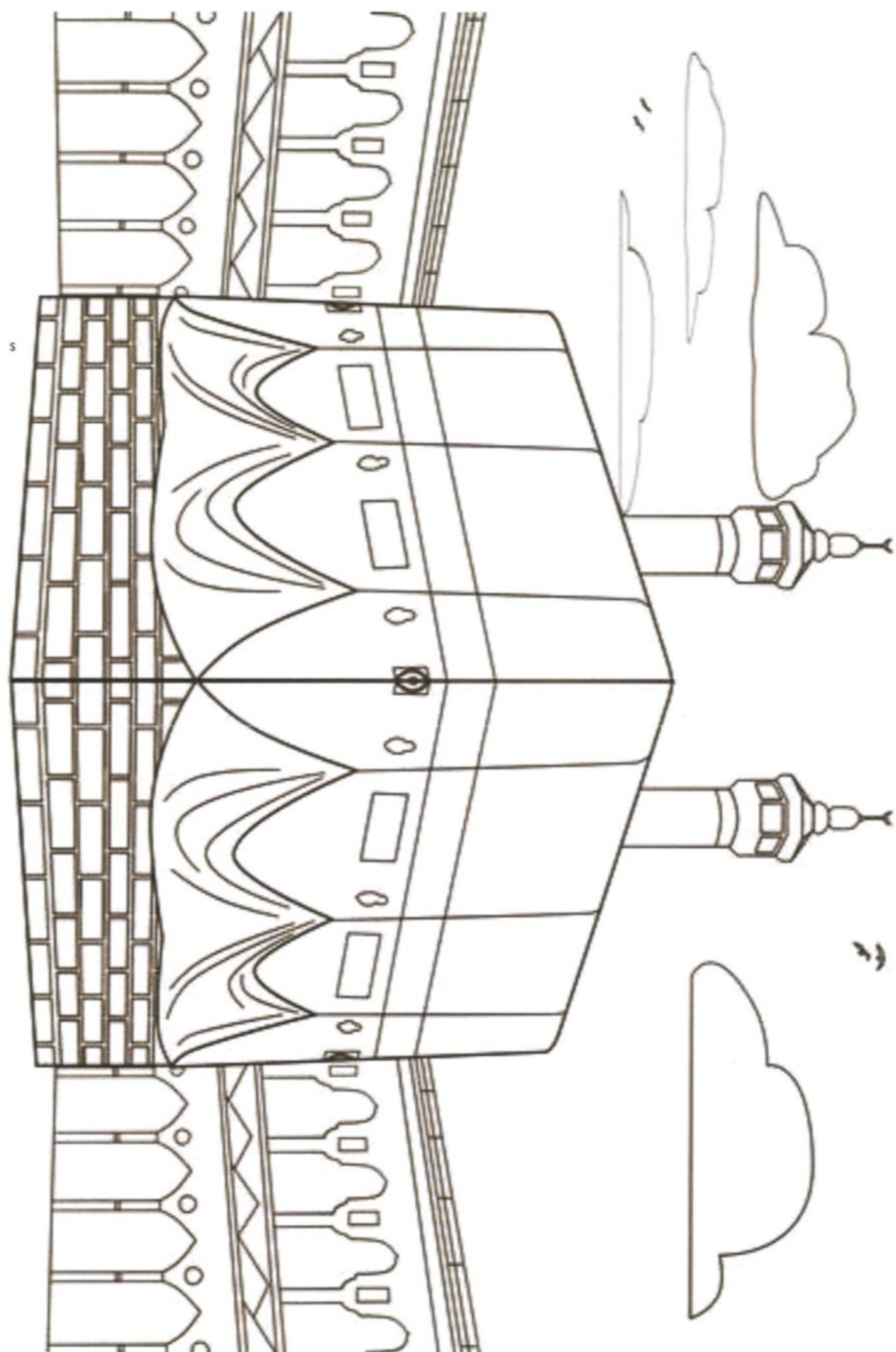
1. Wearing the simple clothes of irham and saying the talbiyah at the place the irham is put on.
2. Performing the first tawaf which consists of going around the Ka'aba 7 times, in the anticlockwise direction.
3. Performing sa'yy which consists of running in between the hills of Safa and Marwa.
4. Moving to Mina and spending a night there
5. Leaving for the Plain of Arafat, where they remain until sunset.
6. Arrive at Muzdalifah where they spent the night and return to Mina after Fajr prayer

8. The pilgrims then have their hair shaved or clipped and take off their clothes of ihram and put on their everyday clothes.
9. They then perform tawaf e ziarat, around the Ka'aba in their everyday clothes, and before the tenth day of Dhul Hajj ends they perform another sa'yy between the hills of Safa and Marwa
10. The pilgrims return to Mina until the twelfth or thirteenth day of Dhul Hajj where they continue the ceremony of ramy al jimar (throwing stones).
11. On the afternoon of the twelfth or thirteenth day of Dhul Hajj, the pilgrims return to Mecca for the farewell tawaf of the Ka'aba

What is Hajj?

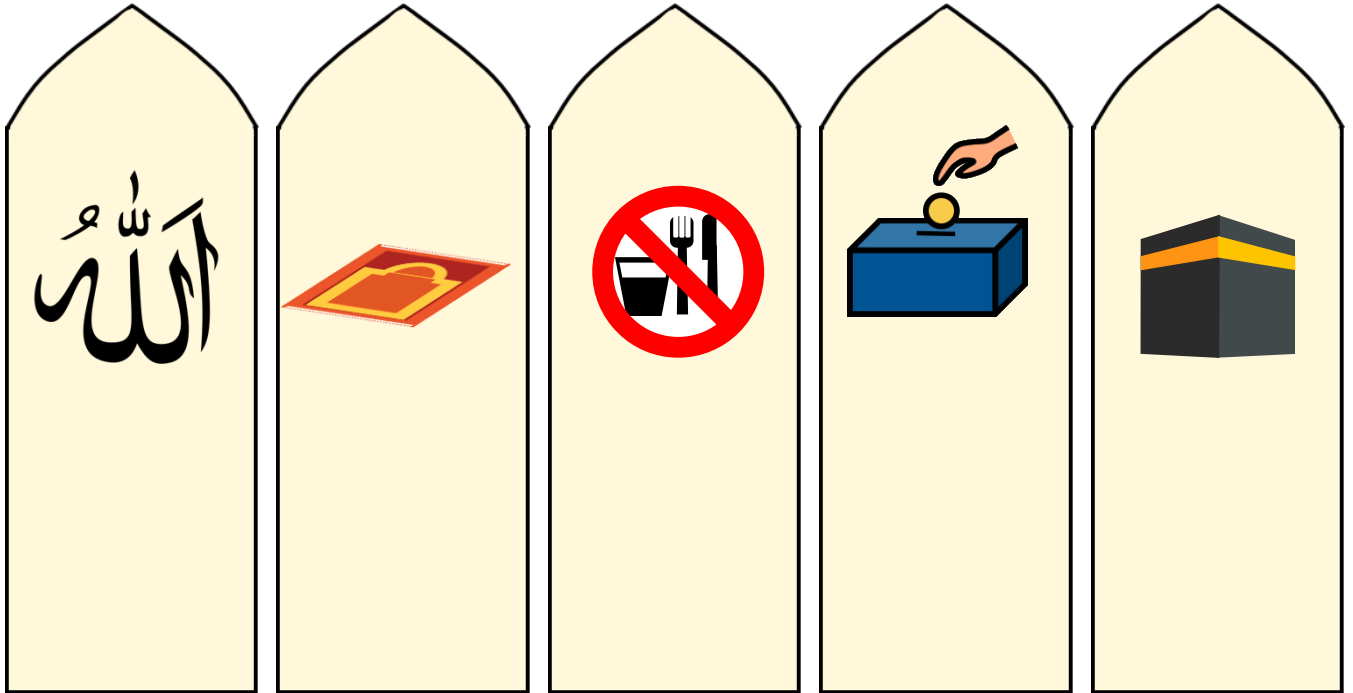
Where is Hajj performed?

What is the central feature of the pilgrimage?



5 Pillars of Islam

Match the word to the correct Pillar



Kalimah

Haji

Saum

Salat

Zakaat

Notes

Notes

The Five Pillars of Islam

Activity Book

This book, produced by Lajna Ima'illah UK, is designed for children of very young age to understand the pillars of Islam. We hope that the activities in this booklet will help them to understand the basic concept.

We also hope that you will enjoy these activities with your young children.

May Almighty Allah enable us to follow the illuminating path of Islam.

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